

# COSMO

## For Latinas

FALL 2015

## VICTORIA JUSTICE

OUR FUN,  
FEARLESS LATINA  
OF THE YEAR

+13 *Other  
Winners!*

FALL  
FASHION  
THE SEASON'S HOTTEST STYLES

## FIFTH HARMONY EXCLUSIVE!

HOW THEY SHOOK OFF  
THE SLUT-SHAMERS

## Nail That Interview

EXPERTS  
SHARE  
#WINNING  
SECRETS

## GET YOUR GLOW ON

30-SECOND  
BEAUTY HACKS

BEND THE RULES OF COLOR.

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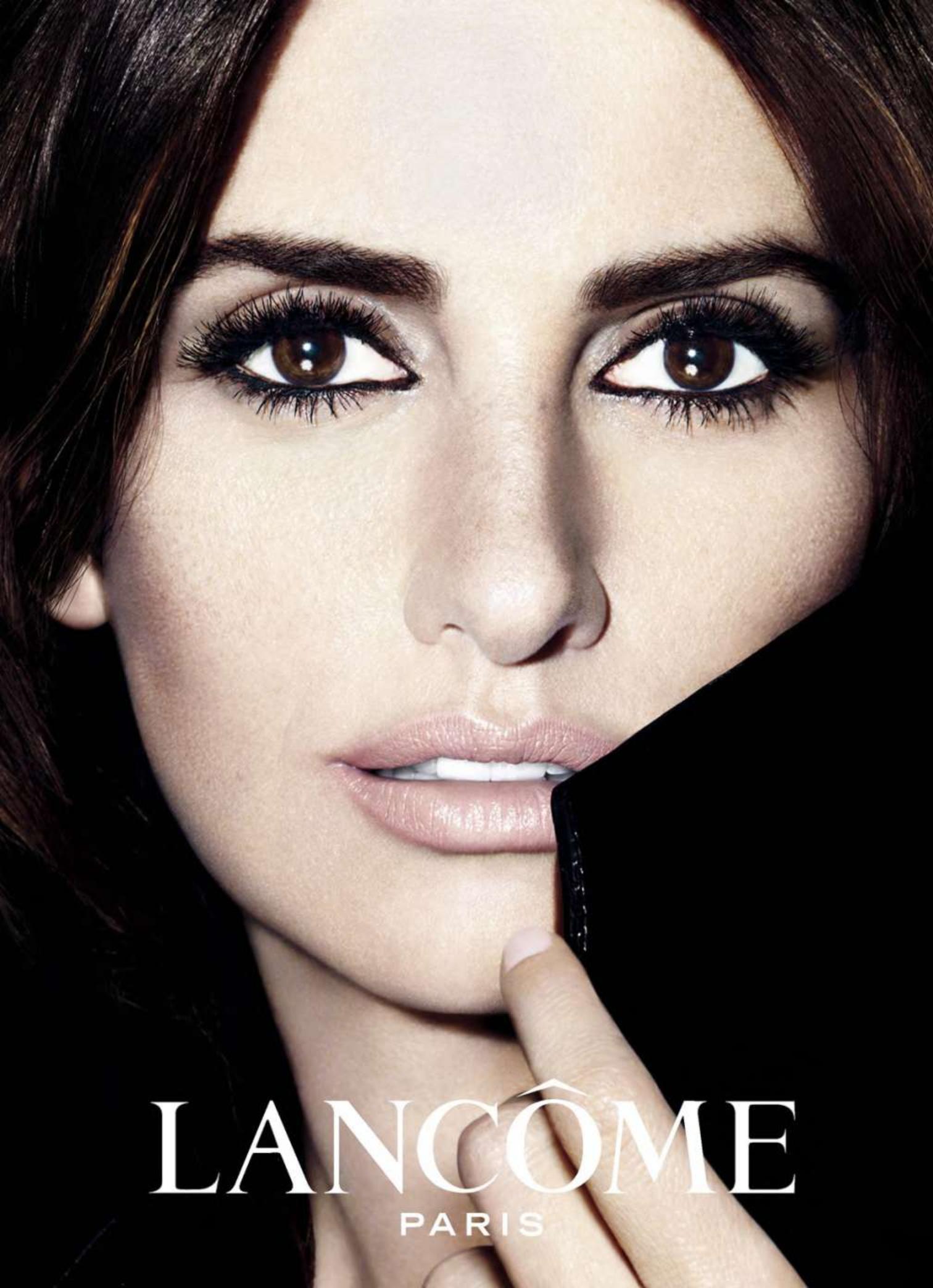
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# POLO

BLUE

RALPH LAUREN



THE MEN'S FRAGRANCE BY RALPH LAUREN

A black and white photograph of two women. The woman on the left has long dark hair and is wearing a black and white striped dress. She is holding a makeup brush in her right hand and looking over her shoulder with a slight smile. The woman on the right has blonde hair and is wearing a black and white striped dress. She is holding a red lipstick in her right hand and has her mouth open as if applying it, looking off to the side. The background consists of black and white horizontal stripes.

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SEPHORA

# COSMO

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For Latinas

# Fall

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VICTORIA  
WERKS FALL'S  
HOTTEST TRENDS!

# 84

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FOR "WHERE TO BUY," SEE PAGE 137. SHERYL NIELS.

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GIORGIO ARMANI

#SaySÌ

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**TU VIDA MEJOR**

(CLOCKWISE FROM TOP RIGHT) DAVE KING/GETTY IMAGES; NICK ONKEN/DNY59/GETTY IMAGES; GIVENCHY; CHRIS ECKER/STUDIO D; JOSHUA PESTKA/STUDIO D; JEFFREY WESTBROOK/STUDIO D (2); SVEND LINDBÄK



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Liya Kebede is wearing Féria Power Violet in shade V48.  
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behind the scenes

# @THE COVER SHOOT

WHO Victoria Justice

WITH Her Mom

WHERE Concrete Loft,  
Los Angeles, CA

WHAT SHE ARRIVED IN  
Tee, pants, and sneakers.

018  
KODAK



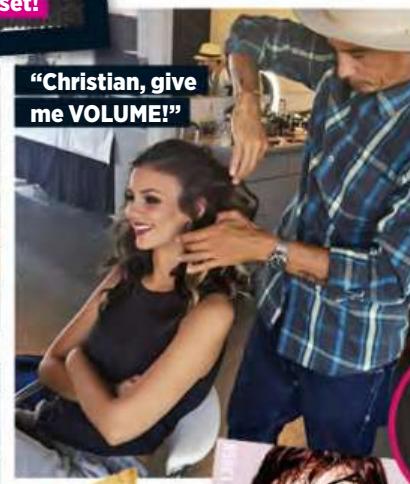
Her Nuyorican mom,  
Serene, brought so  
much love to the set!



Everything fit  
her perfectly!  
It was so hard  
to decide!



On set she snacked  
on guacamole and chips!



## COVER LOOK

JAY GODFREY Blazer, \$325, pants, \$298.  
H. STERN Earrings, necklace, ring (L).  
L'DEZN BY PAYAL SHAH Ring (R).  
MANOLO BLAHNIK Shoes, \$595.

PHOTOGRAPHY SHERYL NIELS.  
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HAIR Christian Marc.  
MAKEUP Lusine Galadjian.  
MANICURIST Alexandra Jachno.



Her Pandora  
Playlist?  
Jess Glynne!



It's all about  
the perfect  
lighting!

See the full "Behind the  
Scenes" video and an  
interview with Victoria at  
[cosmoforlatinas.com](http://cosmoforlatinas.com)!



This was our  
second shoot with  
Victoria, and we  
were so excited to  
feature her again!

FOR "WHERE TO BUY" SEE PAGE 137. CHIPS AND GUAC: CREATIVEYE99/GETTY IMAGES. FODÉ: ALBERT L. ORTEGA/GETTY IMAGES.

# ENCUENTRA TU PRÓXIMA PARADA

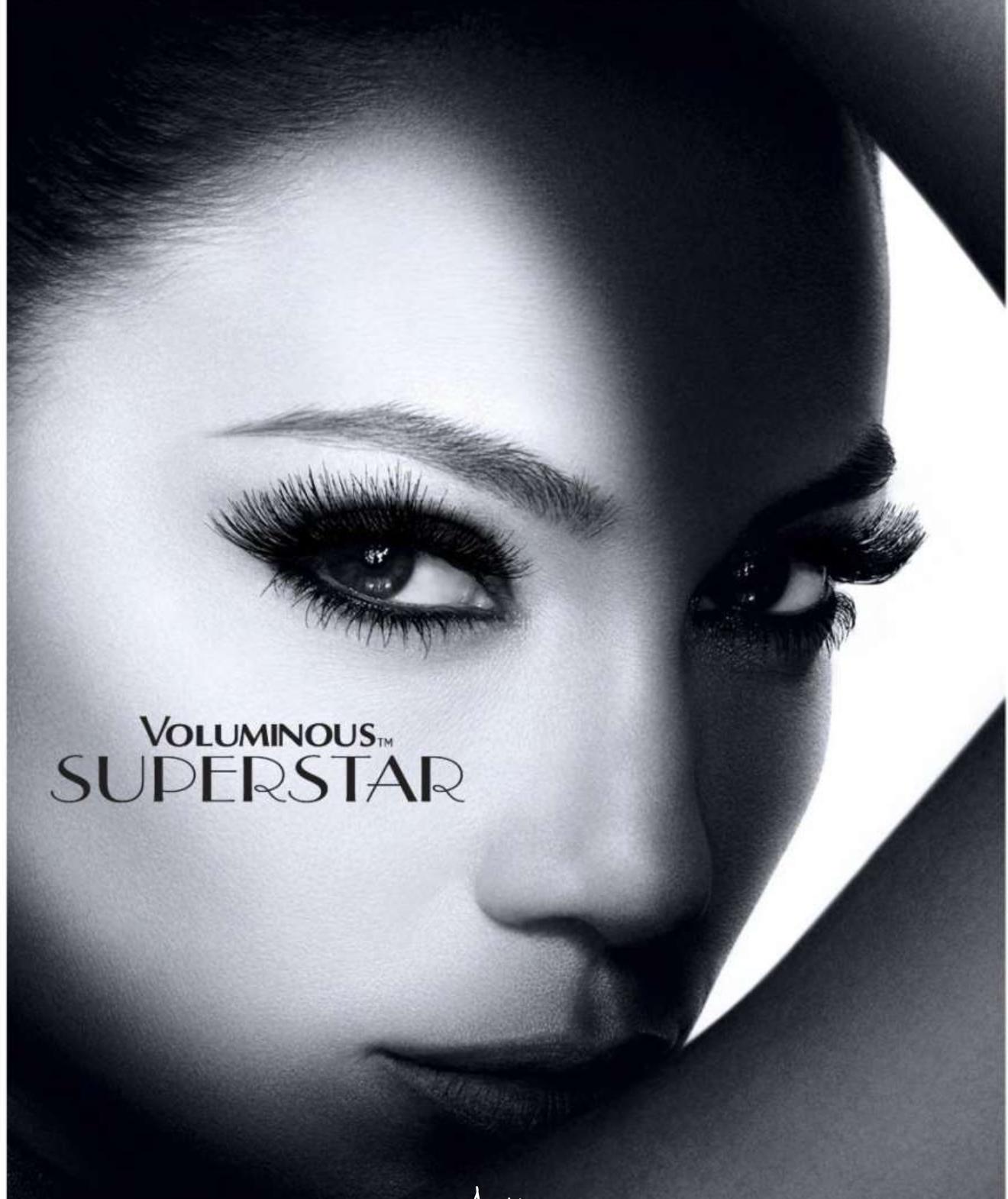
A blue Toyota Corolla is shown driving on a road towards a futuristic city skyline. The city features uniquely shaped buildings, including one with a large circular pattern and another with a spiral design. To the right of the road, a large, illuminated road sign shaped like a guitar pick points towards the city. The sign has text that reads "FROM GARAGEBAND TOWN" at the top, "TO" in the middle, and "FIRST RECORD DEAL TOWN" at the bottom. The overall scene is a blend of a real-world car advertisement and a fantastical, music-themed setting.

Toyota **Corolla** | [toyota.com/espanol/corolla](http://toyota.com/espanol/corolla)

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## from the editor

IT'S  
HISPANIC  
HERITAGE  
MONTH!

# Hola, mis reinas

**A** few months ago, an *idiota* whose name rhymes with Chump said that Mexicans who cross the border into the United States were, largely, not the country's best. "They're bringing drugs. They're bringing crime. They're rapists." What does Latino pride and heritage mean to me? It means the opposite of that. For my *abuelita*, who took a ride through deserts and cornfields to a frozen city called Chicago, Illinois, with nothing more than the money in her pocket and a half-baked promise of a job, it meant life. That's what my family and I went to see, when we visited her every weekend. I remember the neon pink balloons, vast markets, and the smell of sweet *maíz*

wafting from the street corners, where vendors sold their wares. There were tamales, *barbacoa*, hand-pressed tortillas, and food being chopped on tiny counters for hours. But most strikingly, there was hope. Sometimes as a young girl, when I got home to our suburban house, I would look up to see if the earth had shifted because what I faced daily seemed so much colder than where I'd just been. As I got older, I learned that, like my *abuelita*, the spirit I revered so much was *hecho en México*. Despite the way some people describe my family's country of origin, I will always be proud to call myself a Mexican-American. It's an *orgullo* that feeds my spirit, and informs my editorial instinct, a pride that you've shared with us so beautifully in your letters and Instagrams (keep it up!).

And now, it's time to celebrate that pride together. That's why, for our special Hispanic Heritage-themed issue, we've partnered with Olay to honor 14 Fun, Fearless Latinas who are giving *nueva vida* to everything from Hollywood to big business—from the pop-driven, chart-busting music of Chiquis Rivera and J Balvin, to the much-tweeted success of our cover girl, the *incomparable* Victoria Justice. We are proud to partner



**MI FAMILIA**  
Clockwise:  
Tío Roberto,  
Tía Avelina, my  
mami Alicia, and  
my abuelita  
Alma Herrera.



**EL PRESIDENTE**  
With President  
Obama at the  
White House.

**WHITE HOUSE COLLAB**  
In collaboration with the White House Initiative on Educational Excellence for Hispanics in support of their 25th anniversary, we offer our special guide on resources for school on page 118. For more info, visit [www.ed.gov/edblogs/hispanic-initiative/graduate-financial-aid-guide-to-success](http://www.ed.gov/edblogs/hispanic-initiative/graduate-financial-aid-guide-to-success).

with Olay to host our celeb-packed event on October 13. Stay tuned! I'm also especially excited about the strong voices that we've tapped for this issue, including Marizol Leyva's brave account of what it's like to come out as a Latina transgender woman today. Don't miss the rest of our "Living LGBTQ" package on page 110. Enjoy, *guapas*, and write soon!

Con cariño,

*Michelle*

Michelle Herrera Mulligan  
Editor-in-Chief

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reader from  
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For Latinas

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## D.I.Y. LATINA PRIDE

Show your *orgullo* the fashionista way! Have a T-shirt party to give a wearable shout-out to your roots with these easy ideas. To shrink-proof your new shirt, make sure to pre-wash.

By KATHY CANO-MURILLO



### SEW ON A FLAG!

Get stitchy and use an old school needle and thread to add a flag to the front of your shirt. If you don't have a flag, you can use iron-on transfer or fabric paper, available at the craft store.

### INDULGE IN FABRIC PAINT!

Use chalk to draw your design, then use a liner brush and fabric paint to fill it in. To make it pop, use fabric glue and glitter after the paint dries!



### ADD A PHOTO!

Choose a high-res image, and then print it out on a piece of fabric or transfer paper that can be used in your desktop printer. If using transfer paper, make sure to reverse the image before printing.

### STENCIL IT!

Go for a graffiti street art look and cut a stencil. (Check out stencil1.com) Use repositionable spray to secure the stencil, then fabric spray for color. Let set an hour before washing.



# CAN YOU BE FRIENDS WITH A JEALOUS AMIGA?

Everything was cool before your life started to take off. Now she's a bit of a hater. Can you still keep her in your inner circle? **Evelyn Lozada** says no!

*As told to LAURIE SANDELL*

I'm lucky; most of my girlfriends are people I've known for 20-plus years. If I feel you're threatened by me, then I can't trust you. And if I can't trust you, I won't have you in my space or anywhere near my family or kids. I'm at a point in my life where I want to be around positive people who support me, and I do the same for them. I want you to get engaged; I want you to get married; I want to go to your baby shower. If I'm in, I'm all in. And if you're jealous of the good things

happening in my life, that's very immature, and you need to fix your own life.

Growing up in the Bronx, I came from a family of Latinas, and everybody had a strong personality. When it came to friendships, the women in my family were part of a sisterhood. That's just how it was. My mom was extremely loyal; I saw how she was with her friends. My sister and I are so, so close. She works at a school in the Bronx, and she's not threatened by me. She looks at my life and says, "You're crazy! I could never do what you do." But she supports me in everything.

**THAT LOZADA LIFE**  
Check out Evelyn's show, *Livin' Lozada*, Saturdays on OWN.

My daughter Shaniece is 22, some of her friends are threatened by her because of how she looks or how she lives. Younger women can be very catty. They'll tell her things like, "It all comes so easy to you." I just tell her, that's negative energy and you shouldn't have it in your space.

Maybe that's why I have very few friends these days. When you start maturing and coming into your own, you don't need your girlfriends as much. Friendships are important, but my family is number one. So when it comes to friends, either you're riding with me to the heavens or you're not. I have my kids, I have my family, I'm happy. It's pretty cut and dry. ■



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Paula Gonzalez holds up her "life changing" suit at the Dress for Success headquarters in New York City. Learn more at [dressforsuccess.org](http://dressforsuccess.org).

## THE POWER OF A SUIT

A "simple" item of clothing changed the course of one woman's life.

By SARA ECKEL

When Paula Gonzalez first saw herself in a dark-gray suit, she was blown away. "I looked in the mirror and said, 'Wow! Is that me?'"

Then 17, Paula had grown up being told she was a "nobody." Her mother was 14 when she was born—the victim of a rape by her stepfather. When both her

mother and grandmother were unable to care for her, Paula was raised by her great-grandmother, and became pregnant herself at 14. During Paula's childhood and adolescence, she had been beaten, neglected, raped, and repeatedly blamed for how she came into the world. "I was told I was garbage," she says.

But at a Dress for Success boutique in Bridgeport, Connecticut, Paula saw a completely different person—a professional with limitless potential. "That suit opened my eyes to a bigger vision of myself."

That day in 2001, Paula gained much more than a suit. She met staffers who took her seriously, including a mentor who coached her about job opportunities. She was invited to monthly classes on topics like health and domestic violence and to a professional women's group, which she is still a part of today.

Most importantly, Paula recognized how far she'd already come—a full-time student and a single mother, she had been working part-time as a telemarketer. With the help of Dress for Success and a temporary agency, she got additional administrative positions at companies such as Subway and General Electric. She worked 40 hours a week, focusing on developing her accounting skills at work and in school, and received a GED and a traditional high school diploma in 2003. After that, she kept going: Paula earned an associate's degree, a commercial driver's license, and certifications as a tax preparer, bookkeeper, notary public, and life insurance agent.

Today the 31-year-old Puerto Rican owns her own

tax and bookkeeping firm, and she and her husband, Alejandro, juggle work with raising their five children in Bridgeport. At the firm, which caters to small businesses and low-income individuals, Paula strives to educate people about money management. "I know what it's like to have very little money, and how important it is to make the most of it."

Paula also teaches entrepreneurship skills to women and young people. "When I went though it, I didn't know where to go. How do I get the certifications? Where do I register the paperwork? If I can give this information to women who dream of owning their own businesses, then I will be making a great difference," she says.

The full impact of Paula's achievements hit her last April, when she was the keynote speaker at the annual Dress for Success gala in New York City. In a silver Adrianna Papell dress, she told a crowd of nearly 800 about her rough start in life—and showed them the suit that changed it all.

Afterwards, groups of women surrounded her, thanking her for showing them what's possible. "It was phenomenal to know my testimony could help others," says Paula. "I felt like I was on top of the world. I felt like a queen."

That's a long way from "nobody." ■

### CFL'S TIPS FOR DRESSING CONFIDENTLY

- 1 The stiffer the environment, the crisper the fabric. Pair anything flowy with structured pants or wool suits.
- 2 Choose color wisely: Pastels skew young while jewel tones read polished.
- 3 Don't wear anything that you need to fuss with. Ditch the pants you're constantly pulling up over your *rollitos*, or the button-down that keeps popping open. And jewelry shouldn't make a loud noise when you move.

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Jennifer Lopez



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# WHO'S YOUR VIRGEN?

Whether you have her on a *vela*, hanging from your dashboard, or in your wallet, this *mujer* has been through it all with you. These are the most celebrated *virgenes* in Latin America.

By KRYSTYNA CHÁVEZ

## VIRGEN DE GUADALUPE ↓

Never doubt Guadalupe, she appeared to Juan Diego on Tepeyac Hill, and told him to collect miraculous roses blooming in the dead of winter. As if gorg *flores* weren't enough, an image of Guadalupe was emblazoned on Juan's cloak, so *los haters* had to believe.

**Count on her for:** Instant health cures, spiritual pick-ups *y protección*.



## ↑ VIRGEN DE LA DIVINA PROVIDENCIA

The initial image of this lady was sculpted in Barcelona and installed in San Juan, Puerto Rico, in 1853. Pope Paul VI declared her the patroness of the island in 1969.

**Count on her for:** Diplomacy, devotion, tenderness, and peace.



## VIRGEN DE LOS ÁNGELES (A.K.A LA NEGRITA) →

A regular Houdini, she appeared as a black stone statue to a young *niña* in the forests of Cartago, Costa Rica, who took her home. *La Negrita* always snuck back to the rock she came from (you can't deny a girl her roots!). Soon devotees traveled on hands and knees to a basilica built around the rock in her honor, looking for cures to everything from heartaches to headaches.

**Count on her for:** Pain relief.



## VIRGEN DE CHIQUINQUIRÁ

Legend has it that a damaged and faded painting from the 1500s of the Virgin of the Rosary miraculously restored itself when it was moved to a chapel in Chiquinquirá. Ever since, she's been known in Colombian *cultura* for making your deepest wishes come true.

**Count on her for:** Hope.



## VIRGEN DE ALTAGRACIA →

A painting of the *virgen* went missing from a Higüey estate and later reappeared in an orange bush. A Dominican *favorita* since *soldados* appealed to her to defeat the French in 1691, Altamira is a constant source of comfort for her *gente*.

**Count on her for:** Extra fuerza and an instant boost.



## ← VIRGEN APARECIDA

Rumored to have been found in the nets of fishermen on the Paraíba River, the terracotta Madonna plays *mami* to the Afro-Brazilian community. She's always willing to help re-light burnt-out candles at church or come to the rescue.

**Count on her for:** Help in a tough bind or an emergency snack.



(LEFT) ILLUSTRATIONS BY PETER STEMMER; (RIGHT, CLOCKWISE FROM TOP) RICHARD NEWSTEAD/GETTY IMAGES; DELMER MEMBRENO/LATINCONTENT/GETTY IMAGES; LUIS PADILLA SILVA/LATINCONTENT/GETTY IMAGES; KENT GILBERT/XINHUA/ALAMY; ANNICK DONKERS/LATINCONTENT/GETTY IMAGES; DREW GURIAN; JARAHAY AREF; FRESH FOCUS; IMEH AKPANUDOSEN/GETTY IMAGES; OSCAR RIVERA/XINHUA/ALAMY; HECTOR RETAMAL/AFP/GETTY IMAGES; DAVID COLEMAN/ALAMY.

# HISPANIC HERITAGE MONTH

# cheat Sheet

Being Latino is an *orgullo* in itself. We break down how national pride is celebrated throughout *Latinoamérica*.



**GUATEMALA** Blue and white flags adorn streets as bands play. *La Antorcha de la Independencia*, the running of a torch through Central America, began here as a symbol of hope for liberation.



**HONDURAS** *Catrachos* (native Hondurans) parade through the streets *el 15 de septiembre*. At around dusk, they lower the flags and continue to party into the night.



**CHILE** Celebrations include *fiestas patrias* and events like the national rodeo championships in Rancagua. Thousands of kites fly in Antofagasta, and traditional games are played in Maule.



**NICARAGUA** Month-long celebrations begin on Sept. 1st. The finale for the *Festival Nacional de Bandas Rítmicas*, a showcase for students, takes place at the National Stadium on September 15th.



**COSTA RICA** Adorned in red, white, and blue, the capital begins the party with the national anthem before the *desfiles de faroles*—in which kids carry paper lanterns in the shape of little houses.



**EL SALVADOR** Day-long parades celebrate independence from Spain. The *niños* perform folkloric dances, and everyone sings the national song. The *noche* ends with fireworks.



**MEXICO** *El Grito de Dolores* commemorates Padre Miguel Hidalgo's cry for independence from Spain. A bell's rung at midnight on Sept. 15, kicking off celebrations with parades, *fiestas y food*.

## HEY SEÑORA DJ

IN THE CAR, ON THE DANCE FLOOR, OR VIBING ON A RUN, THESE ARE THE CHICAS YOU WANT CREATING THE SOUNDTRACK TO YOUR LIFE!



### AMANDA BLAZE

Her love of *música* started in high school with mix tapes. Since then, *Boricua* Amanda Blaze reps for Latinas as she spins away the sexy vibes.



### LEZLEE

Lezlee Hornedo brings beats from L.A. to Vegas. The *mexicana* loves adding spice with classics like Celia, and to feel the crowd for an authentic set.



### MICHELLE POOCH

You can't think South Beach party without part-*española* Michelle Pooch. Her mix of 90's hip-hop and Latin sounds keeps you *bailando* all night.



### VENUS X

*Dominicana/Ecuatoriana* Jazmin Venus Soto has been killing it since throwing her GHE2OGOTHIK parties. Her vibe is fun and fresh.

# EIZA GONZÁLEZ

The Mexican star found fame with teen *novela* *Lola: Érase una vez*. Now, she's slaying in the U.S. as a sexy vamp on Robert Rodriguez's *From Dusk Till Dawn: The Series*.

*Interviews By LAURIE SANDELL*



## Dream date night

Pasta has to be eaten, or Japanese food and sake. Karaoke is involved. And I have to feel comfortable with the person I'm with. I don't think there's anything ideal for a dream date night, but if I don't feel comfortable with that person it's like, oh, awkward!

## Best Tweet she's received

I've seen some crazy Tweets since getting cast on *From Dusk Till Dawn*, like guys getting my face tattooed on their butt cheek. They'll say, look, I got a tattoo of Santanico Pandemonium. And I'll say, no, you've got Eiza González on your butt.

## Most recent TV show marathon

*Game of Thrones*. I'm obsessed. Sometimes I watch the same episode three to four times in a row, because the show is really intricate.

## The thing I miss most about living in Mexico is...

being around my family. My work hours are complicated, so it can be hard to find time to be with my mom, brother, and nephew. I'm a very homey person.

## Mexican food in the U.S. is...

actually Tex Mex food, but I love it. Here, the tacos are crunchy and deep-fried; in Mexico we have the tradition of tacos *al pastor*, which is more of a street taco. I love the ones with meat, cilantro, onion, pineapple and a red adobo sauce. They're so good!

**TV's  
Reinas del  
Horror!**



## EIZA'S PICKS AND PANS



### SUGAR

I love spicy food. I'm all about Doritos and chips and salsa. In Mexico, we even have spicy candies! No one understands them here in America.



### BREAST IMPLANTS

I don't judge, but you've got to like your body and feel comfortable in it. Exercise is the best thing you can do for your body.



### OPEN RELATIONSHIPS

I don't understand them. I had a very religious Catholic education, so it's probably a cultural thing, but when I see people doing that I can't help but think, how can you date him and someone else, too?



### CATS

I love cats, but I'm allergic to them! My favorite animal was always a cat so the saddest story of my life is that I can't even get close to one. I'll choke and my throat gets irritated.



### G-STRINGS

I live in them. Everyone makes fun of me because I go to bed in a g-string and people will say, "Aren't you uncomfortable?" I'll respond, "No, I'm used to them, you go sleep in your granny panties, thank you very much!"



# CHRISTIAN SERRATOS

The Mexican-Irish-Italian star of *The Walking Dead* is prepared for anything—even a zombie apocalypse.



#### What skill do you bring to the table? Fighter?

#### Negotiator? Comic relief?

I would be the strategist. That's a nice word for it, actually: I'm more of a control freak. But in a pleasant way, because I'm aware of it! If I weren't, I would be called bossy and annoying.

#### What does a Latina fighter bring to the table?

Fighter. Period, the end. Every woman in my family is strong because they've gone through a lot and come out on the other side. I grew up with a single mom who did so much for me. My grandmother came from Mexico with nothing and became the matriarch of our family.

#### If facing certain death, how high would sex be on your list of priorities?

That would be my only priority! I might want to eat a sandwich at the same time, so let's say food and sex.

#### What's your secret weapon in life?

My intuition. I would probably be able to feel out what "the walkers" were planning. I'm also a good listener. On the other hand, trying to talk to a zombie would probably get me killed!

#### Daryl Dixon (on the show) is the ultimate bad boy. Why are women attracted to guys like him?

I don't know. I was with a bad boy for five years, but

now I want to hang out with someone who's my best friend, where we can laugh and play and support each other. When those guys have bad moments it's a lot sexier than someone who's playing the bad boy all the time.

#### Which of the characters would be your "type" in real life?

Glenn. In my opinion there are two types of people in the world: The guy who says, "I know what I'm doing, everyone follow me and no one will get hurt," and the guy who says, "I'm scared, but I'm going to try to get us out of here." I'd rather be with the guy who's honest and grounded.



#### HE MAKES TIME FOR HIS RELATIONSHIP

"I tell [my team], don't schedule anything before 10:00 a.m. or after 7:00 p.m. That's for me, my meals, my workout, and my girl."

#### HE'S NOT AFRAID TO WAIT HIS TURN

"Johnny Depp once said, 'What's the hurry? Just hang on to the things you want to play and don't give in.' I really respected that: Take a deep breath, wait, and swing hard when you see the thing that you want."

#### HE KNEW LATINOS' TIME WOULD COME

"When I broke through with *That '70s Show*, I was the only Latino on Fox for years. Everybody thought my character was Indian—even the Latinos! Soon, we'll be the decision-makers in everything from commerce to politics to entertainment. Sometimes Latinos feel like no one is listening; we need to speak up with confidence and a sense of ownership."

#### HE LEARNED TO IGNORE THE HATERS

"I come from a generation of actors who were told to say, 'No comment,' but it just fueled the rumors. I'm such a transparent person; I try to be as real as I can be. My sanity moment was to learn that people who really knew me would stick by my side."

#### HE KNOWS HOW TO STAY GROUNDED

"Being a good son, brother, uncle, friend, and great boyfriend. It gives me a stronger point of view, a bigger vision, more energy."

#### HE'S OKAY WITH PDA

On girlfriend Demi Lovato's Instas: "She just does it—I have no control over her social media tactics! It makes me a little shy, but she's such a cute, adorable, thoughtful girl, if it makes her happy, it's fine."



**WILMER VALDERRAMA**

# HE'S GOT US FIRED UP

The Colombian-Venezuelan star of TV's *From Dusk Till Dawn* and this month's *Minority Report* shares how he keeps it real and why Latinos should feel empowered.

*By* LAURIE SANDELL

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(RED FLUORESCENCE = OIL & SWEAT)



Dirty Hair



After using  
Dry Shampoo

# WHAT COSMO GIRLS WANT

What's a *mujeraza* like you doing on her perfect day off? *Cosmopolitan* and *Seventeen* commissioned a survey of millennial women, fielded by research company Millward Brown and partners Pantene and American Eagle Outfitters. The survey results say it all!

## STYLE

# 53%

of Latina teens say **style** is most important to them when they're shopping (vs. 37% of general market).

**58% Latinas**

**67% general market**

Shop in actual retail stores versus online.

# Forty-one percent

of Latina teens care about **quality** in their clothing (vs. 25% of general market).

## SEX & RELATIONSHIPS

# 4 in 5

Latina teens are looking for a relationship with someone **adventurous**.

# 41

percent of Latinas have taken the **morning after pill**

(vs. 28% of general market).

# 14

percent of Latinas meet people online (vs. 29% of general market).

Race is less important in dating to Latina teens: Only 3% of Latinas care about race (vs. 15% of general market).

## BEAUTY

# 20

percent of Latinas would spend their perfect day getting a **massage, manicure, or beauty service** (vs. 9% of general market).



MODEL: NICK ONKEN.

## CAREER

# 51

percent of Latina millennials want to be known for how **successful** they are (vs. 44% of general market).

# 40%

**Forty percent** of Latinas want to work for themselves (vs. 29% of general market).

# 43

percent of Latinas text with coworkers (vs. 33% of general market).

## VALUES

# 55

percent of Latinas never think about Internet privacy (vs. 44% of general market).

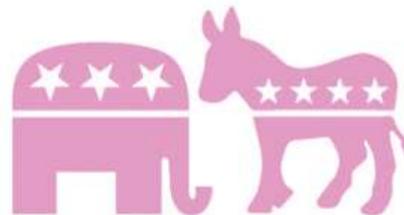


**Fifty percent** of Latinas worry about the environment all the time (vs. 37% of general market).

# 22%

**Twenty-two percent** of Latinas would save their money if they got an extra \$100 (vs. 31% of general market).

## POLITICS



# 21

percent of Latina teens are more likely to identify as

## politically independent

(vs. 13% of general market).

## FRIENDSHIP & FAMILY

# 85%

of Latinas are influenced by **family** for both good and bad (vs. 72% of general market).

## 4% Latinas

## 10% general market

Have friends who make them feel bad about themselves.



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**Repara, paso a paso.**

**Colgate**

# stylista

FOR "WHERE TO BUY" SEE PAGE 132. PHOTOGRAPHY: BEN GOLDSTEIN/STUDIO D. PROP STYLIST: BILL LAUGHLIN FOR MARK EDWARD INC.



## ↗ TRENDING

## LOOKIN' TIGHT!

The next big thing:  
Hot hosiery in every envy-inducing pattern imaginable.

By LAURA ZAPATA

(LEFT TO RIGHT) HOUSE OF HOLLAND FOR PRETTY POLLY \$25. ERICA M. NEW YORK \$48. AMI CLUBWEAR \$19.99. HUE \$15. BETSEY JOHNSON \$22. NICOLAS MESSINA \$180. FALKE \$44.

MUST-HAVE TRENDS!

# HAUTE IN HIGH GEAR

Think a high-rise waistband isn't your thing? These four flattering separates will change your tune.



## THE FALL FALDA

A sleek pencil skirt, plus an edgy crop top are a killer combo: They highlight curves and show a hint of sexy skin.

HOUSE OF CB LONDON  
Crop top, \$75.

ELOQUII Skirt, \$72.90.

SMASH SHOES

Sandals, \$99.

UNODE50

Earrings, \$199,  
bracelet, \$295,  
ring (R-Middle  
finger), \$109.

NEELY PHELAN

Double ring (R), \$60.

## TROUSER TAKEOVER

For a fresh office look,  
tuck a form-fitting tank  
into cropped pants.

ELIZABETH ROBERTS

Blazer, \$495.

ASHLEY STEWART

Tank, \$9, pants, \$26.50.

NICOLE MILLER

Sandals, \$165.

LZZR JEWELRY

Ring (L-Ring finger), \$175.

MARSHELLY'S

Ring (L-Index finger), \$36.

NISSA JEWELRY

Ring (R-Index finger), \$48.

By  
LAURA  
ZAPATA



### VESTIDO VIXEN

This adorbs, oh-so-nineties-inspired dress cinches and lengthens!

**FOREVER 21** Crop top, \$7.90, dress, \$24.90.

**QUID** Shoes, \$36.

**DOGEARED** Necklaces, \$60-\$68.

**NEELY PHELAN** Ring, \$198.

### GET SHORTY

Layer shorts with a faux fur, long vest. It'll help balance wider hips.

**RD STYLE** Vest, \$120.

**OLD NAVY** Shirt, \$26.94, shorts, \$26.94.

**HUE** Socks, \$7.

**CHINESE LAUNDRY**

Booties, \$129.95.

**NISSA JEWELRY**

Necklaces, \$82-88, ring (L-Ring finger), \$29.

**BLAINE BOWEN**

Ring (L-Pinky finger), \$48.

All Under  
\$100

# COOL-GIRL CAMO

In the fashion trenches, it's every woman for herself! Make over *macho* military prints with pops of color and skin-baring styles.

By JENNIFER BARTHOLE

**DAVID & YOUNG**  
Scarf, \$12.

**MAKE ME CHIC**  
Top, \$31.  
Shorts, \$31.

**GALIAN HANDBAGS**  
Bag, \$70.

**GOJANE**  
Heels, \$39.

**HELENA BORDON**,  
BRAZILIAN, BLOGGER,  
HELENABORDON.COM

**MISSGUIDED**  
Dress, \$40.

**ZAZZLE**  
iPhone Case,  
\$44.95.

**MY JEWEL CANDY**  
Watch, \$39.

**MAKE ME CHIC** Sneakers, \$29.50.

24 HR freshness that  
**POPS**  
AROUND THE  
**CLOCK**

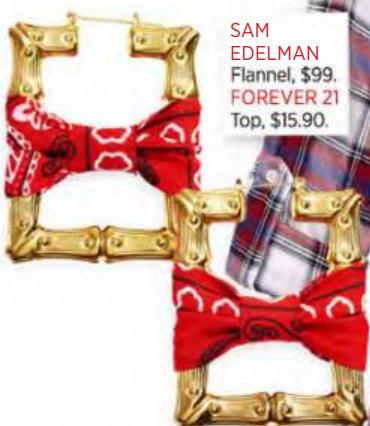


Like any household detergent, keep away from children.

West Side  
Represent! CALI  
CLASSIC

Toughen up your street style like an East L.A. homegirl with plaid accents, effortless separates, and a kickass attitude.

By JENNIFER BARTHOLE



SAM EDELMAN  
Flannel, \$99.  
FOREVER 21  
Top, \$15.90.



ELEKTRICLOLITA  
Earrings, \$15.



GX  
Booties,  
\$124.95.



KULTURE.LA  
Jersey, \$49.99.

BRIAN LICHTENBERG  
Hat, \$60.



THE JETSET DIARIES  
Shorts,  
\$129.



Los Angeles is a better place thanks to this organization that provides reformed gang members with education and job opportunities. Support them at [HomeboyIndustries.org](http://HomeboyIndustries.org)!



FOR "WHERE TO BUY," SEE PAGE 127. STILLS: RICHARD MAJCHRZAK/STUDIO D, STYLIST: GWEEN LAWRENCE/ MARK EDWARD INC. (RIGHT PAGE) MI VIDA LOCAL: ERIK HEINLA/HBO FILMS. BECKY G: JASON LAVERIS/FILMMAGIC.

**MI VIDA LOCA!**  
The 90s Chicano film introduced *cholas* to the world and epitomized #SquadGoals.

**MI VIDA LOCA!**  
Necklace, \$24.

**AMERICAN APPAREL**  
Headband, \$14.

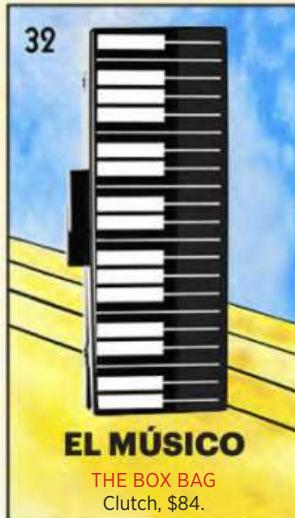
**TOPSHOP BEAUTY** Liner, \$12.  
**BUXOM BIG & SEXY** Lipstick in Vampy Plum, \$22.

**CHOLA CHIC**  
Becky G, a *orgullosa* Cali-native, keeps her flannel sexy by layering it over flashy basics.

**CALVIN KLEIN UNDERWEAR**  
Bra, \$28, panty, \$20.  
**JOE BOXER**  
Overalls, \$26.99.

# GAME ON!

Trending: Playful purses that remind us of our fave #throwback *juego*, Lotería!





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[ogxbeauty.com](http://ogxbeauty.com) | ogxbeauty

3

Curve-hugging, statement skirts are the easiest way to freshen up your look.

## FIERCE FALDAS

By JENNIFER BARTHOLE

1

### FUNKY FLARE

Unleash your inner diva with a standout, ruffled *estilo*, bold crop-top, and sky-high stilettos. Wind effects not included.



### MEET AIMEE CARRERO!

This *dominicana-boricua* actress is giving Hollywood the royal treatment. In 2016, the 27-year-old will be voicing Princess Elena, the first Latina Disney princess, in the series *Elena of Avalor*. Currently, she stars as the sassy Sofia in the ABC Family hit *Young & Hungry*. #BowDown.

(ON AIMEE)

JAY GODFREY Top, \$161.

BBE Skirt, \$229.

SCHUTZ Heels, \$200.

CAPWELL + CO Earrings, \$25.

(SKIRTS, FROM TOP)

MINTY MEETS MUNT \$145.

MAKE ME CHIC \$29.



(ON AIMEE)  
DKNY Turtleneck, \$59.50.  
ASOS Skirt, \$36.50.  
REBECCA MINKOFF Ear Cuff.  
CC SKYE Ring, \$48.  
(SKIRTS, LEFT TO RIGHT)  
THREE FLOOR \$167.  
STYLE STALKER \$48.

2

## NIPPED 'N' ZIPPED

Rockera-inspired micro-minis are edgy and figure flattering. Opt for styles with metallic details and strategically placed panels for a slimming effect.



(ON AIMEE)  
GUESS Top, \$59.  
HILFIGER COLLECTION Skirt, \$490.  
FEMMES SANS PEUR Heels, \$675.  
REBECCA MINKOFF Ring, \$68.  
(SKIRTS, LEFT TO RIGHT)  
SACHIN + BABI \$495.  
ROMEO + JULIET COUTURE \$150.



3

## PEEKABOO PLEATS

Knee-length skirts with unexpected pops of sheer fabric are both daring and delicate. Make it profesh with a white blouse or go trendy in a printed top.

# HEELS TO DIE FOR

Prepárate for all eyes on you in these strut-worthy, statement tacones.

By LAURA ZAPATA



EPIC SHOES,  
CHECK.  
NOW, WHAT  
DO I WEAR?

Statement heels are meant to steal the spotlight. Keep the rest of your look simple & sleek: A metallic shift or a chic LBD would look fantastic with any of the styles shown here!

# MARY KAY

we **LOVE**

lipstick that speaks louder than words.



**True Dimensions®  
Lipstick**

Shade shown: Tuscan Rose

discover what you **LOVE**®

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Connect with us and your own Independent Beauty Consultant at [marykay.com](http://marykay.com).

# stylista | RISING STARS

## VENESSA ARIZAGA

She designed under Carolina Herrera, before going solo and global. Clients adore this Korean-Puerto Rican's playful, good luck charm-style.

### VENESSA ARIZAGA

Necklace, \$250.

## CELINA PAIZ

She creates hip, one-of-a-kind pieces using Guatemalan textiles from her native country.

### LA SELVA

Bra, \$225.

## STEPHANIE WALDRIP

The Colombian-American SCAD grad boasts Taylor Swift and Lady Gaga as fans of her uber-fem namesake label.

### WALDRIP

Dress, \$695.

# “IT FACTOR”

Meet the great eight on the rise to fashion design fame.

By LAURA ZAPATA

## ABBY GARCIA

A budding Mexican-American designer specializing in quirky embellished shades.

Most styles are under \$100!

THE CRYSTAL CULT

Sunglasses, \$70.



## DENISE FOCIL

For all things leather, this Ecuadorian is your go-to! She's known for her cool blazers, pants, and vegan moto jackets.

AS BY DF

Blazer, \$374.

## KELLY BELLO

A hit with fashion bloggers, this *colombiana* designs gold metal accessories inspired by architecture.

KELLY BELLO DESIGN

Mini Ear Cuff, \$275.



## ISABELLA ROSE TAYLOR

Debuting at NYFW last year, this 14-year-old, Mexican-American's casual-cool line was picked up by luxe retailer, Nordstrom.

ISABELLA ROSE TAYLOR

T-shirt, \$48.

## ALEJANDRA GASTELUM

Kylie Jenner's a fangirl of this Mexican-American's wildly creative shoes. Up next: A handbag and sneaker line.

ALEJANDRA G.

Pumps, \$240.

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Cepillamos\*



Enjuagamos y comparamos\*



Pruébala y vive la diferencia

\*Después de 10 horas en vino. El remojo y cepillado de la concha es una ilustración creativa para mostrar que Optic White® blanquea debajo de la superficie del diente. Estudios clínicos muestran que usuarios pueden lograr dientes 3 tonos más blancos después de 4 semanas de uso continuo de Optic White®. \*\*Continúa usando como se indica.

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# beauty

## PERFECT PESTAÑAS

*You've finally figured out how to apply falsies, but which look best? Marni Burton, celebrity makeup artist for KISS Products, says it all depends on your eye shape.*

FOR "WHERE TO BUY," SEE PAGE 137. PHILIPPE REGARD/GETTY IMAGES.



### SMALL OR CLOSE-SET EYES

Use wispy falsies that are tapered at the ends to emphasize the outer corners of your eyes and make them appear larger.

**KISS True Volume Lashes in Chic, \$3.99.**

### LARGE DEEP-SET EYES

Lash accents are super easy and fast to apply. They are half the length of a strip, and give large eyes a more defined look.

**MUA Makeup Academy Natural Demi Accent Lashes, \$5.**



### ROUND EYES

Opt for lashes that are longer in the center for a more feminine and natural look.

**Mac 33 Lash, \$17.**



### ALMOND-SHAPED EYES

Look for lashes that get longer throughout. They'll create a subtle cat eye effect which follows your natural shape beautifully.

**House of Lashes in Iconic, \$12.**

*By MILLY ALMODÓVAR*

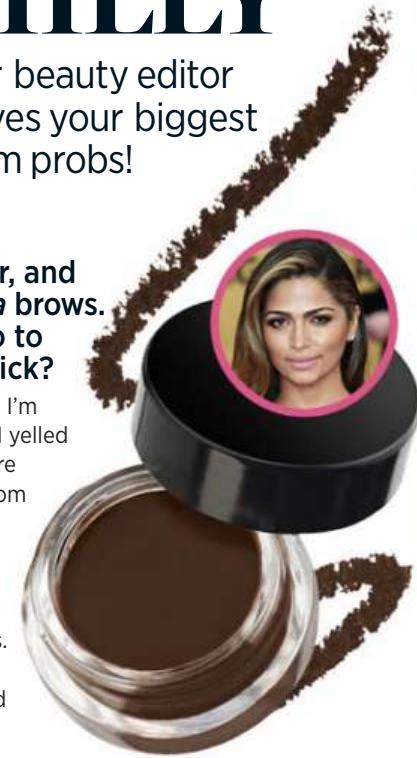


# ASK MILLY

Our beauty editor solves your biggest glam probs!

**Q** I went to a new waxer, and the girl gave me *chola* brows. I'm furious! What can I do to make them grow back quick?

**A** Ugh! This happened to me too. I'm kind of ashamed of the things I yelled in the salon but, you know, brows are everything! My cousin, who went from overplucked to having brows like Camila Alves, swears that using **Grande Brow Eyebrow Formula, \$79.95**, every night helped. It has peptides to nourish the hair follicles. In the meantime, the new **Lancôme Sourcils Gel, \$24**, is easy to use and makes the hair look much fuller.



**Q** I'm depressed by my acne scars, and my *abuela* says scrubbing them with baking soda will help. Is that true?

**A** Dermatologist Dr. Neil Sadick says that in order to fix scarred skin you need regenerated collagen, and there are no active ingredients in baking soda that do that. He recommends a new in-office radiofrequency treatment called EndyMed Intensif, which is said to produce dramatic results in six to 12 weeks. Also, I have those scars too, and I use a glycolic exfoliator which helps stimulate collagen. It won't obliterate the scars, but it does help. I love **Trufora Triple Action Exfoliator, \$45**.



**Q** Do those waist trainers on Instagram really work?

**A** I've tried these because of Instagram too, but I asked personal trainer Adam Rosante about them, and he says nah. Weight loss occurs when the body experiences a caloric deficit. Putting on a waist trainer while you're working out isn't doing anything to help that. In fact, it may be dangerous. Constricting your waist with a corset is going to inhibit your ability to take in a proper amount of oxygen because, hello, it's harder to take deep breaths. It's also going to reduce the amount of strength you can hold in your midsection, resulting in a weaker core and, somewhat ironically, a less defined midsection. So basically, a waist trainer prevents you from reaching the results you want. Alrighty then.

FOR "WHERE TO BUY" SEE PAGE 137. ALVES: ETHAN MILLER/GETTY IMAGES. MODEL: JEFF OLSON/THE LICENSING PROJECT. EXOLIANI BLOB: GREG MARINO/STUDIO D. BAKING SODA: ANTON STAROV/ALAMY. BROW SQUIGGLE: J. MUCKLE/STUDIO D.

**Q** My girlfriend and I bought the same fragrance and on her it smells divine, but on me it smells like spoiled enchiladas. Any reason why?

**A** Yes, this happens to many people. Ben Krigler, owner of Krigler Perfumer, says each body chemistry is unique, so scents can smell totally different from person to person. It's important before purchasing one to not just sniff the fragrance on the tester, but to spray it on your wrist or the inside of your arm first. Then wait 15 minutes for the fragrance to settle to see how your body responds to it. My current faves for fall are **Illicit by Jimmy Choo, \$85**, **Emeraude Noire 77 by Krigler, \$295**, and **Narciso by Narciso Rodriguez, \$98**.



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PROTECT & SMOOTH FOR 4-DAYS STRAIGHT



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MUST-HAVE LOOKS @ GARNIERSTYLE.COM**

# AFTER BEBÉ BELLEZA

Don't let sleepless nights and new mom jitters zap your pretty. Take it back with these quick tips.

By MILLY ALMODÓVAR



## FOR YOUR DRAINED CARA

Fake "wide-awake" by focusing on two key features: Your eyes and lips. Use an eye-brightening cream to treat dark circles and a concealer to cover them up. Try **Talika Eye Detox Specific, \$55**, which comes in a formula for fair skin and another one for olive to dark. Makeup artist Lucky Smyler says to let the cream absorb for five minutes and then dab on a creamy peach concealer (it knocks out the blue) two shades lighter than your skin tone, blending it towards your cheek bones to lift and highlight.

**Sephora Collection**

**Bright Future Gel**

**Serum Concealer, \$14**, contains skin-brightening pineapple extract.

Use a volume boosting mascara in navy blue to make the whites of your eyes look even whiter. **Clinique Chubby Lash Fattening Mascara in Massive Midnight Navy, \$17**, gets the job done.

A hot red or popping pink lip will make it look like you put in a ton of effort. Try **Estée Lauder Pure Color Envy Sculpting Lipstick in Dominant, \$30**, or **Giorgio Armani Ecstasy Lip Lacquer in 505, \$38**.



### SUPERMAMI SHAKIRA

She's a popstar, philanthropist, TV star, and hot mom of two.



## FOR YOUR NOODLE-THIN STRANDS

Try **Groh Ergo Boost Replenishing Supplements, \$39**, that contain a vitamin with the powerful anti-oxidant Ergothioneine. It nourishes the follicle and makes hair, well...grow. (If you're breast feeding, ask your doc first). Massage your scalp with a stimulating booster, which helps hair grow longer and stronger. We love **HairMax for density Activator, \$45**. For a faster fix, massage a dime-sized amount of **Living Proof Full Hair Thickening Cream, \$26**, from roots to tips. It deposits volumizing molecules on each strand to give the illusion of a fuller mane.



## FOR YOUR SKIN ISSUES

A surge of pregnancy hormones like estrogen and progesterone can cause your skin to create extra oil in response: Hello zits! And, if you're picking at them, dark marks. Aside from OTC products with salicylic acid to treat acne (we love **Neutrogena Oil-Free Acne Moisturizer Pink Grapefruit, \$8.40**), Dermatologist Paul Jarrod Frank recommends a topical prescription such as Erythromycin, which is safe for nursing women. For pesky dark spots, products with Kojic acid will lighten them. Try **Urban Skin RX Even Tone Cleansing Bar, \$32**, or **PCA Skin Pigment Bar, \$34**.

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SHAPE  
YOUR CURLS

DEFINE  
CURLS WITH  
BOUNCE

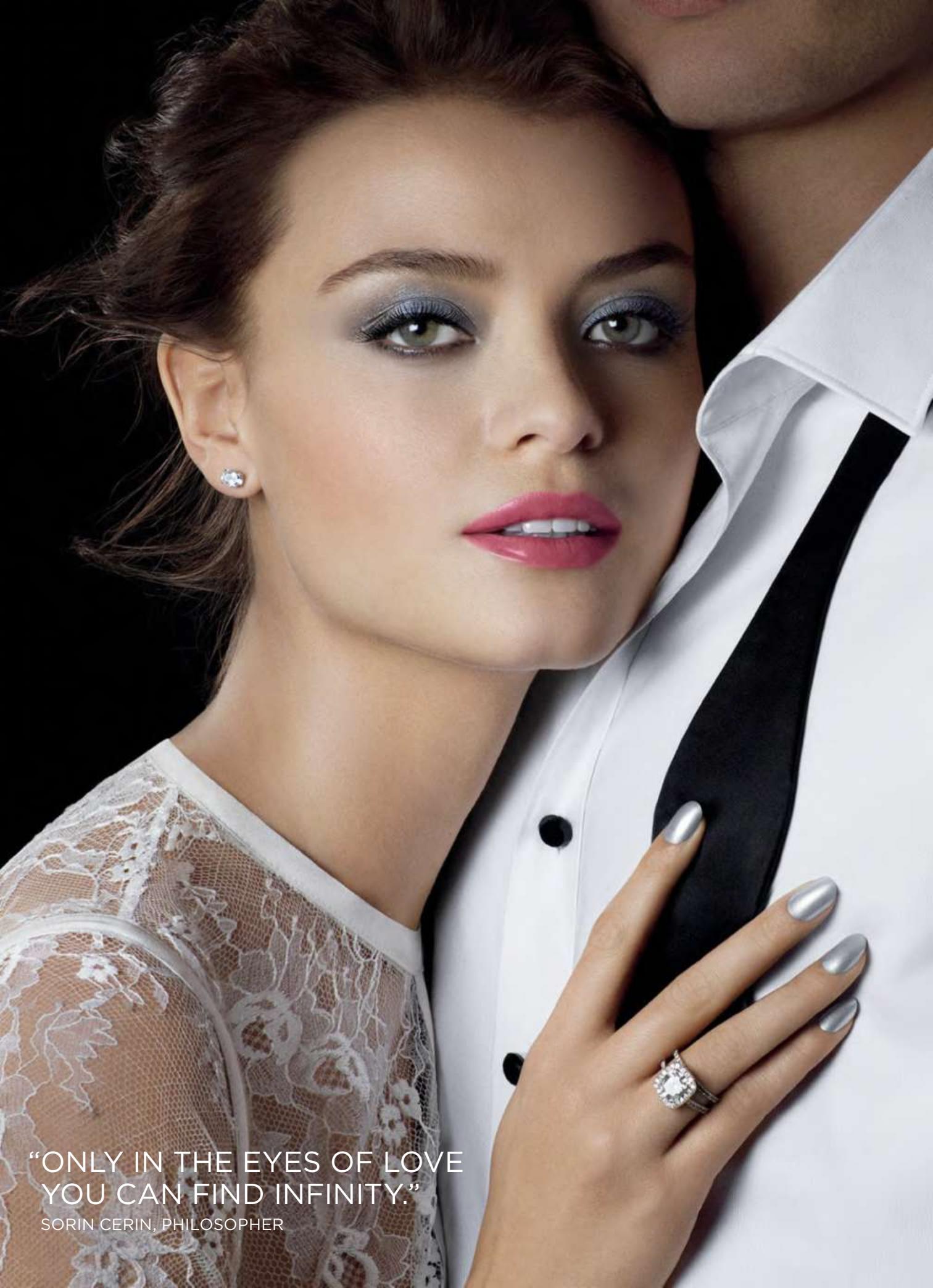
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YOU CAN FIND INFINITY.”

SORIN CERIN, PHILOSOPHER

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that stay with you through your big day—  
and beyond. **In 23 captivating new shades.**

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**REVLON**  
LOVE IS ON™

\*Based on Revlon® ColorStay™ unit sales from Nielsen Scantrack: Color Cosmetics for 52 weeks ending 2/21/2015. All Outlets Combined. © 2015 Revlon



# FRESH FALL HAIR!

# DYE-O-GRAM

Whether you want a wild new look or a low-key spruce up, we'll help you find the perf new shade.

# START

## How much change do you want to make?

## A LITTLE

## Are you currently dark or light?

..... DAR

## LIGHT

## Want to go pro or DIY?

PRO



## A Baby Boost

Hair Colorist Rick Wellman says to ask your stylist for babylights. Unlike traditional highlights which look streaky, these are meant to mimick childlike highlights in the sun. Chocolates look natural.

## Shine Shine Shine

Just want to pump up the punch of your brunette? Add shine with a gloss like **John Frieda Luminous Glaze Clear Shine Gloss, \$9.99.** Apply after conditioning and wait three minutes. Then rinse.

## Want to go pro or DIY?

PRO



## In Frame

Face framing highlights brighten the complexion. Do it in your bathroom with a brush-on kit like **L'Oréal Paris Summer Lights Hair Lightening Gelée, \$6.99**. Piece and then paint each section.

## TREND ALERT

# PRODUCT COCKTAILING

Sometimes it takes two (products mixed together) to create perfect *pelo*.



**Put equal parts of each product into your cupped palm.**  
Rub your hands together, then scrunch into damp hair.

## HOT NEW TOOLS



The oval barrel makes bedhead-style waves super easy.  
**ghd Curve Classic Wave Wand, \$245.**

Whether you're in the mood to straighten or curl, this does it all.  
**FHI Heat Stylus, \$139.**

Agave plant sugars and Nanolonic iron plates leave hair shiny.  
**Agave Healing Vapor Iron, \$149.**

A LOT

Are you currently dark or light?

DARK

LIGHT

Want to go pro or DIY?

PRO



### Fiery Ends

Remember when black roots and blonde tips were in? Well, that's over. In its place is red balayage, a fiery take on the old ombré look. Expect to renew often, as it can look dull fast.

DIY



### Rainbow Bright

A deep blue or pink looks rich on medium brunettes. Opt for a semi-permanent like **Manic Panic Semi-Permanent Hair Color Cream in Rockabilly Blue, \$13.99**, which will eventually wash away.

Want to go pro or DIY?

PRO



### Platinum Pretty

Your colorist will have to remove all the color in your hair to get it super light. This must be done with care as it's a stronger process and requires proper prep and maintenance.

DIY



### Pretty in Pink

Pastel ends look awesome on light blonde hair. Shampoo hair but skip conditioner, then dry. With a color like **Garnier Color Styler in Pink Pop, \$7.99**, use a basting brush, and paint on ends.

R+CO  
Conformist Hair Paste, \$27.

DOVE  
Pure Care  
Dry Oil, \$12.99.



Mix one pump of the oil with a dime-sized amount of the hair paste in the palm of your hands, smooth over strands.

PANTENE  
PRO-V  
STYLERS  
Heat  
Protection  
Spray, \$5.99.

IT'S A 10  
Potion 10 Miracle  
Instant Repair  
Leave-In, \$18.00.



Work two pumps of Potion 10 Miracle and about six pumps of the spray into damp hair. Blow-dry and finish with a flat iron.



“TOAST LOVE, LAUGHTER AND EVER AFTER.”  
UNKNOWN

# ENDURING IS ON

NEW SHADES



## REVLON COLORSTAY GEL ENVY™

Commit to color—in just **two steps**:



STEP 1: Base and color in one.



STEP 2: Revolutionary Diamond Top Coat for diamond-like shine.

The formula for enduring love, at your fingertips.  
In 38 brilliant shades.

FEATURED NAIL SHADE: GAMBLING HEART.

**REVLON**  
LOVE IS ON™

# SCREAM QUEENS

Make Up For Ever's Director of Education and Artistry, Lijah Stewart, shows us two DIY looks that we know will slay the competition at any Halloween costume party.

## FRIDA DE LOS MUERTOS

HALF FRIDA KAHLO, HALF DÍA DE LOS MUERTOS SUGAR SKULL



### 1 THE BASE

#### DÍA DE LOS MUERTOS SIDE

- Mix a white makeup like **Make Up For Ever Clown White, \$18**, with your foundation (try **CoverGirl Outlast Stay Luminous Foundation, \$11.99**). Apply with a sponge all the way down your neck.
- Rub a nontoxic gluestick into your brow with pressure to really keep it in place and set with a light powder. Go over it with the same base you used on that side of your face and neck to semi-conceal it.
- Use a light red eyeshadow to contour your cheekbone, temple, and jawline.

#### FRIDA SIDE

- Apply your favorite foundation, then contour your cheeks with **Make Up For Ever Pro Sculpting Duo, \$39**.



### 2 ADD DETAILS

#### DÍA DE LOS MUERTOS SIDE

- Create the designs around your eye and along your cheek with a taupe eyebrow pencil. **Tarte Amazonian Clay Waterproof Brow Pencil, \$21**, glides on easily.
- Fill in the circle you drew around your eye with a red lipstick like **Revlon's Ultra HD Lipstick in Poppy, \$8.99**.
- Use the tip of the same red lipstick and create small dots around your eye's red circle. Then, using a pointy brush dipped in the white clown makeup, apply in the center of the red dots.
- Paint on the blue details with a light blue liner like **Motives for La La Mineral Khol Liner In Myst, \$15**.

#### FRIDA SIDE

- Use black eyeliner to line the upper lid and waterline.
- Dampen a dark brown eyeshadow like **bareMinerals' EyeColor in Faux Mink, \$14**, and use a small pointy brush to draw in small hairs to create a unibrow effect. Repeat above the lip for the mustache.
- Apply the Revlon red lipstick on your lips.

### 3 FINAL TOUCHES

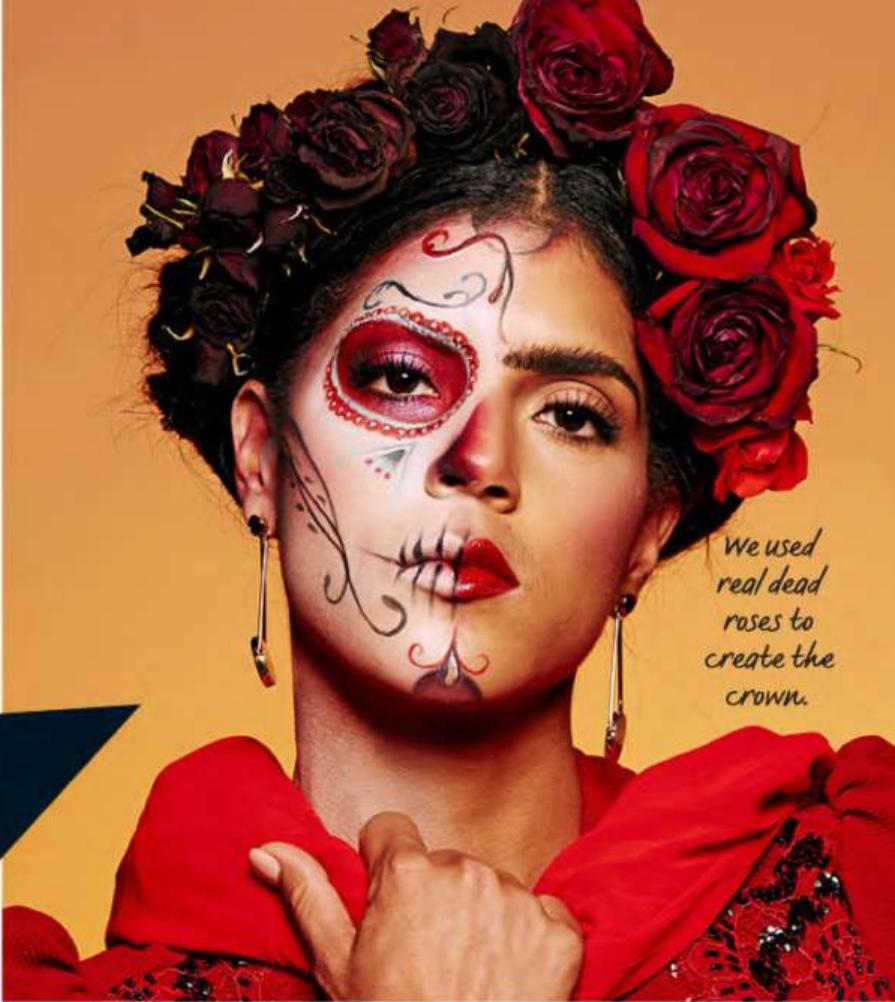
#### DÍA DE LOS MUERTOS SIDE

- Add black detail on the lip, cheek, nose, chin, and forehead using a pointy brush and your black liner.
- Apply false lashes on both eyes. Our new obsession is **Sephora Collection Luxe False Lash, \$17**.



## MEET FRANCISCA LACHAPEL!

She's not always this scary! This 26-year-old *dominicana* star of *Despierta América* was a waitress in NYC when she auditioned for *Nuestra Belleza Latina*. After wowing the judges and audience, she won.



## CYBER-LLORONA

AN OLD MAID'S TALE MIXED WITH NEW AGE ROBOTICS MAKES ONE SCARY MUJER!



### 1 THE BASE

- Use a spoolie (small makeup artist's spatula) to scrape some gray eyeshadow onto your hand. We like **Makeup Geek Pan Eyeshadow in Stealth, \$5.99**. Mix it with your foundation to create a gray base. Apply it all over your full face.
- Contour your forehead, cheekbones, nose, and jawline using a medium blue eyeshadow. We're *locas* for **Mehron E.Y.E Cream in Deep Blue, \$7.95**. Take the blue down the center of your neck in a triangle shape. Use black cream liner to paint the sides of your neck from your jawline to your clavicle.
- Create a smokey eye: Line the tops and bottoms of your eyes with black kohl eyeliner like **Maybelline Master Kajal in Onyx Rush, \$7.99**. Smudge the black liner on the bottom, and into the outer corner of your eye and up into the crease to create dimension.
- Apply black eyeshadow on top of the eyeliner to intensify it and blend the crease and bottom lash line.
- Use the same blue eyeshadow used to contour to create an intense blue shading below the eye.
- Lips: Start with a moisturizer like **EOS Lip Balm, \$3.29**. Then apply the blue eyeshadow all over your lips. Darken the center with black eyeshadow.



### 2 ADD DETAILS

- Use the straight edge of a lightweight, plastic artist's stencil (can be purchased at a craft shop like Michaels) to draw the lines on your face with a taupe eyeliner, like **Rimmel ScandalEyes Waterproof Kohl Eyeliner In Taupe, \$4.49**.
- In addition to the lines, draw a small circle between your eyebrows, and another one from the center of your chin to your jawline.
- Define your brows using the same taupe liner and apply false lashes.



### 3 FINISHING TOUCHES

- Intensify the lines you mapped out with a black liner and an angled brush, like **Sonia Kashuk Core Tools Angled Eyeshadow Brush, \$4.99**.

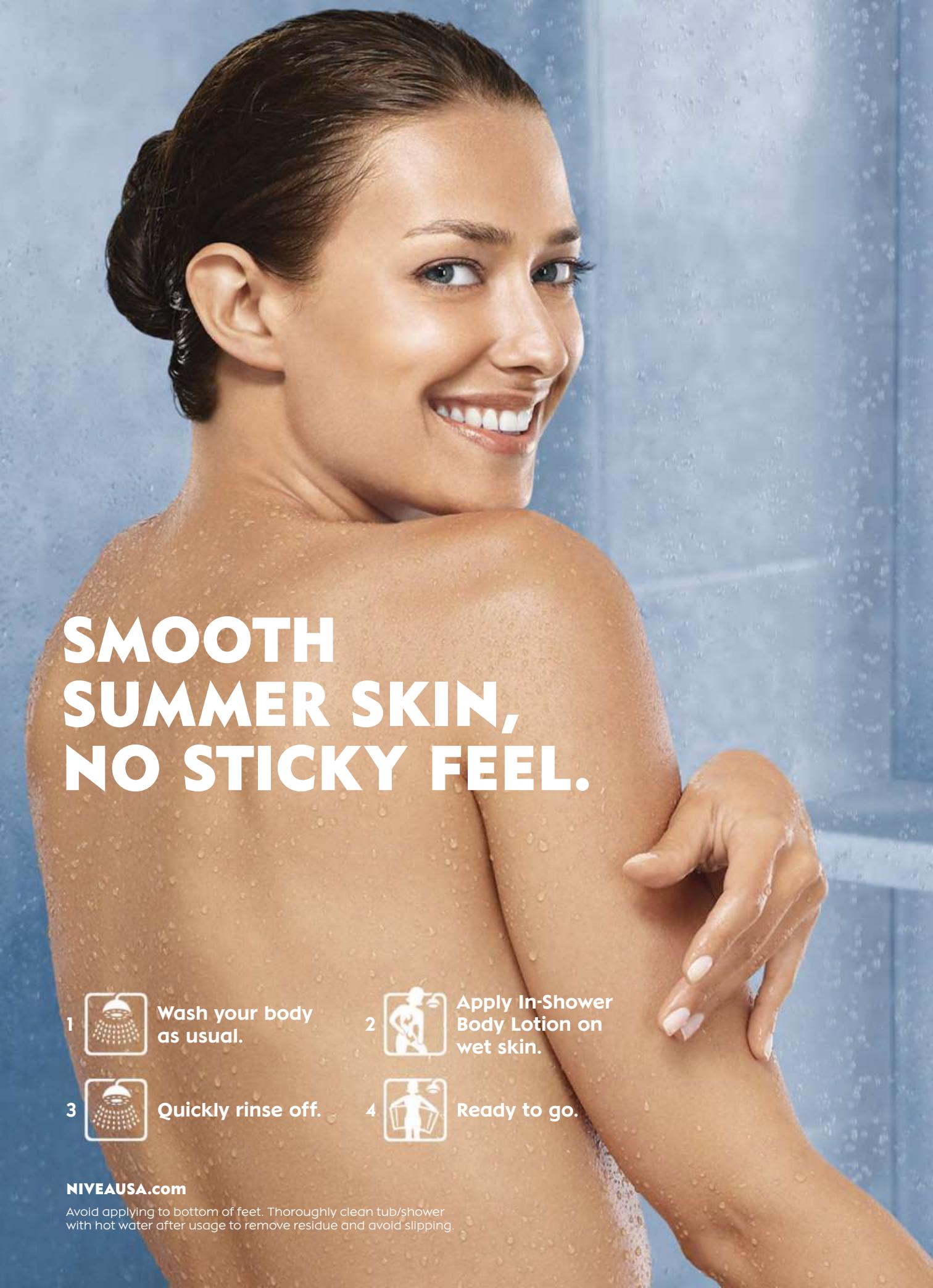
#### APPLY COLOR AND BLOOD

- Apply red dots on your jaw, neck, and the center of your forehead using a red lipstick (you can use the handle end of a small brush for a precise application).
- Apply "glitter tear blood": Mix clear lipgloss like **Fresh Sugar Shine Lip Treatment in Clear, \$18.50**, with a blood-red lipstick like **Circa Beauty Color Absolute Velvet Luxe Lipstick in Rita, \$10**, and a multi-dimensional glitter on a palette or the back of your hand. Draw "tears" below the liner on your lower lids.



We roughed up a wig with Elnett and Oribe's texture spray for crazy volume.





# SMOOTH SUMMER SKIN, NO STICKY FEEL.



1 Wash your body  
as usual.



2 Apply In-Shower  
Body Lotion on  
wet skin.



3 Quickly rinse off.



4 Ready to go.

**NIVEAUSA.com**

Avoid applying to bottom of feet. Thoroughly clean tub/shower with hot water after usage to remove residue and avoid slipping.

NEW



FIND IT IN THE  
**BODY LOTION AISLE**

**CHEEK YOU OUT!**

This pink berry blush will brighten your face with one swipe of a brush.

**BLACK RADIANCE**

Artisan Color Baked Blush in Raspberry, \$5.

**SHINE BRIGHT**

Glides on like a gloss, but has the staying power of a lipstick.

NEW YORK COLOR Expert Last Lip Lacquer in Big City Berry, \$3.99.

**BERRY LONG**

This show-stopping shade stays chip-free for up to five days.

**MAYBELLINE**

NEW YORK Color Show Nail Lacquer in Wine and Forever, \$3.99.

**TOP OF THE LINE**

Smudge proof and contains growth serum to make lashes longer.

HARD CANDY Stroke of Gorgeous in Storm, \$5.

**NAIL CALL**

So opaque, you can get away with one coat.

WET N WILD Wild Shine Nail Color in Grape Minds Think Alike, \$0.99.

**PLUM PERFECT**

Packed with pigment, and easy to blend.

E.L.F. Studio Baked Eyeshadow in Burnt Plum, \$3.

**ALL UNDER  
\$5**

# JUICY FRUIT

No need to splurge on fall's hottest colors. These budget-friendly buys will make you look and smell like you spent a fortune.

By MILLY ALMODÓVAR

**LEA MY LIPS**

Vitamin E and cupuacu seed butter soften labios.

BH COSMETICS Pop Art Lipstick-Extreme Lip Color in Crash, \$5.

**SMOOCH PROOF**

Super creamy and stops lipstick from bleeding.

ESSENCE COSMETICS Lip Liner in Femme Fatale, \$1.49.

**POUT OF STEEL**

This watermelon-scented lippie will have you licking your lips. Go ahead. It'll stay put.

MILANI Color Statement Lipstick in Sangria, \$4.97.

**FLOSS THAT GLOSS**

Provides a sheer dose of lightweight, non-sticky color.

NYX Butter Gloss in Raspberry Tart, \$5.

**GOOD SCENTS**

This warm, woody floral will turn heads.

ESSENCE OF BEAUTY Secret Woods Fine Fragrance Body Mist, \$2.99.

Leslie Grace  
Cantante

BRILLA SIN TANTO LÍO

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Dulce Candy is a beauty expert and star of her own YouTube channel. Get her secrets to glowing skin and OMG-worthy makeup.

## Get ready to be brilliant

Life's full of big moments—so be ready when your spotlight shines! Healthy, hydrated skin sets the stage for a bold makeup look that tells the world you have arrived. Try this "Radiant, Red-Carpet Look" that Dulce created for her appearance at *Cosmo For Latinas*' Fun, Fearless Awards, and be the brightest star of the night.



### 1.

#### PREP YOUR SKIN

A few drops of **Olay Regenerist Luminous Facial Oil** will instantly hydrate your skin and prepare it for moisturizer.



### 2.

#### PERFECT YOUR TONE

Smooth on **Olay Regenerist Luminous Tone Perfecting Cream** to brighten skin and reduce dark spots over time.

“

There's no room for dark spots in my spotlight. That's why I prep and perfect with Olay Regenerist Luminous Facial Oil and Tone Perfecting Cream. It's the duo that leaves my skin radiant! ”

### 3.

#### AMP UP YOUR EYES

Use a range of light and dark shadows, intensifying the color in your creases—and don't forget to blend! Finish with smudged liner and mascara.



### 4.

#### BE A LITTLE CHEEKY

Apply a cream blush to cheeks for a lit-from-within glow.



Follow all the brilliant red-carpet moments from *Cosmo For Latinas*' Fun, Fearless Awards on Twitter with **@dulcecandy** and **@OlayUS**.

**Olay**  
Regenerist  
Luminous

"I WANT TO  
GLOW FROM  
THE INSIDE OUT."

Katie Holmes

Pearlescent  
skin in 2 weeks,  
without drastic  
measures.

Olay Regenerist Luminous  
Collection penetrates 10  
surface cell layers deep,  
and fades the look of  
dark spots. For brighter,  
luminous skin.



**WORLD'S #1**  
FEMALE FACIAL SKINCARE BRAND

Your best beautiful begins at [Olay.com](http://Olay.com)

\*Based on mass-market facial moisturizer and cleanser dollar sales for the past 12 months.

  
**Olay**  
REGENERIST  
LUMINOUS

YOUR BEST BEAUTIFUL™

# GORGEOUS SKIN...FAST

The average time it takes to see results from most skincare products is six to eight weeks. That's fine and all, but sometimes we want it NOW.

Here's how to get more beautiful skin by tonight.

By DANIELLE GRAY



## IF YOU HAVE 30 SECONDS...

Blur imperfections faster than you could add a coat of mascara, all while fighting the signs of aging. Rub a little of a smoothing primer on your face to fill pesky lines and creases. As an added bonus, a silky canvas will make your makeup look even better.

**L'ORÉAL** Revitalift Miracle

Blur, \$24.99.

**OLAY REGENERIST** Instant Fix Wrinkle and Pore Vanisher, \$22.99.



## IF YOU HAVE 2-5 MINUTES...

A non-peel peel will brighten and soften your skin by shedding dead cells for a mild resurfacing effect. It's the next best thing to running to the derm, and you can do it right from your bathroom—with *rolos* in your hair.

Plus, these are super simple to use: Just swipe on, leave for a few minutes, and rinse off.

**DR. DENNIS GROSS** Alpha Beta Ultra Gentle Peel, \$80.

**DR. BRANDT** Oxygen Facial Flash Recovery Mask, \$69.



## IF YOU HAVE 20 MINUTES...

Sheet masks are super saturated with serums that pack powerful skincare ingredients like green tea and mulberry root extract, and B Vitamins. They give dehydrated skin a major moisture boost and help reduce the appearance of Latina-prone discolorations.

**LE MIEUX** Moisture Infusion Mask, \$25.

**PATCHOLOGY** Hydrate FlashMasque™ Facial Sheets, \$50.



**IF YOU HAVE  
TIME TO POP INTO A  
DERMATOLOGIST'S OFFICE...**

If the eve of a very important event brings you an unwanted visitor in the form of a big zit or just overall skin blah-ness, a derm might be able to come to your rescue.

"If you have a massive pimple before an event, you should get an intralesional cortisone injection, which will reduce the inflammation," says board certified dermatologist, Debra Jaliman.

She also recommends anti-inflammatory blue and red light therapy, which decreases redness as well as brings oxygen into the skin to heal acne. You can also do this at home for five minutes by using the **Tria Acne Clearing Blue Light, \$299**.

Need an overall skin pick-me-up? The gentle Genesis laser evens skin tone with no downtime.

"It helps shrink pores and decrease redness and fine lines," explains Dr. Jaliman. "The laser can be done the day before or on the day of an event."



Fall 2015 · COSMOFORLATINAS.COM /81

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\*per load vs. the leading detergent



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*"The Origin of Beauty"*

**Leaves Hair  
Healthy &  
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## **Bigen Permanent Powder Hair Color**



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FUN  
FEARLESS  
*Latina*  
AWARDS  
2015

# GO FOR YOURS!

Young Latinos are the future. With immigration being the first big Presidential campaign hot topic and Latina entertainers, entrepreneurs, and educators busting charts and starting trends, we are at the forefront of innovation. From a 25-year-old app inventor to a 34-year-old multimillionaire, these ladies are taking over.

SHERYL NEILS.  
FRANCESCA LIBERATORE WITH SAGA FURS Vest.  
ISSA Skirt. SWAROVSKI Ear cuffs, \$89.  
SUZ SOMERSALL Bangle (top), 150.  
VITA FEDE Bangle (bottom), \$445.  
PAUL ANDREW Booties.

Let's meet  
the winners!

# FUN FEARLESS *Latina* OF THE YEAR

## VICTORIA'S NEXT ACT

From fresh-faced Nickelodeon star to a geeky outcast in this fall's *The Outskirts*, Victoria Justice proves she's got range. As she continues to reinvent herself, her nine million-plus social media fans are loyally along for the ride. *By LAURIE SANDELL*

**A**t her Cosmo for Latinas photo shoot, Victoria Justice is doing the "Running Man" dance in hot pink flip flops, cracking up as her mother and model-actor boyfriend, Pierson Fodé, look on. The 22-year-old singer, last seen on MTV's *Eye Candy*, is "not afraid to make a fool of [herself]," and indeed, with her jerky forward motion and flailing limbs she proves she's got the comedy gene. Throw in the fact that she's a talented singer (the video for her first single, "Gold," has over 20 million YouTube views) who spends her spare time doing work with girls in developing countries—*Girl Up* and *Dosomething.org* are two organizations close to her heart—and it's no wonder millions of girls call Victoria their idol.

A week later, the star meets me at the door of her Puerto Rico-born mother's Encino, California, home to talk about her life and career. At the peak of her success on Nickelodeon's *Victorious*, Victoria bought the nearly 5,000 square foot house for her mother and stepfather, and when her show was cancelled, she promptly moved in. "I have no intention of leaving!" she laughs. From the way she and her mom—also her manager—finish each other's sentences, it seems doubtful she ever will. Sitting by her pool on a spacious deck with a breathtaking view of Los Angeles, Justice offers a glimpse into her charmed life.

**Wow, it's beautiful out here! But you were raised in Florida. What was your upbringing like?**

My parents got divorced when I was a baby, and my mom remarried when I was two, so I'm lucky to have two really cool dads. Every Father's Day, I'll say [on social media], "Happy Father's Day to my two awesome dads." People always think my parents are gay! [Laughs.]

**How did you get into performing?**

When I was eight, I saw a kid my age in a Pringles commercial and said to my mom, "I want to do that!" My first audition was for an Ovaltine commercial, which I booked. From that point on, I started working a lot and eventually we moved out to L.A. The first time we visited Beverly Hills, I saw a billboard for Guess Jeans and said to my mom, "That looks like me—oh wait, that is me!" It was crazy.

**To transition from girl to woman, child stars often feel like they need to do something sexy or shocking, but you've stayed true to yourself.**

**How did you manage that?**

I never felt like I had anything to prove; I was just looking for the right next step in my career. A lot of it has to do with how I was raised; my mom is really involved in my life. And when I was on Nickelodeon I was very aware I had a responsibility to represent the brand. There were a lot of young girls looking up to me; my face was on their backpacks. I wasn't going to do anything to put that in jeopardy. Also, it's not my personality. I love going to improv comedy shows, getting sushi, and reading a book. That's my idea of a fun time!

**You've really shown a lot of range, going from squeaky-clean in Zoey**

**101 to super dark Eye Candy. What can we expect to see from you in the future?**

I love comedy; I'm very goofy and spontaneous. I admire people like Kristen Wiig, who is hilarious but also does a lot of really cool films. I would love to have a career like hers. I also love Sandra Bullock; she's so endearing, smart, and funny and not afraid to throw herself into whatever role she's playing.

**How would you advise young girls who want to be seen as mature?**

Educate yourself: Read up on current events and books. I love to read books by women I look up to who are smart, funny, and interesting, like Tina Fey's *Bossypants* and Mindy Kaling's *Is Everyone Hanging Out Without Me?* If I don't have an early call time, I'll wake up and read in a cozy chair by my window with my "ying" and "yang" pillows and the sun coming in.

**Your mom is Puerto Rican. What is your favorite Latin dish?**

*Tostones*, green bananas that are flattened and fried; I like them extra crispy. If you know you're not making out with anyone that night, get the garlic sauce; I love going crazy with that! Then I'll have roasted pork and rice and beans with avocado sliced on top. I don't personally make any of it, though.

**Is that your mom's domain?**

Since my mom manages me, my stepdad has taken over the cooking. I need to learn the rice and beans recipe before I move out!

### What does being Latina mean to you?

My great grandma, who is 94, came to this country from Puerto Rico when she was little, with hopes of achieving the American dream. She did nails and worked in a factory, sewing on buttons. She is very outspoken and is all about Latin culture and supporting Latino celebrities and artists. She's always telling me, "I want you to do a duet with Prince Royce!" I feel really proud that I've been able to make her proud.

### What is the most Latina thing about you?

I love food, fun, dancing, and I'm super close to my family. I think it's part of Latin culture to be very loyal; I would do anything for my family and the people that I love. I can also be very outspoken; if I believe in something, I'm not afraid to let people know. I've always respected my elders, but I've never been afraid to stand up for myself if I feel like someone is taking advantage of me, which has really helped professionally.

### Let's talk about your personal life.

#### How do you know when someone is relationship material?

I've always been into guys who are sweet and sensitive and open with their feelings. Don't get me wrong, I like an edgy guy—I don't want to date a pushover—but he has to be supportive and trustworthy. How a guy treats his family says a lot about him, too.

#### Could you date someone who wasn't in the public eye?

Yes, as long as he was supportive and understanding about my crazy schedule. But he would have to have his own dreams, goals, and aspirations. Talent and drive are very sexy to me.

#### Where do you see yourself down the road?

Living in L.A., close to my family. I would love to be on an awesome TV show, and doing cool independent films as well as mainstream blockbusters, and touring and doing music. I'd love to get married and have kids. I'm not very ostentatious, so I picture living in a cool, cozy house with a big backyard and a pool. And a dog. Actually two dogs, so they have a friend! ■

for being the  
"new cool" girl

**VICTORIA JUSTICE, 22**  
**Actress, Singer**  
**@VictoriaJustice**

“  
If I believe in something,  
I'm not afraid to let  
people know.  
”

ALICE + OLIVIA BY STACEY BENDET Coat. Sweater, \$288. Skirt, \$598. NOIR JEWELRY Earrings, \$165. GIUSEPPE ZANOTTI DESIGN Shoes.

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FEARLESS  
**Latina**  
AWARDS  
2015

for making  
fitness a party

**JANET JONES, 33**

**Founder,  
Vixen Workout**  
@janetjonesdance

**HER RAÍCES LATINAS**

From Miami Heat dancer to backup performer for the likes of Jennifer Lopez, *la dominicana* turned her passion into a career—and then went even bigger.

**TREND-SETTING TRACK RECORD**

Janet left dance to start a family and pursue a finance career, but felt like she lost a part of herself—that feeling of being sexy, brave, and confident. When she lost her job, she opened a dance studio and created a fitness class that felt like a girls' night, with low lights, club music, and simple choreographed routines. She called it Vixen Workout. Within six months, she began hosting two classes per night with 100 women in each. She also hosts "fitness concerts" in Miami and NYC that have up to 500 women each and sell out in an hour. Her company, Vixen Workout, grossed nearly \$1.5 million in its first year and is poised to become a gym staple, making it the most successful "dance club workout" to date.

**QUÉ LA INSPIRA** "I want women to see that they are already beautiful. If you make them feel well from the inside first, everything else will follow."

**WHY SHE'LL CRUSH NEXT YEAR** This fall, Vixen Workout launches a program that will allow women to become certified instructors and lead Vixen Workouts all over the country. After every class, the Vixen Army shouts, "Stay Hungry, Live Fierce!" Janet is following her own advice.

—Melissa Walker



“  
I want  
women to  
see that  
they are  
already  
beautiful.  
”

# for humanizing the Republican party

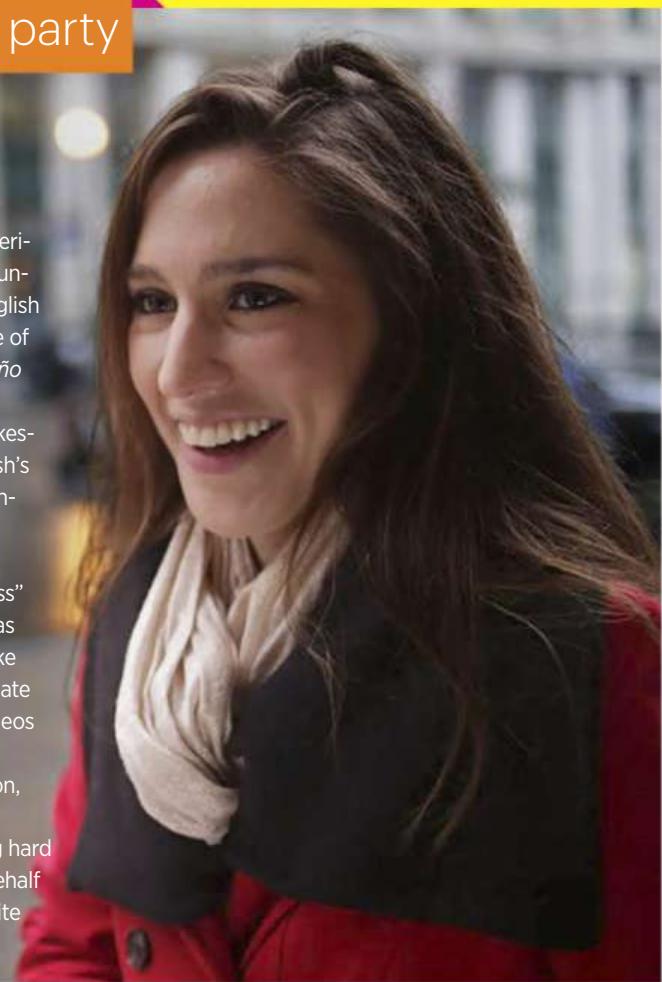
## EMILY BENAVIDES, 30 Jeb Bush Campaign Spokesperson @embena

**HER RAÍCES LATINAS** Emily grew up in Ohio with a Mexican-American father and a mother of English and German descent who volunteered helping migrant workers with translation and teaching English to their children. "My parents impressed upon me the importance of diversity and the shared immigrant experience," she says. *"El sueño americano* is something we all share."

**TREND-SETTING TRACK RECORD** Emily's been tapped as a spokesperson for Florida Governor Jeb Bush's 2016 presidential run. Bush's carefully orchestrated announcement went off seamlessly in Spanish and in English, getting high rated networks like Univision and Telemundo to broadcast it to millions of viewers. He was also the first Republican candidate to call out the "language of divisiveness" regarding immigration. Emily can potentially help Bush keep Texas and Florida red, and carve a path to taking critical swing states like Nevada, Florida, New Mexico, and Colorado. "We have an early state strategy that focuses on driving turnout, and our website and videos are in English and Spanish," says Emily.

**QUÉ LA INSPIRA** "Hispanics account for 17% of the U.S. population, and it's important to engage every single one," she says.

**WHY SHE'LL CRUSH NEXT YEAR** "I'm going to continue working hard to achieve success in the primaries and hope to be working on behalf of the Governor in the general election." And if Jeb takes the White House...we predict Emily's voice will continue to influence.—MW



## LORELLA PRAELI, 27 DREAMer, Latino Outreach for Hillary Clinton @lorellapraeli

**HER RAÍCES LATINAS** At age 10, Lorella left Peru to come to the U.S., and spent 14 years as an undocumented immigrant while her mother—a psychologist in Peru—worked as a housekeeper. She credits her parents, who sacrificed for her future, as well as the DREAMers movement, for giving her a path to success. "Not having *papeles* was associated with fear and shame," she says. "The movement taught me courage."

**TREND-SETTING TRACK RECORD** Lorella, who got a green card in 2012, has served as director of advocacy for United We Dream, advocating for undocumented immigrant youth and their families. This spring, Hillary Clinton chose Lorella to lead Latino Outreach for her 2016 presidential campaign. She'll use her influence to spread the word about policies that she

says would benefit the 54 million Latinos in the U.S.—healthcare, education, wage equality, and immigration reform.

**QUÉ LA INSPIRA** At two, Lorella lost her right leg in a car accident, and whenever she struggled, her parents would say, "*firmeza de pensamiento*," stay strong. "Because of that I never felt like I couldn't accomplish something because of my *diffability* (different ability), my legal status, my gender, or the color of my skin," she says.

**WHY SHE'LL CRUSH NEXT YEAR** If Hillary gets the nomination, Lorella will need to bring Latinos to the polls on election day. "In 2012, more than 50 percent of Latinos eligible to vote didn't cast a ballot. With 70,000 of them turning 18 every month, we need to reach those voters," she says. —MW

for mobilizing  
la comunidad

for nailing a billion dollar idea

JESSICA ALBA, 34  
**Actress, Entrepreneur**  
@jessicaalba

**HER RAÍCES LATINAS** The Cali-born actress and The Honest Company co-founder, gets her strength from her *abuela mexicana*. "She's so tenacious. She was the boss of the family—no task seemed like it was overwhelming or couldn't be handled. She worked and ran a restaurant while she had five kids and put my grandfather through college. She went back to school when she was 36 and got her GED. I think I might be her favorite...like right now if I was at her house she would make me some soup and rub my head. We look exactly alike. I'm like a clone of her, except she has finer features."

TREND-SETTING TRACK RECORD

The Honest Company, an e-commerce, eco-chic line of baby, personal care, and cleaning products (think prestige meets homegrown) that Jessica launched with her business partner, Christopher Gavigan, in 2011, is valued at \$1 billion.

**QUÉ LA INSPIRA** "I'm still making mistakes. When I brought on co-founders it was because I knew I needed support and help where I wasn't strong. I wanted to operate with my vision, but I recognized I had to bring in other people with expertise. And then there were times when I didn't trust my gut, and I would let voting by committee take over. I would fall back on, 'Hey, they probably know better because they've been here, done that before.' But at the end of the

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FEARLESS  
**Latina**  
AWARDS  
2015

day they're not the consumer, and I am. It's a balance of figuring out when to put your foot down and when to rely on the team that you've assembled. It's something I still struggle with and am still figuring out as we go."

**WHY SHE'LL CRUSH NEXT YEAR**

Honest is breaking into the beauty biz with a line of cosmetics and skincare, a hair care line will follow. "The quality that we are putting out there and at the price point...it just doesn't exist."

—Milly Almodóvar

FOR "WHERE TO BUY" SEE PAGE 137. DAVID ROEMER/TRUNK ARCHIVE.

"[My] line had to have a range of shades where girls felt represented."

HONEST  
Concealer Duo in  
Balanced Beige, \$20.

HONEST BEAUTY

HONEST  
Lip Gloss in  
Creative Kiss, \$19.



"The Tinted Moisturizer is amazing. It has SPF, nice coverage, and won't suffocate your skin."

You can put  
The Magic Balm  
anywhere. I put it in  
my smile lines, down  
the bridge of my  
nose, my lips.

HONEST  
Magic Balm, \$14.

HONEST  
Crème Blush in  
Truly Exciting, \$20.





## ON RUNNING AN EMPIRE

### Was launching a beauty line challenging?

"It took a few years for me [to get everyone on the same page]. And then from there, figuring out how to execute because we are doing something that's never been done in the market. Beauty has always been a passion, and I thought there was a huge opportunity for producing luxurious products at an affordable price. Getting all of our ducks in a row was daunting: From marketing, packaging, formulas, delivery, and making sure things were in our warehouse."

### Why was it important to you to have a variety of shades?

"It feels like you're either a Caucasian makeup company, or you're an Asian or African-American one, and everyone else just kind of has to figure it out from there. I often have to mix two or three different foundations to find my shade. So when I was developing this line I was cognizant of that. We only do eight shades, but we're expanding. I think for doing eight shades we represent a lot of different women, and I'm really proud of it."

### Many Latinas don't start businesses because they are scared they'll fail.

"I was scared too. You have to be more fearful of NOT trying and having to look at yourself in the mirror every day and feeling regret. Who cares if you fail? You have to put your pride and ego aside and not be afraid to ask for help and ask questions. Regardless of whether it works or not, you're going to learn something, and be better off."

### What's the simplest way a parent can live a healthy lifestyle?

"It helps to try to encourage healthy eating habits early on. If all your kids have eaten is packaged food their whole life, and then all of a sudden you're like, here's some broccoli, or here's some cucumber, they're going to look at you sideways."

**“**  
**You have  
to be more  
fearful  
of NOT  
trying...  
than of  
failing.**  
**”**



# FUN FEARLESS *Latina* AWARDS 2015

for maxing out biz potential

## ● **TANYA MENENDEZ, 27**

**Entrepreneur**  
@makertanya

**HER RAÍCES LATINAS** Tanya, who grew up in Oakland, California, with a Nicaraguan mom and a Salvadorian dad, quit her day job as an analyst at Goldman Sachs in 2011 to join her friend Matthew's leather goods business in Brooklyn. They discovered that it was incredibly hard to find an American manufacturer. "We used paper catalogs, cold-called companies, went door to door, asked friends," says Tanya. "It was an outdated, inefficient system."

**TREND-SETTING TRACK RECORD** Tanya and Matthew created Maker's Row, a company that helps businesses (from design students and mompreneurs to big brands like Ralph Lauren and Juicy Couture) connect with American manufacturers. Just two years after its start, they have signed up 75,000 users, have a database of 7,000 factories, and have helped produce more than 1.5 million products. The factory impact is huge: "They rely on us for 25-90 percent of their new business, so we are actually helping to create jobs in that space," says Tanya.

**QUÉ LA INSPIRA** "I'm a sociology major—this is all about making manufacturing accessible and humanizing the process," she says. To that end, Maker's Row now produces content, including photos and stories from various factories with profiles of the workers, the machinery, and the day-to-day operations via 150 guest contributors on their site, makersrow.com.

**WHY SHE'LL CRUSH NEXT YEAR** Maker's Row is opening an e-commerce store that showcases the products being made by users, 98 percent of whom are independent designers. Tanya's big dream? "I want to democratize 'Made in the USA.'"  
—MW

for reinventing media

## ● **UNIVISION TV Network** @Univision

**THEIR RAÍCES LATINAS** The biggest Latino-targeted network in the U.S., Univision reaches 49 million people across TV, radio, and digital platforms each month.

### **TREND-SETTING TRACK RECORD**

Experimenting with multicultural endeavors like Fusion, El Rey, Flama, and, most recently, The Root, Univision dominates as the platform for emerging voices of color. The first to dump Trump, the brand showed that there's major *dinero* to be made, and lost, in our communities.

**QUÉ LOS INSPIRA** "We love serving our young, bold, socially engaged, upwardly mobile, and culturally connected Hispanic communities," says Jessica Rodriguez, Executive VP and Chief Marketing Officer of Univision Communications, Inc.

### **WHY THEY'LL CRUSH NEXT YEAR**

Election coverage. "Particularly because Hispanics will be critical in determining the next president," says Jessica.

—Michelle Herrera Mulligan



(LEFT, FROM TOP) COURTESY MENENDEZ; COURTESY UNIVISION NETWORK (4); (RIGHT, FROM LEFT) JOJO WHILDEN/NETFLIX (2); JILL GREENBERG/NETFLIX (3); COURTESY INSTAGRAM



for shaking up Hollywood

● **ORANGE IS THE NEW BLACK CAST:**  
**Selenis Leyva, 43, Diane Guerrero, 29, Jackie Cruz, 28, Elizabeth Rodriguez, 34, Dascha Polanco, 32, Jessica Pimentel, 37, Laura Gómez, 35**  
**Actors**  
**@Netflix**

**THEIR RAÍCES LATINAS** The streaming mega-hit for Netflix (which has 42 million subscribers in the U.S.) has a ground-breaking number of strong Latina characters. These *hermanas* have taken center stage since the show's 2013 launch.

**TREND-SETTING TRACK RECORD** *OITNB* gives us a glimpse of nuanced Latina characters who have humor, warmth, ambition, and plenty of quirks (who doesn't love Flaca's teardrops and platform Dr. Martens, Daya's comebacks, or Gloria's kitchen/Santería wisdom?) giving pop culture a fun, modern take on Latin life. "The Latinas on *Orange*

*is the New Black* are a vital part of the energy and success of the show," says Selenis Leyva, who plays Gloria Mendoza.

**QUÉ LAS INSPIRA** No flat stereotypes here. "Finally we are seeing Latinas have story lines that are layered," says Selenis. "These women are proud of their culture; they are fighters, survivors, mothers, and daughters. The beauty of this show is that it really is an ensemble, and, unlike most portrayals of Latinas in television until very recently, these women have more than meets the eye. For the first time we are seeing the diversity within our culture. We speak

the same language but sound different. These women are flawed, but their stories are real, no sensationalizing here. I'm beyond proud to be a part of this show and its groundbreaking effect in Hollywood."

**WHY THEY'LL CRUSH NEXT YEAR** In Season 3, the Latina characters were more visible than ever. With compelling storylines carrying into Season 4—what will happen to Daya's baby post Cesar's arrest? Is Maritza in danger now that she's got van duty with the psycho-rapist guard?—one, or more, of these ladies is bound for an Emmy nom.

—Corinne Griffith-Cole

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FEARLESS  
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2015

“  
I'm bringing  
funk to  
*Banda*,  
bringing  
younger  
fans to  
the music.  
”

for speaking out  
and staying strong

CHIQUIS RIVERA, 30  
Singer  
@chiquis626

**HER RAÍCES LATINAS** Growing up between Long Beach, Compton, and Riverside, Chiquis is the daughter of the late Jenni Rivera, the biggest *Banda* singer of all time. There was always music playing in her home. “I’m well rounded,” says Chiquis. “I grew up with traditional *Banda*, but also No Doubt, Brandy, the Backstreet Boys, and Los Tigres Del Norte.”

**TREND-SETTING TRACK RECORD**

With more than 1.5 million social media followers, Chiquis has become a star in her own right, releasing her first album, *Ahora*, in June, when it debuted at #1 on Billboard’s Top Latin Albums chart (she’s the only female artist since her mom to hit that spot). Her sound has been described as bilingual *Banda* with a pop influence, and as she puts it: “I’m bringing funk to *Banda*, adding different instruments and twists to make it fun, bringing younger fans to the music.”

Chiquis’ memoir, *Forgiveness*, hit the *New York Times* Bestseller list in April, selling over 70,000 copies in its first two weeks on the shelves.

**QUÉ LA INSPIRA** “The album is more *Ahora*, now,” says the Mexican-American. “The title track is about leaving the past in the past and moving forward to be happy. That’s the soundtrack to my life at this moment.”

**WHY SHE’LL CRUSH NEXT YEAR** In addition to filming a reality show with her brothers, Chiquis says we’ll see her on screen a lot more in 2016. “TV is where my heart is—I love the camera,” she says. “I may do a panel show, or I may act. I like to surprise people.” —MW

for restyling fashion

● **TAMARA MENA, 29**  
**Model, Activist**  
**@TamaraMena1**

**HER RAÍCES LATINAS** A mexicana who came to the U.S. in 1999 when she was 13, Tamara's life was upended when a tragic car accident left her, then 19, paralyzed from the mid-chest down.

**TREND-SETTING TRACK RECORD**

Working with the Vertical Foundation and the Limit-Less Campaign, which she co-founded, Tamara combats stereotypes. This year, she was the first Latina to model in a wheelchair at New York Fashion Week, for FTL Moda.

**QUÉ LA INSPIRA** "My motto is *creer y querer es poder*. It reminds me that I have to believe in my own possibilities before they'll show up in my life."

**WHY SHE'LL CRUSH NEXT YEAR** Tamara is the only Spanish-speaking U.S. ambassador for the Wings for Life World Run, a race that occurs simultaneously in 34 global locations. With the help of her outreach, it raised more than \$4.1 million for spinal cord injury research in 2014, its inaugural year. She plans to compete and promote it in 2016. —MW



for teaching our  
girls to code

● **CAROLINA HUARANCA MENDOZA, 40**  
**Entrepreneur-in-Residence**  
**@carohuaranca**

**HER RAÍCES LATINAS** When Carolina's parents emigrated from Peru to New York, they focused on their children's education. "My father took additional jobs so we could rent in a zip code with an excellent public school," she says.

**TREND-SETTING TRACK RECORD** She worked in investment banking, then the tech sector, before becoming an advisor on the launch of Democracy Prep Charter School, one of the highest performing charter school networks in the country (with a college acceptance rate close to 100 percent). Wanting to bring her education and tech experience together, Carolina joined Girls Who Code as its first National Director, launching nearly 200 after-school clubs to bring girls into the

tech world. Now, as the Entrepreneur-in-Residence at the Kapor Center for Social Impact, she is working with tech startups to bake in diversity and create a culture of inclusion from day one.

**QUÉ LA INSPIRA** "I didn't see anyone who looked like me starting a tech company. I wanted my younger cousins, nieces, and nephews to see tech and entrepreneurship as opportunities."

**WHY SHE'LL CRUSH NEXT YEAR** "My goal is to change the face of technology by increasing the number of black and Latino students in this field," she says. At the Kapor Center, Carolina is reaching this demo by creating curriculum that is culturally accessible, with high expectations, and training teachers. —MW

for democratizing DREAMs



## SARAHI ESPINOZA SALAMANCA, 25 DREAMer, Tech Founder and CEO @SarahiSalamanca

**HER RAÍCES LATINAS** An undocumented student who came to the U.S. from Mexico at age four, Sarahi graduated with honors from North Hollywood High in 2008, but was ineligible for many financial aid programs. "I wasn't expecting to be told, 'You're missing a nine-digit number, so you don't qualify,'" she says.

**TREND-SETTING TRACK RECORD** Sarahi conceived DREAMers RoadMap, an app that will match undocumented students with scholarships and send push notifications of upcoming deadlines. Her pitch won first place in Voto Latino's Innovators Challenge—she'll receive \$100,000 to develop her idea. Most of the 11 million undocumented people in this country feel they don't have a chance at higher education, much less a decent job. Sarahi's solution uses technology to help close the gap—she estimates reaching nearly two million undocumented students.

**QUÉ LA INSPIRA** "I know how difficult it is to try to find resources to go to college without citizenship. Society tells you that you don't belong. We do belong. We are Americans."

**WHY SHE'LL CRUSH NEXT YEAR** DREAMers RoadMap is set to launch in early 2016; Sarahi's goal for the first year is to reach 10,000 undocumented students and have them apply to at least two scholarships each. She also plans to expand the app to provide internship resources and health care information. "So many people are waiting. When I share what I'm working on, their faces change from looks of despair to smiles of hope."—MW



(LEFT, FROM TOP) COURTESY ESPINOZA; VLASTA PILOT. (RIGHT) JASON KEMPIN/GETTY IMAGES.



for backing the  
next Latina  
"Warren Buffett"

## BIANCA CABAN, 27 Founder of Koban Holdings @biamacaban

**HER RAÍCES LATINAS** Bianca's NYC-based family traveled to Puerto Rico (where Bianca's maternal grandparents are from) regularly, so that she and her sisters could "view our heritage as a source of strength—they didn't want us to only know the stereotypes portrayed in U.S. media."

**TREND-SETTING TRACK RECORD** With a business and finance background, Bianca started her own global investment company, Koban Holdings, where she's helping new industries in Puerto Rico flourish. "Many Latino businesses stay at a mom and pop level because they don't have access to education, capital, and networks." That's why Bianca's using her network to create jobs and economic growth.

**QUÉ LA INSPIRA** In Puerto Rico, 60% of female head-of-households live below the poverty line, but connections and business expertise could change everything. "I built my career on Wall Street, and worked in the Middle East, Africa, and Europe to launch a pan-African bank," she says. "I've seen many markets, and Puerto Rico is an exceptional investment opportunity."

**WHY SHE'LL CRUSH NEXT YEAR** She is building an entrepreneurship eco-system in Puerto Rico by bringing internationally recognized organizations, such as Endeavor Global, to the island.—MW

### OUR READER WINNER!

Olay will present Bianca with their #bebrilliant award at the Fun Fearless Latina Awards on October 13th in New York City. Plus, they will gift Bianca with Olay products that will keep her ready for her life in the spotlight!

# +1 GUY!

“  
My dream  
is to  
conquer  
the world.  
”

for rethinking  
reggaeton

**J BALVIN, 30**  
Singer  
[@jbalvin](https://twitter.com/jbalvin)

**HIS RAÍCES LATINAS** J Balvin grew up in Medellín, surrounded by  *ritmos latinos*. “The culture in Colombia is so musical,” says J. As a kid, his playlist included salsa and reggaeton, as well as Snoop Dogg, Kris Kross, Vanilla Ice, and Salt-N-Pepa.

**TREND-SETTING TRACK RECORD** J’s been credited with bringing a new audience to reggaeton by introducing his own style: “reggaeton-*romántico*”—a blend of hip-hop, R&B, and romantic Latin flavor. He has more than seven million social media followers, and his most popular YouTube videos have more than a billion views combined. J’s got industry cred too—he was nominated in 12 categories at the 2015 Billboard Latin Music Awards where he took home three wins, including New Artist of the Year.

**QUÉ LO INSPIRA** “Being real” is hugely important to J, and he did that in a big way this year when he pulled out of performing at the Miss USA contest after Donald Trump’s presidential kickoff speech included disparaging comments about Mexican immigrants. “I know how hard it is to be an immigrant working in the States and looking for opportunity, and I felt bad about what he said,” says J.

**WHY HE’LL CRUSH NEXT YEAR** He has toured as an opening act for Enrique Iglesias and Pitbull, but this fall J will headline his first U.S. tour. With a new album expected in the first half of 2016, clearly J’s star is still on the rise.—MW ■

Reporting on Fun, Fearless  
Latina Awards By  
PABLO SCHNEIDER

## STAGE PRESENCE

A glitter-glam outfit in teal or navy is a hot pick for a gals' night out. #SquadGoals!

(LEFT TO RIGHT)  
ON LAUREN  
LAQUAN SMITH Dress.  
PEDRO GARCIA Sandals. R.J. GRAZIANO Bracelet, \$58. CHARLES ALBERT Ring, \$90.  
ON NORMANI  
JOSE DURAN Jacket. HANLEY MELLON Belt, \$385.  
AMERICAN APPAREL Hotpants, \$59. LEGEND FOOTWEAR Sandals, \$49.99. MARSHELLY'S Earrings, \$80.  
UNODE50 Ring, \$219.  
ON DINAH JANE RIPLEY RADER Jumpsuit, \$360.  
ZOOSHOO Shoes, \$30.  
ON CAMILA JOVANI EXCLUSIVE COLLECTION FOR EDRESSME.COM Top and skirt, \$672 for the set.  
ALEJANDRA G. Sandals, \$230. NEELY PHELAN Ring, \$55.  
ON ALLY MAC DUGGAL Dress, \$538. ALEJANDRA G. Sandals, \$239.



**Fun  
Fearless  
Fashion.**

# THE FUERTE



# FIVE

Breaking records and stereotypes, the ethnically diverse girl band **Fifth Harmony**, flaunts their fiercest Studio 54-era looks.

*Photography* KAREEM BLACK *Fashion Editor* LAURA ZAPATA

# THE NEW DIVAS

The *jefas* of 5H are redefining girl groups while kicking maj ass.

By KRYSTYNA CHÁVEZ

*Fifth Harmony has been unstoppable since taking third place on The X Factor, proving they're worth it! Their highly anticipated debut album, *Reflection*, peaked at number five on The Billboard 200 chart and slayed with three platinum singles. Now, the chicas are all about embracing their various backgrounds, girl power, and empowering harmonizers. Read on to see what they say about finding amor, owning who you are, and the problem with Justin Bieber.*

## What's the best advice someone's given you about succeeding in the industry?

**Lauren:** To be authentic. Simon Cowell is very adamant about it. "Be who you are and don't allow other people to tell you who you're supposed to be." That's something we constantly have to fight against. People try to change and make us into a certain image they want, or try to give us songs that don't agree with our image or who we are. Authenticity will translate best to our audience.

**Normani:** Truly commit to your artistry, block out everybody else, and really focus on what's important to you.

**Ally:** Fight for what you believe in, speak your mind, and don't be afraid. All of us have come across a situation where we had to turn down a song because we didn't believe in it. It was a fight, but we fought it, and won. We became closer because of it.

**Dinah Jane:** Personally, I used to be really scared to even speak my mind or stand up for myself.

**Ally:** Me too.

**Dinah Jane:** We've all grown to be



ALLY BROOKE HERNANDEZ  
22, Mexican-American



stronger than before, and especially, when you're a girl in this industry, you're very scared. You learn to have a thick skin.

**Camila:** It's really important to separate the hype around you, and who you are on stage. When you're in a meeting, you can stick up for what you want, but also have to be kind to everyone around you, whether it's the head of your label or the man cleaning the venue. When you die, all that's going to be left is the mark you left on people, not the platinum singles.

## What do each of you look for in a guy?

**Camila:** Someone to be a good person, because, that's a foundation for everything. And somebody that isn't afraid.

## DISCO DIVAS

Command attention to your legs in a dramatic wide-leg pant set or a sultry bodysuit.

(LEFT TO RIGHT)  
ON ALLY

DAVID DALRYMPLE FOR HOUSE OF FIELD Bodysuit, \$450.

PEDRO GARCIA Pumps.

ON DINAH JANE

CHRISTIAN SIRIANO Turtleneck cape and pants. LARUICCI Cuff, \$525.

ZOOSHOO Sandals, \$80.

COCO LOVES ROME Sunglasses, \$17.



**¡REINAS DE LA NOCHE!**  
Fifth Harmony had a blast at Queen of the Night. For more info, visit [queenofthenightnyc.com](http://queenofthenightnyc.com)!

# 5 WAYS TO BE A #BOSS

Inspired by their hit song, "BO\$\$," the girls tell us what it takes to own it.

"Educate yourself and be accepting of everyone."  
LAUREN

"Stand up and stick to what you believe in."  
NORMANI

"Speak your mind, in a respectful way."  
ALLY

"Fight for your happiness."  
CAMILA

"Be confident and take risks."  
DINAH JANE

I feel like so many guys just hold back because they're afraid of getting hurt, and you can't love somebody that way. I think that's what a lot of people do, and it's B.S. So for me, somebody brave enough to actually feel and be proud of what they're feeling, and manifest it.

**Lauren:** For me, honesty is a huge thing, and loyalty, when it comes to relationships. I like the ability to engage intellectually with someone. I get so bored so quickly, so if you can't keep me interested, then I'm out.

**Dinah Jane:** Personality. You gotta make me laugh. You gotta, you know, run your pockets for me. I got that line from a Nicki Minaj concert. She was like, "If you got a man, and he wants to shower you with gifts, let him. It's ok. Run that fool's pockets!" It was really funny. But someone who respects you a lot is a really big thing for me. R-E-S-P-E-C-T. You better have that for me.

**Ally:** Yes, girl!

**Normani:** You have to respect me and the loved ones I have around me (like my family), which is my number one priority. They mean everything to me. Somebody who accepts me for who I am,

for my past and what's to come, and who wouldn't try to change me in any way.

**Ally:** Someone who just has a really good heart. It's so attractive. Someone who makes you feel beautiful and encourages you—makes you better. And somebody who really loves God, and ultimately is like my best friend.

## How would you describe your personal style?

**Camila:** I like to wear a lot of preppy, girly, classic kind of things. I like feeling like a princess. I love pearls. I really like the whole *Gossip Girl*/Chanel vibe.

**Lauren:** I'm kind of like, a rocker-grungy-edgy, sort of vibe. I pretty much wear black all the time, like almost every day of my life, even if it's summer.

**Dinah Jane:** Urban chic. I'll throw on a snapback and a blazer with pants, something very classy, but then add a little swag into it.

**Normani:** My style is very high fashion. I like to take risks and not go with the flow of everybody else. I really like to stand out and be different.

**Ally:** It really depends on my mood and how I'm feeling that day. Sometimes I want to wear high-waisted shorts and skirts. Rarely I'll be feeling jeans. I feel like a lot of girls feel that way too. It's like, just grab what you like.

## Have you guys ever gotten flack for how you dress?

**Lauren:** Yeah...it's ridiculous! Just because we dress according to our body types and dress the way that we want to. A woman embracing her sexuality isn't wrong, it's not being a slut.

**Normani:** Mainly (from) women.

**Camila:** People aren't getting that it's time to move on and be accepting of other women dressing however they want.

**Lauren:** I've noticed on our video comments, it's people's go-to, to accuse us of the whole 'slut thing'. Then they support men who do the craziest things, and say nothing about them. F\*cking Justin Bieber...I'm sorry, excuse me. Justin Bieber takes his pants off, posts a pic of it, and it's like, "OMG, he's so hot." What. Is. That?! How is this reality? Know what I mean? ■



CAMILA CABELO  
18, Cuban/  
Mexican

NORMANI KORDEI  
19, African-  
American

LAUREN MICHELLE JAUREGUI  
19, Cuban-  
American

## LET'S SHAG!

Pair rich satins and suedes with colored faux furs for a modern Seventies-inspired style.

(LEFT TO RIGHT)

ON NORMANI

ADRIENNE LANDAU Coat. COSTELLO TAGLIAPETRA Dress. URBANOG Booties, \$30.90. KENDRA SCOTT Earrings, \$85. JORGE ADELER Ring.

ON CAMILA

GABRIELA CADENA Jacket. MISSGUIDED Top, \$36. ALICE + OLIVIA BY STACEY BENDET Skirt, \$298. LATIGO Boots, \$199.99. ON LAUREN

REBECCA MINKOFF Dress, \$598, handbag, \$295, guitar strap, \$95. ADRIENNE LANDAU Stole (on bag), \$395. LACK OF COLOR Hat, \$99.99. TOPSHOP Shoes, \$85. UNODE50 Ring (L), \$125. MARSHELLY'S Ring (R), \$68. LAVA LITE Lava lamps, \$29.99-\$99.99.

## ROLLER GIRLS

For a sexy take on this trend, roll out in barely-there halters, hot pants, or plunging necklines.

(LEFT TO RIGHT)

ON NORMANI

LAUREL DEWITT  Jacket.

PACIFIC AND DRIFTWOOD Bodysuit, \$280.

KAREN MILLEN Pants, \$299.

MOXI Roller skates, \$179.

ALEXIS BITTAR Earrings, \$445.

ON DINAH JANE

AUGUSTO MANZANARES  Dress, \$300.

ZOOSHOO Shoes, \$38.

FURLA Backpack, \$448.

ON LAUREN

VINTAGE VIVIENNE WESTWOOD AT

MORPHEW Dress.

MOXI Roller skates, \$279.

ON ALLY

FRANCESCA LIBERATORE Shirt, \$175.41.

LAUREL DEWITT  Hotpants.

AMERICAN APPAREL Socks, \$10.

MOXI Roller skates, \$279.

ON CAMILA

PACIFIC AND DRIFTWOOD Halter top, \$95.

JAY GODFREY Pants, \$265.

AMI CLUBWEAR Platform shoes, \$44.99.

BETSEY JOHNSON Bracelet, \$75.

MASTER & DYNAMIC Headphones (on floor), \$399.



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KAREN  
MILLEN  
Top.  
LAURA  
GRAVESTOCK  
Earrings.

**LUZ DE LUNA  
◆ SHADOW ◆**

"For eyes that look ethereal and glowy, select a metallic silver eyeshadow that's either a cream or a very fine, cream-like powder," says our makeup artist, Lisa Valencia. "Smooth it all along the lower lashes and fan it out to the outer corners. Unless you're blessed with thick, dark lashes, add black mascara or super-fine eyeliner. Nails painted in a pale blue periwinkle are a beautiful compliment."



ESCADA SPORT  
Jumper.  
I AM BY  
ILEANA MAKRI  
Earrings.

## FROSTED FLICKS

"White eyeliner is much easier to wear than you think, provided you team it with plenty of black mascara for definition," says Valencia. "Closely trace your top lashline (gently pulling the skin sideways at the corner of your eye to keep it taut) and continue out and up towards the brow corner. Then line your lower inner rim, and layer on mascara." Finish with a shimmery champagne-colored gloss on your lips.

## SPOTLIGHT YOUR FACE

Give yourself an angelic glow by creating a sculpting 'panel of light'. "Dust or blend highlighter down the bridge of your nose, Cupid's bow and chin, and along the tops of your cheeks (the area just under your eyes)," says Valencia. "Then use bronzer under the cheekbones and around the outer edges of the face only."



## EYE ◆ LIGHTS ◆

Why should nails get all the art?

After defining our model's lids and lower lashlines with a gleaming taupe shade, Valencia used tiny plastic iridescent flakes (find them at any nail art shop) at the inner and outer eye corners, stuck with eyelash glue, which is safe to use on this delicate skin. "They add a magical kind of texture," Valencia says. Nails were painted a milky pink and their tips dipped in glitter while wet.

RIVER ISLAND Top.  
SWEET PEA Earrings.



## SEXY

### ◆ STARDUST ◆

Valencia sculpted our model's lids with metallic taupe as before, then rubbed face gloss (clear lipgloss works fine too) on her cheekbones. She then applied iridescent stars (find them at a nail art shop) along the upper cheekbones, towards the temples. If you don't want to risk losing some of your stars along the way, use lash glue instead.

Lips were dabbed with a sheer gold gloss.

### FAIRY-WING SKIN

A great trick (stolen from makeup artist Sharon Dowsett) for making skin look beautifully dewy is to use the same foundation brush to buff in moisturizer, primer, and (luminous) base, one after the other. Then apply translucent mattifying powder with an eyeshadow brush to your T-zone only. ■

ASOS Dress.  
I AM BY ILEANA  
MAKRI Earrings.

**LUZ DE LUNA SHADOW**

**KAT VON D**  
Metal Crush  
Eyeshadow in  
Static Age, \$21.

**GIVENCHY**  
Magic Khol  
Eye Liner  
Pencil in  
Black, \$25.

**ESSIE** Nail  
Polish in  
Borrowed  
and Blue,  
\$8.50.

**FROSTED FLICKS**

**LAURA MERCIER**  
Lip Glacé in Bare  
Naked, \$25.

**BECCA** The Ultimate Mascara

**LAURA GELLER BEAUTY**  
Baked  
Gelato Swirl  
Illuminator in Gilded  
Honey, \$26.

**URBAN DECAY**  
24/7 Glide-On  
Eye Pencil in  
Yeyo, \$20.

**ULTIMATE OZONE**  
MULTIPURPOSE PAINTER PENCIL

**EYE LIGHTS**

**BOBBI BROWN** Long Wear Cream Shadow Stick in Greige, \$29.

**FABY NAIL LACQUER**  
Carry On The Pink  
Pride, \$18.

**SEXY STARDUST**

**ELIZABETH ARDEN**  
Crystal Clear  
Lip Gloss, \$14.

**MARC JACOBS BEAUTY**  
The Face  
III Buffing  
Foundation  
Brush, \$48.

**DOLCE & GABBANA**  
Ultra-Shine  
Lipgloss in  
Gold, \$31.50.

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# Tentaciones

Tempting offers, breaking news and cool stuff



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# real talk

## BE A POWER COMMUNICATOR

Your words could be sabotaging your goals. Expert Tara Mohr, author of *Playing Big*\*, says banish these from your vocab stat!

### X "Just..."

We love throwing "just" into sentences: "I'm just concerned that..." "I'm just wondering..." We do this when we're feeling apologetic or awkward, when we're worried about being too forward, when we feel as though what we say has to be justified. Hear how powerful these statements sound without "just" in them: "I'm concerned that..."; "I'm wondering..."

### "Sorry, But..."

There are times when it's right to offer a sincere apology but many women unconsciously apologize for taking up space, saying something, or even asking questions: "Sorry, this is a silly question, but..."

### "I'm No Expert, But..."

You know these: "I'm just thinking off the top of my head, but..." "You've been thinking about this a lot longer than I have, but..." We use these disclaimers out of our conditioning to be humble or because our thinking is in progress, and we want others to know that. But we can convey this without making ourselves look less-than. "Let's do some brainstorming, here are my thoughts." That's very different from using qualifiers that tell your listeners that what you're about to say is likely to be wrong.

### "Actually..."

"Actually, I think..." "I actually disagree..." The word "actually" makes it sound as though you're surprised that you disagree. Linguists call these words—"actually," "just," "almost"—hedges, and research shows low-status people use more hedges than high-status folks.

### "Does That Make Sense...?"

This suggests you *didn't* make sense—not that you expressed complex and novel ideas that your audience might need to think about. You can still check in to make sure others understand by asking in a more direct way, "Do you have any questions or thoughts?", without diminishing yourself.



# WHAT IF YOU'RE NOT OUT?

Between rainbow flags and #pride hashtags (*gracias*, Supreme Court!) it can feel like the whole LGBTQ community is out, loud and proud. But, “Coming out may be more challenging for Latinas,” says psychotherapist Cindy Bink, LMHC. It’s all about traditional *familia*, as in, your Catholic grandparents who have been married for 50 years. Even though “[U.S.] Latinas are exposed to more freedom,” Bink says, “that cultural pressure is still there.” This guide uncovers the realities of coming out—and living LGBTQ within *la comunidad*.

*By MICHELLE RUIZ*

## When should you come out?

“Don’t do it just because it’s Pride Week or because everyone else is doing it,” says Andrés Hoyos, MS, LCSW—a clinical psychologist and a lecturer at the Columbia University School of Social Work—who specializes in the LGBTQ community. Come out because you’ve come to terms with your sexual or gender identity, and you’re ready to share it. If you get the urge to come out when you’re drunk, or because you want to piss off *mami* in the middle of a fight, *cálmate*. “Punishing someone with, ‘I hate you! And, you know what? I’m gay,’ never goes well,” adds Bink.

## How should you prepare?

Above all, be safe: If you’re worried that coming out will get you kicked out of your home, have a backup place to stay, suggests Bink. (If not with a friend, consider shelters, especially those that support the LGBTQ community.) If there’s a history of violence in your family, you may want to come out in a semi-public place like a park or quiet corner of a restaurant to de-escalate conflict, suggests Hoyos. Consider talking to a counselor before you come out to help you deal with stress or anxiety.

## Who should you come out to?

Come out first to the people who might have the best reaction. “The low-hanging fruit,” says Hoyos: Your bestie, your open-minded *tía*, or a trusted doctor. It will help you build support and confidence. “Talking to a conservative *abuela* might require practice,” says Bink. “Work your way up to your *abuela*.”

## How should you do it?

Relatives might get offended and hurt if all 1,000 of your social media followers see you kissing a new Ruby Rose lookalike before you come out to them in person first. “It’s always best to do it face-to-face,” says Hoyos, although Skype, phone, email, or a thoughtful letter might be a good way to start the process.

## What should you say?

Think of it like a sandwich. Start with something positive (the bread): “I’m coming here from a place of love,” or “I’m doing this because I want to be closer to you,” suggests Hoyos. The meat is your actual coming out. Here, stay away from terms that are used in a derogatory way in your culture (“lesbian” can be more charged in some Latino communities). Try phrases that are neutral and easy to understand, like, “I’m attracted to other women.” Finish on a positive note (the other slice of bread): “Thank you for listening to me.”

## What should you expect?

Recognize that your *gente* might not embrace the news right away. “It takes most people a while to accept themselves as LGBTQ, yet we sometimes expect others to be automatically accepting,” says Bink. “Give them at least as much time to adjust to the news as you had.”

## How should you come out at work or school?

Carefully. Acknowledge the risks: Bullying at school, or discrimination, even getting fired from work. “Just because there is a nondiscrimination policy, does not mean it is safe,” advises Bink. Make sure there is legislation in your state or territory that protects your rights (check out [hrc.org/state\\_maps](http://hrc.org/state_maps)). Of course, “Other colleagues may draw you in closer,” says Bink. Bottom line: Coming out is super-personal; do what feels best and safest to you.

## What if someone freaks out?

“Most people who respond negatively may have never met an LGBTQ person. They only know stereotype and prejudice,” says Bink. Especially if they’re *abuelos*, remember that their homophobia may be a product of their times. “The stronger you feel about yourself, the easier it will be for them to adjust in the long run,” says Bink. As for loved ones who are mad if you lied to them, or worried about how the world will treat you, don’t try to answer every concern in the first talk. “Coming out is a lifelong process,” says Hoyos. “It’s not just one conversation.”

## How can you make it easier?

Tweak the conversation to the person you’re coming out to. If it’s your mom who’s concerned with social status, look for people she may know with queer relatives, advises Hoyos: “Hey Mom...Teresa has a daughter who is gay.” If you’re coming out to someone who opposes gay marriage because of religion, suggest they talk to a priest who is also a social worker for advice, or point them to an alternate reading of the Bible. “We shouldn’t try to convince the other about our truth,” says Hoyos. “But we can give them resources to explore their emotions.” PFLAG.org is a go-to for families of LGBTQ people. →

I refused to be someone I wasn't, and I'm happier now

**MARIZOL LEYVA, 25, SISTER OF ORANGE IS THE NEW BLACK STAR, SELENIS LEYVA, WAS ASSIGNED MALE AT BIRTH, BUT SHE ALWAYS FELT LIKE A GIRL INSIDE. AFTER YEARS OF STRUGGLE, SHE'S LIVING HER OWN WAY.**

Growing up in a Cuban family in the Bronx, I didn't know what transgender was. Especially in the Latin community, a boy is a boy and a girl is a girl. But ever since I was little, I felt like I was born in the wrong body. I don't like to share what my name was before, because I would say that I've always been Marizol. I wanted to be girly. I would play in my sister's clothes, or put a T-shirt over my head and pretend it was hair, and my dad would be like, "Take that off. You're not supposed to be wearing that."

High school was horrible. I went dressed like a boy, but people still bullied me: "Why do you talk like a girl? Why do you walk like a girl?" I failed gym class because I wouldn't go into the boys' locker room. I thought being gay was where I was going to fit in, so I lived a gay lifestyle for maybe two years. I dated JR on and off during that time, a very masculine, older guy who looked like Usher. He was checking me out at a Mardi Gras party, and he was so laid back and easy to talk to. He wanted to lock me down. But I was battling with my identity, and something was still missing. I wanted somebody who saw me as a girl.

When I was 16, I met Lulu on MySpace (that was the big thing at the

time). She was a little older than me and just fabulous—she had jet-black, voluminous hair, and she dressed in little shorts like a Harajuku Girl. We met up for pizza in Greenwich Village, and she told me she identified as transgender. She said that meant, basically, when someone is born in the wrong body, and feels like the opposite sex of what they're born as. (Lulu was assigned male at birth.) In that moment, I realized, "That's what I am, too." It answered so many of the questions I had as a little girl. After that, I started meeting a bunch of transgender women. It was like, "Wow, so we do exist. I thought I was the only one." That's when everything started to change for me. Outside of school, with my friends, I started dressing a little more feminine, wearing a little eyeliner, mascara, tighter jeans. New people I met would mistake me for a butch lesbian. I took that as a compliment, because it meant they saw me as female. My dad didn't understand. He was like, "I accept you being gay. But gay men don't dress like this." I said, "But this is who I am." I didn't have that moment where I sat my family down and told them I was a transgender woman. I was scared of their reaction—I'd heard stories that



some kids got rejected and disowned. But my sister, Selenis, always knew. I'm adopted, and from the time I was a baby, she's always been my second mother. I remember when I told her about Lulu, she sat me down at her house, and asked me, "Do you wanna be a woman?" I wasn't ready to say yes. I didn't want to go through all of the bullying, so I dropped out of high school in my junior year. Two months later, I began to dress as Marizol 24/7. I got a long, chocolate-brown wig and my nails done. I didn't do hormones at that point—money was an issue (they can get up to \$400 a month for the shots), and I wanted to be sure first. Hormones are a big decision, and I was scared. Luckily, puberty didn't hit me so hard. I didn't get that much facial hair. But when you first start your transition, you don't fully look female. Before hormones, my jaw was still strong. At first, I got looked at like a crazy person walking around the Bronx. People on the street would say things like, "That's a n---a. That's a man." It hurt, but I held my head up high. As trans women, we always have that worry in the back of our head that we're going to be spooked (called out for being trans) in the streets. You can wake up one day and feel beautiful, but then there are days when you're like, "Oh my god, my arms are too big."

I was scared to leave my parents' house as a full-blown woman, so I would go to my friends' houses and get dressed there. I would sleep at a friend's place half the time. It got to the point where my family and I didn't speak to each other because they still thought of me as the other person, and I didn't want to be dressed as Marizol around them. When I told JR I was transgender, and I was really going to start doing something about it, he said he didn't want to be with Marizol, he wanted to be with the person he met. I said I was still that person, that the only difference would be a physical change. He said if he wanted to date a girl, he would date a "regular" girl.



**SISTER ACT!**  
Marizol, right,  
with sister  
Selenis Leyva.

I was in a really dark place. I remember asking myself, "Why can't I have just been born a girl?" I was drinking, doing drugs, and got kicked out of my house. I spent some time at the Ali Forney Center, an LGBTQ youth homeless shelter in New York. That's where everything became clear. I got to learn from other transgender people, and I had an amazing counselor who helped me get Medicaid assistance for my hormone therapy, which I will be doing forever. I finally felt free. Selenis had been like a mediator, telling my family who I really was, and that I was getting my life together. I don't know what I would have done without her. I hadn't seen or talked to my parents much in about two years when Selenis said, "Come over for Christmas Eve." It was weird, but I was finally ready to show myself. I'd gained so much confidence being in the real world and learning about myself and other people like me.

It was overwhelming—aunts, uncles and cousins were there. But I missed my family, and I wanted them to see how beautiful I looked. For so many years, I felt like I was in a shell. And that Christmas Eve, I didn't feel like I was in a shell anymore. I wore a fitted, black and silver sequin dress and Jeffrey Campbell boots that were so poppin'. My parents were just so amazed that I looked like a female. I think before, when I was dressing like a feminine boy, they worried that people were going to pick on me. That night, they saw me for me. And they saw that I'm still the person who my family raised. My dad sat me down and said, "You're my daughter. I love you." Selenis just ran to me, and we all hugged it out.

It was beautiful, because I wanted to hear that word—daughter. That was the moment he accepted me for who I am. One of my brothers and my younger sister are still coming around; they don't speak to me. But everyone takes their own time with the transition, and I've tried to respect that.

Things still aren't easy. I think all transgender people have the thought, "Am I safe to walk outside? Am I gonna come back home?" I would love to make it as a model or a chef—those are my passions—but I have been unemployed for so long. I applied for a prep cook position and the interview went really smoothly, but two weeks later, I called the manager back and she told me my look was "too strong for a work environment." Right now I'm getting government assistance, and finishing my senior year of high school online. After that, I'm going to go to college and major in culinary arts. I'm meeting with photographers, putting my modeling portfolio together.

Dating is hard—some guys think I'm a genetic girl and when I tell them I'm not, they're not down with it. A lot of guys want to be with you sexually but don't want a relationship because they're scared of how people are going to look at them. They think other people will think they're gay. A lot of the time, when we trans women find someone who does accept us, we think they're the only ones who will, and we have to hold on to them. I was in an abusive relationship—emotionally, physically, verbally—because I felt like I wasn't going to get someone else. Certain men think it's okay to put their hands on a trans woman because we were (physically) born a guy. I finally woke up and realized I wasn't safe, and I needed to get out. I learned that if you feel like you need to hold on to somebody because you think you won't be able to find anyone else, that's a red flag. There's somebody else out there for you. As I get older, I believe this is my destiny. I refused to be someone that I wasn't, and I'm happier now. →



we fell in love  
really hard  
and really fast

DESPITE THEIR DIFFERENCES, COMING OUT AS LESBIANS LED NEW YORK COUPLE **MIREYA GONZÁLEZ**, 23, A FIRST-GENERATION MEXICAN-AMERICAN, NONPROFIT FUNDRAISER AND **AMY HERSHBERGER**, 23, A MEDICAL SCRIBE WHO GREW UP NEAR LIBERAL BERKELEY, CA, TO EACH OTHER.

**Mireya:** I came out to my mom my freshman year at Sarah Lawrence College. I'm an only child of divorced parents, and I'm very close to both of them. I didn't tell her I was a lesbian, I just said I was dating a woman (not Amy) and that I wanted my mom to meet her. My mom supported me...in a very passive way. For example, she adored Amy, but after three years, she was still introducing her as my "friend."

**Amy:** I didn't want to make Mireya's mom uncomfortable by being affectionate in front of other people, but then we were put into a position where we had to act like something we weren't.

**Mireya:** I came out to my dad over the phone, a year after my mom. I cried a lot. I said, "This is something that I've been understanding about myself, and I've been wanting to tell you for a long time." He was loving, but he still struggles with it.

We got in a big argument recently because I work in LGBTQ nonprofit fundraising, and I sing in an LGBTQ choir, and he said, "I get that you're a lesbian, but do you have to be so 'out' about it?" A lot of it comes from cultural experience. He grew up in Mexico City, and he told me about how he was once followed by a gang of gay men who made inappropriate sexual advances towards him.

**Amy:** I was worried her dad wouldn't like me. It's hard to meet your significant other's parents at all, but especially when you have this worry that they may already have an ingrained prejudice against you.

**Mireya:** I met Amy because I was friends with her (now) ex in college. After they broke up, we fell in love really, really hard and fast over a summer in the [San Francisco] Bay area, where we're both from.

One of the reasons I was attracted to Amy was because she didn't wear her heart on her sleeve. We were both out, but I could tell that she had a harder time coming out to herself than to her parents.

**Amy:** I didn't have that moment where I sat my parents down and said, "I'm gay." I dated a girl, and then slowly started referring to myself as a lesbian. My mom did make a comment about how parents of gay children always worry for their struggle, but being outwardly homophobic was rare where I'm from. Being gay was something I had a hard time accepting. Meeting Mireya, somebody who is so passionate, who wanted to share her love for me with everybody around her, taught me about how good it feels to share that love instead of quietly sitting with it.

**Mireya:** I feel like I'm coming out to people every single day—I



wear heels and dresses and look very feminine so people assume I'm straight. I still get nervous that every time I tell doctors I'm gay they won't treat me with the same compassion and care that they would when they assumed I was straight.

**Amy:** I never said, "I'm gay" at work, but every time a new person starts, it's this awkward, "How do I casually slip it in that I have a girlfriend?" I was working in a conservative community recently, and a coworker told me not to tell certain patients I was gay because they would react negatively. It was mind-blowing. But I didn't tell patients after that—it would make my job impossible.

**Mireya:** There's still so much work to be done for LGBTQ equality. But it's hard to not be very excited about the Supreme Court decision legalizing gay marriage. I am a total romantic, and it makes me feel special that my marriage will be recognized. I do want to marry Amy.

**Amy:** It's something that I hope for, but I don't think it's going to happen tomorrow.

**Mireya:** We're still young and discovering ourselves alongside each other. But, you know, I want to have a very pretty wedding somewhere outdoors in California. With lots of flowers! And a fabulous dress. Right now, our big goal in life together is getting a dog!

**Amy:** Mireya stops to point at and talk to every single dog she passes. We can be in the middle of an argument, and she will stop and squeak at a passing puppy. →

# THE GUIDE TO GOING DOWN



## GIVE IT ALL YOU GOT

Not just your tongue. "A lot of people think it's all about just the lucky lucky," says Moon. But real cunnilingus means using your face to apply pressure, and your fingers to stroke her labia, inner thighs, and the mound (the fleshy top part of the vulva).



## THINK OUTSIDE THE CLIT

"The clitoris as we understand it is just the tip of the iceberg," says Moon. Get her going by French kissing around her entire vulva, kind of like you do her mouth, says Moon. A magical move because it stimulates a lot of the skin down there: inner labia, outer labia, the mound and the clitoris.



## STRIPEASE, PLEASE

Warm up by blowing gently on the clit, or licking between the labia and the clitoral shaft.

Then lick directly on the clit or kiss her vulva deeply—and quickly take it away. Repeat a few times and Moon says: "It drives up this wonderful orchestra of sensation."

**NOW FOR THE FUN PART: SEX WITH THE PEOPLE WHO TURN YOU ON! "GIVE YOURSELF PERMISSION TO BE CLUMSY AND SCARED," SAYS ALLISON MOON, AUTHOR OF *GIRL SEX 101*. "JUST BE HONEST ABOUT YOUR EXPERIENCE. SAY, 'I'VE NEVER DONE THIS BEFORE. WILL YOU HELP ME MAKE YOU FEEL GOOD?" YES, PLEASE!**



## PSA! EVERY CLITORIS IS DIFFERENT

Just like snowflakes. So "explore the whole vulva with your mouth to get clues as to what your partner's liking," says Moon. You might dig direct, jackhammerly stimulation, but your lovah might be super sensitive.



## GET HANDSY

Ask her in a sexy voice, "Do you want a finger inside you?" suggests Moon. If she says yes, place the pad of your index finger (the tips can feel pokey) at the entrance of her vagina and slowly ease it in. If she likes it a lot, she'll usually grind down on the finger and squeeze.



## GO FOR THE "FIRM O"

Try this trick from Moon's book, *Girl Sex 101*: Open your mouth into an "O" shape, pressing your top lip at the spot where the outer labia separates, and your bottom lip just above the vaginal opening. Circle the clitoris with your tongue and apply pressure with your mouth and face, creating a "firm O" for her to grind against. Yours won't be the only O in the bed.

# Lesbian Sex For Beginners

As bomb as it is, lesbian sex isn't just limited to oral. "You can have all sorts of different fun, sexual experiences that don't have to involve an erect penis," says Moon.

**Be breast in show**  
Take some time to explore each other's nipples, a.k.a the clits of your chest, slowly circling her whole areolas with your tongue (try counterclockwise and clockwise). It never goes out of style. Go to the next level by getting her nips super wet, then blowing on them gently—it will feel cool, literally and figuratively.

## Dry hump!

This just in: It's actually an art form. "Give yourself permission to really grind on each other's thighs," says Moon. Since there's no rush to P in the V between you minxes, go ahead and prolong the pleasure as long as it feels good.

## Masturbate... together

Sure, it sounds a little crazy. But letting her watch you touch yourself is the best way for her to learn how to touch you herself, says Moon.

# FOUR WAYS TO HAVE LESBIAN SEX



## THE FOXY FINGERS

The woman on top gives the girl on the bottom more intense, G-Spot-focused finger love. Don't limit yourself to "in and out." Instead, make a come-hither motion with your fingers, pressing toward the belly side. To change it up, replace your digits with the **Lelo Soraya, \$199**, [Lelo.com](http://Lelo.com), a G-Spot toy that's worth the splurge.



## THE RACY RIDE

Straightforward and sexy as hell: One of you lies down, the other straddles her face. If you're on top, you can wriggle your way to O, and she can help control your speed by moving your hips. If you're on the bottom, enjoy the fantastic view.



## THE TOY CHEST

One partner straddles the other's lap, facing each other, with your vulvas lined up and your legs spread. Wedge the head of the epic vibrator, **Magic Wand, \$55**, [Babeland.com](http://Babeland.com), in the space between your bodies and ride it at the same time—it's big (and powerful) enough for two.



## THE BOOTY BEAUTY

One of you gets on all fours, the other goes down on her from behind. It's a slightly tricky, intermediate move: Your nose is basically penetrating her vagina, while your tongue reaches for her clitoris. The angle feels incredible for the receiver, the giver gets closer to their partner than ever. Both of you feel like sex goddesses! ■

More Latinos than ever are enrolling in college, but we're missing out on a big chunk of free financial aid that's up for grabs. Here's everything you need to know about funding your education.

By MARIDEL REYES

# Show Me The Money

## Financial Aid 101

ONCE YOU GET ADMITTED, YOUR SCHOOL WILL GIVE YOU AN AID PACKAGE WITH A COMBO OF THE FOLLOWING:

### FEDERAL FINANCIAL AID

To receive federal aid, students must complete the FAFSA (Free Application for Student Aid) at [fafsa.ed.gov](http://fafsa.ed.gov). Federal aid usually includes grants such as Federal Pell Grants and Federal Supplemental Educational Opportunity Grants (think of them as free money since they typically don't have to be repaid), work-study (part-time student jobs), and loans.

### STATE AID

If you go to school in your home state, you'll qualify for lower in-state tuition and education grants. If you apply for the FAFSA, you are also automatically applying to receive certain state government aid.

### INSTITUTIONAL AID

Colleges and universities (public and private) give grants to students based on their financial need or academic record to help cover all or part of their tuition.

### SCHOLARSHIPS

This is a monetary gift (ka-ching!) that's awarded based on a combo of factors including grades, skills, interests, and need. Everyone, from NASA to Target, offers thousands of scholarships to students who qualify each year.

### PRIVATE LOANS

Provided by a bank, credit union, state agency, or school, they tend to have higher or variable interest rates than federal loans.

### Your Student Loan Checklist

Before you sign on the dotted line, make sure you've done your homework. You should know the answers to the following questions:

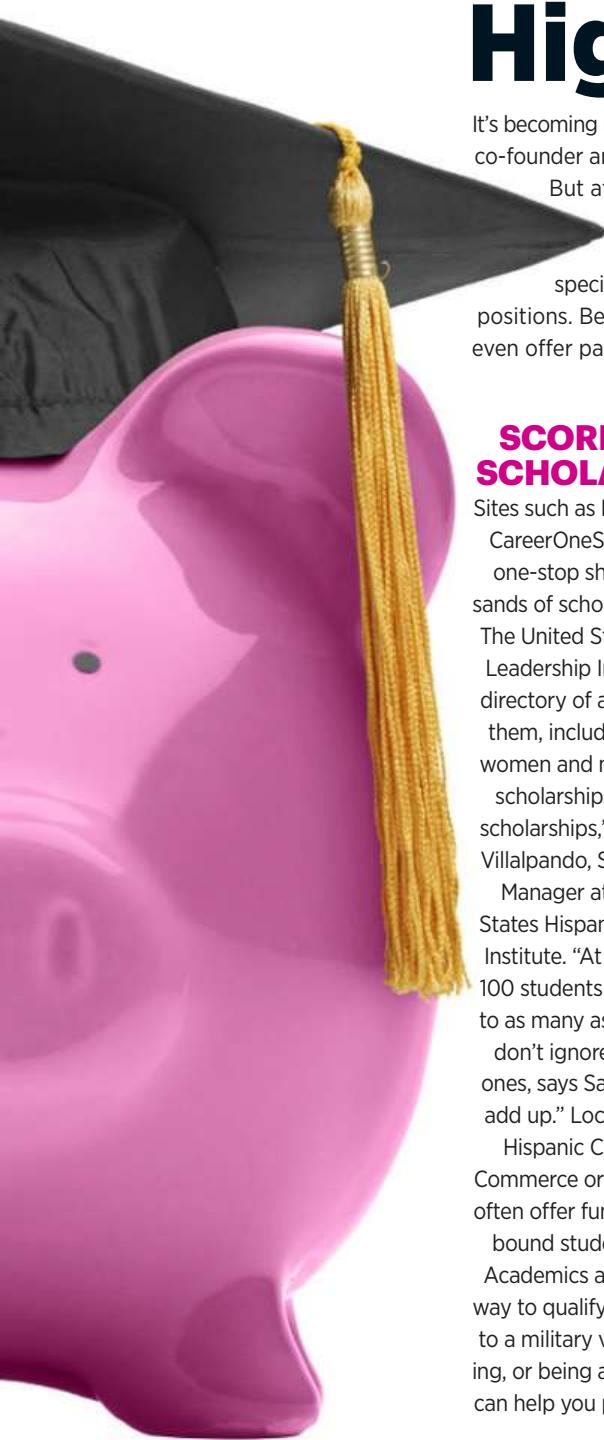
#### Is it a grant or a loan?

When you get your financial aid package, make sure you understand how much of it is a grant and how much is a loan. Many people wrongly assume that the entire aid package doesn't have to be repaid at all.

#### Is it a federal or a private loan?

The main differences between the two are: Most federal loans don't require a credit check, have a fixed interest rate, and don't have to be repaid while you're a student. Private loans may require payment





# Higher, Higher Ed:

It's becoming more and more important to get a post-bachelor's degree, says Deborah A. Santiago, co-founder and Vice President for Policy at *Excelencia in Education*, a nonprofit advocacy group.

But at the federal level, loans are the only option. Full scholarships are rare, but some organizations like the Ford Foundation or the Spencer Educational Foundation do offer them. At many schools, aid is given by academic departments or the specific graduate school. Ask someone in your department about research assistant (RA) positions. Being an RA means you'll get your full tuition paid for, plus a stipend. Some schools even offer part-time jobs and tuition remission as a benefit for working there while you study.

## SCORE THAT SCHOLARSHIP!

Sites such as FinAid.org and CareerOneStop.org are a one-stop shop for thousands of scholarship listings. The United States Hispanic Leadership Institute has a directory of about 1,300 of them, including many for women and minorities. "All scholarships are hidden scholarships," says Victoria Villalpando, Special Events

Manager at the United States Hispanic Leadership Institute. "At most, maybe 100 students apply." Apply to as many as possible and don't ignore the smaller ones, says Santiago: "They add up." Local groups like

Hispanic Chambers of Commerce or Kiwanis Clubs often offer funds to college-bound students in need. Academics aren't the only way to qualify. Being related to a military vet, volunteering, or being a vegetarian (!) can help you pay for school.

## A "Non-Traditional" Student?

Students enrolled in a community college or vocational school, those going to school part-time or online, or students who take night classes while working full-time will find financing more complicated. "Non-traditional students have to be their own advocates," says Santiago, who suggests becoming BFFs with the staff at the financial aid office of your school. Ask about payment options such as installment plans and paid internship opportunities. And if you're working, make the case for why added education would help the company and ask your employer to support or subsidize your tuition. Dig into your company's employee handbook to see if tuition reimbursement is a benefit, and then, follow up with a supervisor. Even if it's not mentioned in the HR info, your employer may still consider it a way to invest in you as a valued employee.

Undocumented students are not eligible for federal grants, but they can qualify for private scholarships and grants. However, 19 states allow undocumented students to pay in-state tuition rates. California, Minnesota, Texas, Washington, and New Mexico will allow these students to receive state financial aid. And you can always apply for scholarships that don't require proof of citizenship or a social security number. ■

immediately after graduation, can have a variable interest rate, and often require that you have established credit, which means you'll need a co-signer (like your parents), who is responsible for the entire amount you borrow (and the interest) if you default.

### How much do I need?

If you're taking out a private loan, make sure the amount you borrow is the exact amount you need and not much more (no spring break money!) since the loan accrues interest, says Santiago.

### What's the interest rate?

Shop around for lenders to see who will give you the lowest rate. The better your parents' credit, the less money you'll have to pay in interest.

### Do I understand the terms of the loan?

You should know when you're expected to start paying back the loan, what your monthly payments will be, and any fees that apply.

# INTERVIEWS JUST GOT *Weird(er)*

More and more companies are using strange tactics to weed out candidates—here's how to be prepared no matter what they throw at you.

By KATE RUSSELL

Job interviews have had a serious makeover. The days of the one-on-one, face-to-face, fairly straightforward chats are long gone—these days, you're likely to be asked to jump through more hoops than a circus tiger.

With fast-moving millennials making up a large portion of the job market, there is a lot of turnover. It's costly to lose good talent so companies are looking for new ways of finding the perfect fit, says The Hartford's Millennial Workplace Expert, Lindsey Pollak. "Group interviews, daylong interviews, are happening because people are trying to make the best hiring decisions they can," she says. "The move towards innovative interview styles, such as throwing in curveball questions, is a growing trend," adds Habiba Khatoon, an associate director of



**Q** IF YOU WERE AN ELEPHANT WHAT WOULD YOU DO WITH YOUR TRUNK?

## Killer Questions

Real questions asked by real companies. And you thought your interview was tough...

"WHAT DO YOU DO WHEN THERE IS NO ANSWER?"  
MICROSOFT

"HOW MANY DOGS IN THE WORLD HAVE THE EXACT SAME NUMBER OF HAIRS?"  
CAPITAL ASSET EXCHANGE & TRADING

"WOULD YOU RATHER FIGHT A HORSE-SIZED DUCK OR 100 DUCK-SIZED HORSES?"  
BHP BILLITON

"HOW MANY BASKETBALLS CAN YOU FIT IN THIS ROOM?"  
GOOGLE

"HOW DO YOU FIT A GIRAFFE IN A FRIDGE?"  
UBS

"HOW MANY WAYS CAN YOU GET A NEEDLE OUT OF A HAYSTACK?"  
MACQUARIE BANK

a recruitment firm. "Thanks to improving technology, for example, Skype, employers don't want to slow down the process, so new options are being explored all the time."

"When you have a strong pool of candidates, quirky interview styles are a great way to distinguish between them. And companies are looking for rising stars, when everyone's good on paper, you need a way to draw out the very best," adds Khatoon.

But don't be too alarmed—Khatoon assures us this can be a great opportunity. "These interviews allow you to show your personality," she says. "Even if your qualifications aren't the best, you can prove you have the mental agility and other traits they're looking for. The type of interview they choose and the questions they ask will also give you more of an idea about the culture of the company, so you can decide if it's really for you."

## VIDEO INTERVIEWS

"Skype interviews are increasingly popular," confirms James Innes, author of *The Interview Book*. "In fact, that's how we do most of our interview coaching."

Martina\*, a sales account manager, recently faced an interview via video. "The questions were pre-recorded, and I could only see *my* face on screen, which made me overly conscious of every movement I made," she says. "After each question, there was a countdown from 10 to one before it started recording—cue mad panic if I hadn't thought of something by 'three.' It was awful—that's more stress than anybody needs."

If you *are* offered a non-face-to-face interview, treat it the same way as a normal one, advises Innes. "Dress confidently, be prepared, and smile. Make sure you're in a quiet space where you won't be disturbed and be careful about what's in the frame—a pile of laundry behind you doesn't give the right impression. Check the technology and make sure it's working. If it does fail, it's all about how you handle it. Offer to call and speak over the phone, or rearrange—but don't start getting annoyed, swear, or lose your temper."

## THE CURVEBALL QUESTION

These tricky questions were made famous by Google, but now more than half of all companies use them. You know the ones: "How many bricks are there in the world?" "If you were an elephant, what would you do with your trunk?" No, we don't know either.

Luckily, not knowing is the point. "There's no right answer—the objective is to see how creative you are and how you think on your feet," explains Krissie Davies, Operations Director at ManpowerGroup UK, an international recruitment firm. "Practice with friends so you're less likely to get flustered. Use logic and creativity, and don't let it throw you—the worst thing you can do is clam up."

## THE PANEL INTERVIEW

Despite the unshakeable feeling that you're walking in front of a firing squad, companies don't put you in

## COMMON INTERVIEW QUESTIONS AND HOW NOT TO ANSWER THEM

Headhunter Alison Ryan reveals what makes interviewers' eyes roll and what to say instead.

### What are your weaknesses?

"Don't say you're a perfectionist—it doesn't wash. Be honest and follow up with how you've learned to overcome it. For example, if you know your organizational skills could be better, admit it and say, 'I now make proper notes and prioritize.'"

### Why did you leave your last job?

"Whatever you do, don't say it was boring or you hated your boss.

If it was boring, say you didn't find it challenging, then explain why this role is appealing to you. Don't dwell on it and always refer back to the current interview."

### Do you have any questions for me?

"Always have questions prepared about the team, the role, or the company. If you've already got your answers, say, 'This has been a very detailed discussion—but can I come back to you if I think of anything else?'"

front of a panel to spook you. "Usually, it's because they genuinely want everyone's opinion—simple as that," says Alison Ryan, a divisional manager at a headhunting firm.

Lots of interviewees single out the most important-looking person and address them—but Ryan says this is a mistake. "Everyone's there for a reason, so make eye contact with them all. You can't always tell who the most senior person is—the quiet one in the corner could be the CEO."

If you're worried you'll fidget, take a pad and pen to hold—you can write down questions on there too, just in case you go blank. Take copies of your résumé to refer to and ask for a glass of water—you can take a sip to buy time. There's nothing wrong with a thoughtful pause before you answer.

## THE OBSERVATION ROUND

You're in a group, and you're being watched—think *Shark Tank*, but an even tougher crowd. "We used this technique when hiring helpers for the Olympics," says Davies. "It's very effective when you have hundreds of applicants. Employers want to see if you can think on your feet and work to a time limit while being observed. There isn't really a trick to this—it's hard to be anything but yourself. But don't hog the limelight, manage your time carefully and make sure you complete the task. You need to be careful not to dominate entirely while not fading into the background either." ■

\*Names Have Been Changed.

# LETTER TO MYSELF ABOUT TO LOVE



**Mirtha Michelle Castro Marmol** reflects on love one year after her best seller hit the stands.

**D**uring a signing for my first book *Letters, To The Men I Have Loved*, a fan asked, "What will the sequel be about?" With a smile, I quickly answered, "About decisions because life is about decisions." My first book was more of an art project that turned into an unexpected success. But a certain amount of pressure comes with writing a sequel. I calm my mind by telling myself that I will continue to let my heart do the writing. The main difference between the second time around and the first is that my heart is stronger and no longer shattered with poetry exploding from my veins. I am now much wiser in the decisions I make regarding matters of my heart in comparison to how vulnerable I was then and how I used to love.

## GREAT EXPECTATIONS

Years ago, a friend told me that my problem in relationships was that I loved “too hard.” But you see, “hard” was the only way I knew how to love. Anytime I was given the chance at love, I considered it a gift. I still do. Now that I’m more experienced with matters of the heart I often ask myself, will I love with the same fervor again? Will I give myself selflessly again? Truthfully, after experiencing a number of heartbreaks my heart became more guarded. Deep inside I was tainted, and my energy was forever changed. I was no longer naïve to people’s true intentions. I learned that heartbreak occurs when too many expectations exist. Unfortunately, those expectations tarnish the idea of romantic love and shine a light on the reality of love. Thankfully, my idealistic nature has continued to provide me with the hope of falling madly in love again and, at times, has saved me from becoming cynical. Yet to be an idealist is both a gift and a curse. We romanticize the small details, fantasize on moments not yet lived, and infatuation takes us to such an exhilarating state that we convince ourselves we are indeed in love. It can feel so good that many times I found myself chasing a feeling without thinking of the consequences. The excitement, the breathlessness, the desire, and the chemistry are powerful enough to blind anyone to the point where you’ll risk everything. After all, the idea of love is the most intoxicating and powerful drug there is. Then, one day we wake up from



**“We romanticize the small details, fantasize on moments not yet lived, and infatuation takes us to such an exhilarating state that we convince ourselves we are indeed in love.”**



our trance and realize that those are only the symptoms of falling in love. Staying in love is a whole other ball game. It sometimes consists of arguments, mistakes, disillusionment, incompatibility, and deception. And that’s the hard part that we’re never trained for, but it’s also the part that has made me wiser.

## EVERYDAY EFFORTS

My parents have been married for nearly 37 years, which is a rarity in today’s micro-wavable society. Of course, many assume they are simply used to each other and have a nice calm suburban life, that the idea of separating would seem absurd and pointless. But no, they are still together because they truly love each other. When I was about 12-years-old, my mother passed out in the tub while bathing. When my dad found her he panicked, screaming and yelling for me or one of my siblings to call 911. My mother was unconscious for a moment, and although she was in an ill state, my father was the one on the floor on the brink of a heart attack. That day I learned that, besides being very dramatic, my father could not live without my mother. His love for her ran so deep that their souls were entwined. Their commitment to each other was superior to any marital disagreement, financial tribulation, and beyond any fickle romantic idea of what we fantasize love to be. They aren’t perfect, but their example taught me that real love deals in high stakes and how much of your ego you can leave at the door. Real love is about a personal decision to make an every-

day effort to stay together for better or for worse, for richer, for poorer, in sickness and in health. Unfortunately, many people choose to check off the “irreconcilable differences” box once the excitement and chemistry begin to fade. It’s easier to give excuses as to why love fizzled than to admit you allowed it to fizzle. Love is like anything else in life: It’s always easier to quit than to persevere.

## A VISION QUEST

I’m still waiting for that type of love, the type my father has demonstrated with my mother throughout the years. I’ve looked within and realized that I have to make certain decisions in regards to the type of men I give my love to. Not because the men in my past didn’t love me (because I know they did) but because some people love differently. I have my own vision of what love is. Perhaps it seems outdated and unrealistic, but for me it’s what has inspired me to keep going. It is that vision that has fueled me after each heartbreak; I will never sacrifice it for another’s ideology. When you have a vision you must align yourself with other people that share it. I need to be with a man who complements my views on love, and my heart tells me that someday he’ll find me. I now understand that depends on the decisions I make today, on the men I choose to give quality time to, and how I prepare myself to receive the love I yearn for. Success in love, like everything else, happens when preparation meets opportunity, sprinkled with a little luck, of course. Luck we can’t control, but you gotta have faith. ■

# WHEN SHOULD

You can't have your way all the time, but you can't be a doormat either. Here's how to walk the line.

By ANNA BRESLAW

A few weeks ago, I stood at the very back of a dive bar at 2 a.m. on a weeknight, texting and wincing through a "British electronic solo project" loud enough that free earplugs were handed out to everyone. (I seemed to be the only one who put mine in.) A few rows up, my boyfriend and two of his friends enthusiastically head-nodded and danced in the crowd. If it were up to me, I'd be fast asleep in my blissfully silent bedroom. But this wasn't about me: It was about us. More specifically, it was about compromise.

The idea of compromise may not be romantic, but tellingly, its origin is: A blending of the Latin words for "together" and "promise." As in, "I promise if you watch *The Bachelorette* with me, I'll make a giant platter of beefy nachos for your whole fantasy football league." The art of compromise is necessary to make an adult relationship work—but it's not always clear-cut. **When do you stop** being a "team player" and start losing yourself?

"I once dated someone who had an opinion on every outfit I wore, or the presumed intention of every male friend I had, and he was so controlling that I compromised way more than I should have," says Taylor O., 26. "I would skip outings with friends so that my boyfriend wouldn't have to be 'forced' to spend time with them. Or, I would agree to things I knew would never happen, like moving in with him, to keep the peace until I either came around to the idea or he forgot we'd discussed it. There's definitely an apologetic, blame-accepting instinct in women that I've had to fight myself over."

"Women tend to compromise too often, for too long, and then they start feeling resentful," says Dr. Ty Tashiro, relationship counselor and author of *The Science of Happily Ever After: What Really Matters In The Quest For Enduring Love*. Lingering traditional gender roles have much to do with it.

"I sometimes feel like I have to go the extra mile to explain to my boyfriend why it's important to compromise," admits Ariel N., 26, who has a child with her boyfriend and another on the way. "You become a family—and Latinos know family is everything—so even the smallest things like 'Where do we spend Christmas this year?' can turn into an argument."

Ariel ended her previous relationship because her ex-boyfriend didn't want her moving to New York for her job—instead, he wanted her to move in with him to be closer to his family. "It felt very sexist to me. I was focused



CHRIS CLINTON

# COMPROMISE



OMISE

on my future, and he was suggesting I take it down a notch and focus on family while he did the work." It wasn't the only reason they broke up, but to Ariel, asking her to sacrifice her career was a huge red flag, something she considers non-negotiable. "Now I have my dream job, and I'm having my second kid. So, bye."

Healthy relationships require the implicit faith that all compromises will break even. Michelle R., 33, credits the success of her marriage to her and her husband Daniel's willingness to share every household responsibility. "We are equal partners in raising our daughter and supporting each other's careers, and we both unload the freaking dishwasher."

There's even more trust when it comes to "big-ticket" compromises. For example, Ariel wanted to enroll their daughter in a religious school, and her boyfriend preferred a public school. In the end, she says, "We agreed on a non-religious private school that's awesome."

"Someone might say, 'I'll work now and support you as you follow your dreams,' but the assumption is that the pendulum will eventually swing back the other way," says Tashiro.

This is something Michelle practices with her husband. "Daniel really wanted to go to a Grateful Dead concert in Chicago over the Fourth of July weekend, which meant taking care of our baby without his help," says Michelle. "But I knew it was really important to him so I said I was okay with it."

Alas, there's no objective way of knowing which battles you should and shouldn't be picking. Tashiro says that it can be helpful to distinguish between something you just don't like, and something that's actually unfair. If you simply don't like it, that could be worth a compromise—for instance, you'll go camping with him if he'll go to your high school reunion with you. But if it's truly unfair—like if he wants to spend the entire summer on a camping trip—it's better to put your foot down than to stay silent. "Trust your instincts," says Tashiro. "If you think it's unfair, it probably is."

Since learning to stand up for herself, Taylor's relationships—and taste in dudes—have improved tenfold. "Chris, my current boyfriend, asks for compromise on a level that isn't selfish or paranoid or judgmental—and that makes it not only doable, but enjoyable. Recently, when I was sick, he took a day off from work to make sure I didn't throw up all of my internal organs and die. The odds of me actually dying were slim, but having someone other than your parents take a professional hit for your wellbeing is nice. I realized that there was little I could do for him that would make me feel like I was being taken advantage of, because he's willing to make me a priority. I'm not likely to compromise on priorities like my career goals and my relationship with my family," says Taylor. "That being said, I don't think Chris would ask me to." ■

# LET'S TALK SEX

Got a question? Our expert has an answer.

**Q I'm not sure how to give a proper blowjob. I keep wondering if my technique is right. For a long time I was trying to put the whole thing in my mouth, then suck on the end. Is that the proper way to do it? Can you give me other tips?**

— ANABELLE MALDONADO,  
SAN FRANCISCO, CA

**A** Not all penises are created equal, *chica*. Every body is different so what works for one guy won't turn another one on. In this case you'll have to just ask! Sexologist Dr. Tanginika Cuascud does recommend taking it slow. "Build up the excitement by slowly taking him to a frenzy." Foreplay is important too—kissing his thighs and the area around his penis will drive him nuts. It's also critical to apply enough pressure with your lips. And while you're certainly not obligated to deep throat, if it turns both of you on, I say rah-rah-rah! And no matter what any person advises you to do: No teeth! Keep your chompers out of this equation.

**Q I don't like anal sex, but my partner does. I feel like it's unsanitary and it hurts. Is there any way to make it more pleasurable for me?**

— VICKY FERNÁNDEZ, DALLAS, TX

**A** Oh, the butt sex quandary—such a common issue among couples. While you're in no way required to do anything you don't enjoy, there are ways to ease into anal, if you know what I'm sayin'. The anus has thousands of nerve endings, so it has the potential to be gratifying. I once went to a porn expo and got some excellent tips from a panel of professional ladies. The key, they said, is to have clitoral stimulation while you're being penetrated. I suggest having a vibrator handy to do it yourself. You can also try different positions that will maximize your pleasure. Doing it on your side, for instance, may feel more comfortable than the classic doggy-style position. As far as the hygiene, you may want to use an enema before sex to avoid any mishaps. Definitely use a condom to avoid infections because it's considered a high-risk activity. And, of course, always use copious amounts of water-based lube.



Erika L. Sánchez is a poet and writer living in Chicago. Her work has appeared in *The Guardian*, Al Jazeera, *Rolling Stone*, *Salon*, NBC News and many other publications.



**Q I am heterosexual but get turned on by girl-on-girl porn. Is that weird?**

— SORAYA RAMOS,  
QUEENS, NY

**A** Not weird at all! Unfortunately, we are conditioned to believe that sexuality is static and definite. I'm married to a man, but I would never identify as "straight." I find the label boring, restrictive, and misleading. We don't have to live in binaries because sexuality is fluid and complex. According to results from the National Survey of Sexual Attitudes and Lifestyles in Britain, the number of women with same sex partners has increased from 1.8% to 7.9% in the past 20 years. You might become part of the trend. Perhaps you're bisexual, heteroflexible, or something else entirely. It's really up to you to decide. Regardless of the label you choose, there ain't nothing to be ashamed of—you gotta do you! You should definitely explore this desire. You have the right to indulge your appetite.

**BROTHERS**

I met this photographer online and wasted no time meeting face-to-face. We hit it off and talked for over an hour. He was funny, cute, and easygoing. We made plans to see each other again, but when we swapped numbers I noticed his last name, and we both realized I'd dated his younger brother. We never saw each other again.

— LISA, PASADENA, CA

**THERE WILL BE BLOOD**

I met a guy on OkCupid. He was super cute and funny so I was game when he suggested biking along the lakefront. Everything was going well. We stopped for ice cream, had a great conversation...in my mind we were already married. All of a sudden, I was blindsided and hit by a car. I passed out for a minute but was ultimately fine. A crowd gathered to help, minus Mr. Wonderful, who took off! A week later, he gave me a lame excuse about how he panicked thinking there might be blood. I told him if I ever saw him again, there would be.

— ERIN, CHICAGO, IL

**THE HANDYMAN**

I had been talking to this guy I met on eHarmony for a couple of weeks. He was very complimentary and really listened. In one of our chats, I mentioned I did Pilates. The first time I met him was at his house (yeah, don't do that) and in his garage, he'd built a Pilates Reformer...for me...before we had even met. I got the hell out of there.

— JENNY, CHICAGO, IL

**PRUDE DUDE**

A guy I'd met online seemed like the perfect gentleman, always polite and very soft-spoken. He suggested dinner, and I agreed. He even picked me up from work. We had a really nice dinner, talked about our families, school, and our favorite movies. I was having a really good time until he suggested going back to his place, which I wasn't comfortable with. I suggested we stay and have a drink at the bar instead. He lost it! He called me a prude and walked out, leaving me with the bill and no car!

— APRIL, LONG BEACH, CA

**JUST THE TIP**

I met a guy on Nerve.com and thought I'd struck gold: He was witty and charming. We went from online messages to phone calls to a meet up for an awesome coffee date. At the end of the night, as he walked me to my car, we passed an alley. He stopped to kiss me and then suggested we stop in the alley so he could "just stick it in real quick." I told him just where he could stick it and walked off. What a letdown.

— LESLIE, NEW YORK CITY

**DOH! NUT**

My first week trying online dating I met a guy, and we began chatting. After the fourth day we decided to meet for dinner. When he arrived at the restaurant, I noticed he had a plastic bag with him. He ran in before me, took something out of the bag, and put it on my seat. It was a donut; not the ones you eat, but the ones you use when you have hemorrhoids. I asked, "Is this where you are sitting?" He said, "Oh no, that's for you."

I want to make sure your 'precious' doesn't get too hot with these leather chairs." I didn't know what to say. I stayed and had dinner but wondered why in the world he'd want a cold vagina.

— ELIZABETH, PARAMOUNT, CA

**ONLINE DATING DISASTERS**

You think YOU'VE had bad dates? These women have got you beat.

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and  
Conditioner



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An exclusive micro-enriched protein formula that cleans and fortifies with moisturizers and emollients leaving hair soft and shiny.

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## AVOID THE AWKS

Going to a party solo? Follow our tips to get you "in" with the crowd.



Make eye contact with anyone standing alone—smile and introduce yourself.



Help the host; it'll give you something to do, and he or she will introduce you around.



Pile on the compliments—it'll get the convo going.



Have funny stories and talking points ready.



Shimmy up to a dancing group.

**tu vida mejor** | FRIENDS

Get Back Your

# FRIEND



She's been your main *muchacha* since you were *niñas*, but lately you're just not that into her. Your time together feels awkward, tense, or just plain boring. Shasta Nelson, CEO of GirlfriendCircles.com, says don't worry: This is normal. Research shows we replace half our *amigas* every seven years. "Our relationships ebb and flow through our entire lives," she says. But don't be so quick to blow off your bestie. "We've been inundated with the advice that if a friendship isn't completely positive it's not worth it, which is so damaging. Now we have a slew of lonely women who don't have close friends," says Nelson. Here's how to get your mojo back!

# MISTRY

By SARA ECKEL

## The Issue

### "WE'RE SICK OF EACH OTHER!"

Since she was 15, Natali Gil always felt lucky to have a close clique of *compañeras*. But by her late 20s, just chilling at restaurants and each other's apartments was getting stale. "We were having the same conversations—talking badly about people, bickering about the same old things," she says. Therapist Christine Gutierrez says that many women put friendships on autopilot, not realizing that maintaining them takes work. "We watch movies and get perceptions that friendships are roses and butterflies all the time, but that's not the reality."

## The Fix

### START DATING

What works with your *hombre* also works with your GFs: Ditching your usual routine and going on a rad adventure will ignite your pleasure centers and bring back *el fuego*, says Gutierrez. Natali and her friends mixed it up with wine-tastings, jazz nights, and backyard bashes. They not only had a blast, they updated their outdated ideas of each other. For example, Natali had no clue her friend Katie loved country music until a jazz set took a twangy turn. "We saw how we'd all grown and changed—and remembered why we love each other's company so much."

### "OUR LIVES ARE TOTALLY DIFFERENT"

Alexandra Forero loved the tight group of girls she grew up with in Los Angeles. They shared her love of *fútbol* and Selena—the friends even started a tradition of going out for pizza on the anniversary of their idol's death. But after Alex went to college in Boston, she got a cool reception from some of her L.A. girls when she came home to visit. "Some were very judgmental of the 'gringas' I had befriended," says Alex. While she insisted that she was still the same *chica* they always knew, in truth she was changing and expanding her world, and she felt a deep divide.

### GO DEEPER

"There are things we will always have in common and certain experiences that we will not," says Alex. "We find value in the things that matter to each other." For Alex, a lonely Cinco de Mayo in Boston convinced her that she needed to be around her peeps who understood the holiday was about more than margaritas. After college, she moved back to L.A. She's still pursuing a marketing career and loves the Red Sox, but on the weekends, she hangs at big family parties in her old hood. And every March, she and her pals honor the Queen of Tejano with a big pizza pie.

### "WE NEVER TALKED ABOUT THAT...THING"

When Sheila Rodriguez's college roommate graduated a year before her, it seemed like no *problema*—especially after Melissa got hired as the assistant coach of Sheila's softball team. They could still hang! That didn't happen. In her new role, Melissa wasn't allowed to socialize with undergrads, and she froze Sheila out, refusing to even crack a joke with her. "We couldn't communicate like friends anymore," says Sheila. "After my graduation, the friendship was 'free,' but it wasn't the same." After a while, Melissa stopped returning Sheila's calls.

### HAVE THE CONVO

"When it comes to romance, we talk about it. We say, 'This isn't working for me.' With our friends, we just try to put up with it, and that's one of the worst things for a relationship," says Nelson. Luckily, the duo got a second chance four years later, when they agreed to carpool to a friend's baby shower. Sheila just put it out there: "Why didn't you return my calls?" Melissa wasn't sure what to say—things had been weird for so long. But as they talked through it, they quickly returned to their pre-rift selves. "True friendship never leaves your heart," says Sheila.

## WHEN IT'S EL FIN

### She puts you in a funk

Whether she uses subtle digs or harsh insults, if seeing her always makes you feel *mal*, it's time to say *adiós*.

NOT ALL FRIENDSHIPS CAN BE RESUSCITATED—AND THAT'S OKAY. HERE ARE THREE SIGNS IT'S TIME TO MOVE ON.

### There's nothing there

When you were 10, you shared a love of the Spice Girls, but if that's the last time you bonded, it's time to let it go.

### She doesn't try

It takes two to revive a flatlining friendship. If she's not into it, no amount of work can change that.



# THE RESORT OR

Whether you want to decompress with the *mujeres* in Mexico or discover

## HACIENDA ENCANTADA, CABO SAN LUCAS, MEXICO

A MEXICANO-OWNED SEASIDE RESORT IS THE ULTIMATE LUXE GETAWAY: WITH SUNSET DINNERS, ALL-INCLUSIVE 4-STAR MEALS, "MEZCALOTERAPIA" BODY WRAPS, AND A DEVASTATING SWIM-UP BAR, YOU'LL NEVER WANT TO LEAVE.

### WHAT TO EXPECT

A gorgeous estate on a remote cliffside, La Hacienda makes for the ultimate splurge getaway. Spend a perfect day lounging by the infinity pool then head to local, laid-back bars and music venues at night. The package here even includes a free ride to town.

### WHEN TO GO

Animal lovers will adore January-March's whale-watching season, when majestic humpbacks arrive to find mates, but this is when prices are highest, so book early! Deals are offered from June-September. While August and September are when prices are cheapest, it's also rainy season when hurricanes are known to hit. Mid-November might be the sweet spot, when you can hob-nob with the hottest directors *mexicanos* at the Los Cabos International Film festival.

### THE LOWDOWN

Tucked in the cross-roads of the Sea of Cortez and the Pacific Ocean, "Los Cabos"—which refers to sleepy San José del Cabo and the more hopping Cabo San Lucas—is a world-class destination for everything from snorkeling to wakeboarding. A more relaxing and upscale answer to Cancún, it's also home to Sammy Hagar's Cabo Wabo Cantina, and a charming mix of familiar and original local restaurants on the Cabo San Lucas marina. Perfect for a fun *chicas* weekend, a getaway with your man, or even a *familia* reunion.

### BRING BACK

Stop by the Cabo San Lucas boardwalk for everything from Cartier to gorg local statement pieces. Our pick: Hacienda Encantada's savory Mezcal. (See their in-house recipes to the right!)

### THE LOCAL DISH

#### SEABASS CEVICHE

##### Ingredients

½ lb. fresh seabass	2 tsps oregano
½ cup chopped onion	2 tsps oregano
¼ cup chopped	2 tsps oregano
Serrano pepper	2 tsps oregano
1 cup chopped tomato	½ cup lemon juice
½ cup chopped cilantro	Salt to taste

##### Directions

Cube fish and marinate it in the lemon juice for 8 minutes. Drain the fish and mix it with all other ingredients. Season with salt and additional lemon juice, to taste.



### THE LOCAL DRINK

#### MEZCAL MOJITO

##### Ingredients

15 oz mezcal	Chopped cucumber
6 basil leaves	Sparkling water or seltzer
3 lime wedges	Slice of lime for garnish
2 tsps sugar	

##### Directions

Muddle basil, lime, and sugar in bottom of tall glass. Fill with ice and chopped cucumber. Pour in mezcal and fill to top of glass with sparkling water. Stir and garnish with an additional slice of lime.





# ADVENTURE

with your *novio* in Peru, we take you to the perf destinations to do so.

## AMAZON RAINFOREST, PERU

A RIVER CRUISE IN THE AMAZON IS A FAB COMBO OF ACTION AND ROMANCE. HE'LL DIG THE "INDIANA JONES" EXCURSIONS, AND YOU'LL LOVE THE SEXINESS OF THE SCENIC AMAZON, AS YOU CRUISE ALONG THE MOONLIT WATERS.

### WHAT TO EXPECT

Skirting the river's edge in search of wildlife, swimming in the *rio* with pink dolphins, walking across suspension bridges in the jungle, and kayaking amongst piranhas, are some of the thrills you can expect. While on board, boozy *bebidas* and entertainment await, when you're not sunbathing.

### WHEN TO GO

There are two seasons in the Amazon: Dry, June to October, and rainy, November to May. If you're more about land exploration and getting up close with the rainforest's creatures, opt for the dry time, when the trails and paths are accessible. During the rainy period, seek wildlife via speedboat, while sipping a *cerveza*. Get there via LAN airlines, by flying into Iquitos, where a guide picks you up and transports you to port.

### THE LOWDOWN

There's no better way to explore the Peruvian Amazon—which covers 60% of the country—than through a river cruise. The Delfin I, a luxe vessel that sails out of Nauta, features four panoramic view terrace suites—two with whirlpools, that are posh and private. Plenty of spots to get your *besos* on, with a pisco sour in hand as you take in the sights. The best thing about this all-inclusive *viaje*? Everything is planned out by the exceptional crew, from daily expeditions to traditional meals like *causa* and *ceviche*, so you and your boo can kick back and enjoy.

### BRING BACK

Pick up jewelry and crafts of woods, seeds, and palm fibers, handmade by natives when visiting local *pueblos*. A chic memento of your trip, and you'll help empower villagers.

## THE LOCAL SNACK

### CANCHA SALADA

#### Ingredients

2 cups *maíz chulpe*  
(dried corn)  
2 tbsps vegetable oil  
2 tsps salt



#### Directions

In a pot, heat up oil over high heat. Add corn and stir constantly until it's golden and starts to crack on the surface. Put in a bowl, salt to taste.

## THE LOCAL DRINK

### PISCO SOUR

#### Ingredients

2 oz of pisco  
Juice of ½ a lime  
2 tbsps sugar  
1 tbsp egg white  
¼ cup of crushed ice  
Angostura bitters



#### Directions

In a blender, mix lime juice with sugar. Then add egg white, pisco, and ice, blend until frothy. Pour in a glass, top with a few drops of bitters.

# LIVE YOUR *Best*

If you knew you could slash your chances of getting breast cancer, would you do it?

Follow these tips to live a life that will keep you and "the girls" fit for years to come.

By ANA MANTICA

## 5 HEALTHY HABITS TO START TODAY

Tiny tweaks can make a major difference when it comes to preventing breast cancer. A study in *CA: A Cancer Journal for Clinicians* looked at ways to reduce risk, and at certain prevention strategies, that apply to all women to safeguard against the disease. Overall, those who stuck closely to the American Cancer Society guidelines for weight, diet, alcohol, and exercise had a 22% lower risk of breast cancer compared to women who strayed farthest from them.



### 1 DO A SPOT CHECK

Studies suggest that estrogen and progesterone, hormones that contribute to breast cancer development, also affect mole development. More moles may mean a higher blood level of estrogen. Pay attention to new ones that pop up and see your dermatologist.

### 2 GET ENOUGH VITAMIN D

Some studies show a possible link between low Vitamin D (which helps regulate normal breast cell growth) and a higher risk for breast cancer. Go eat *mariscos!* Oily fish are naturally full of Vitamin D. Get salmon—just three ounces delivers 75% of your daily intake.

### 3 GET INTO DOWNDOWN DOG

Chronic stress leads to high levels of the hormone cortisol, which inhibits your immune system. Mindful activities like meditation, yoga, or prayer can help keep you calm. Download the free app Headspace on iTunes to find your zen place.

### 4 EAT MINI MEALS

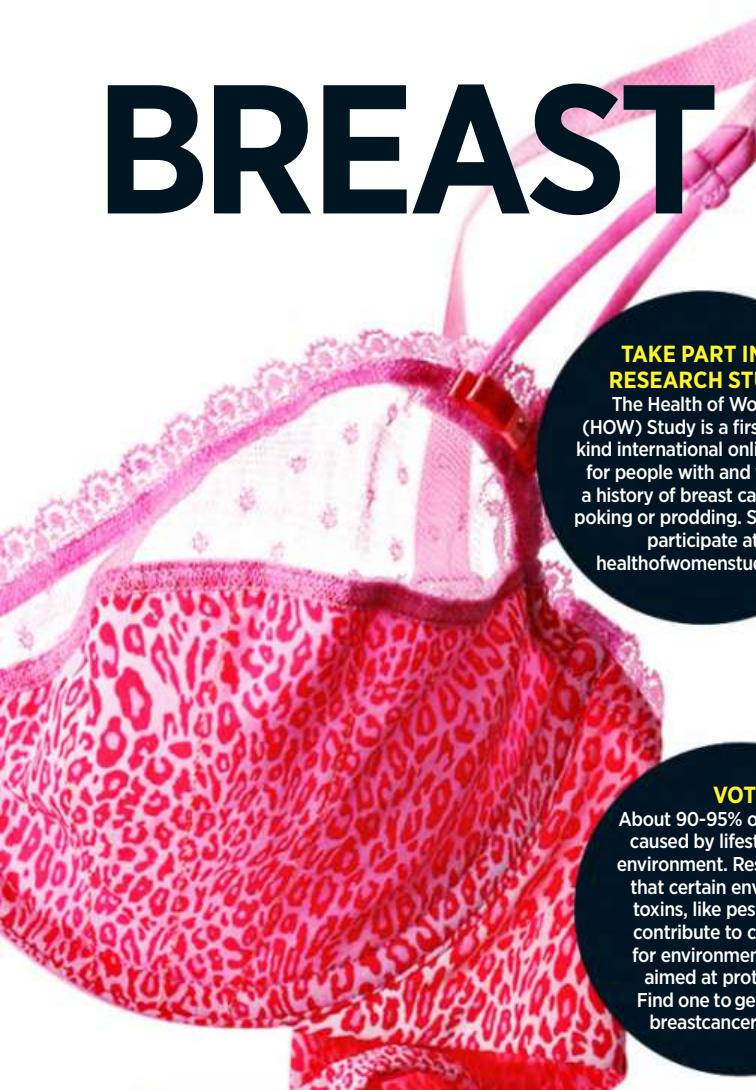
Chowing down on three large meals a day provides too many calories at once. This can trigger changes inside our bodies that can turn on breast cell growth. Nosh on smaller meals and snacks throughout the day instead.

### 5 NIX NIGHT LIGHTS

Cells go through a lot of daily wear and tear. The good news? Our bodies heal themselves most often while we sleep. One study suggests the melatonin you make while snoozing could inhibit breast cancer growth. Unplug from *todo* to get the best shut-eye.

DYAD PHOTOGRAPHY, STYLIST: RENEE YAN, INSETS FROM TOP: PAMELA WEBB/GETTY IMAGES; CREATIV STUDIO HEINEMANN/GETTY IMAGES; WIN-INITIATIVE/GETTY IMAGES; OWL STORIES/GETTY IMAGES; LEW ROBERTSON/GETTY IMAGES.

# BREAST LIFE



## TAKE PART IN A RESEARCH STUDY

The Health of Women (HOW) Study is a first-of-its-kind international online study for people with and without a history of breast cancer. No poking or prodding. Sign up to participate at [healthofwomentudy.org](http://healthofwomentudy.org).

## 3 WAYS YOU CAN HELP FIND A CURE

### GET INVOLVED

The National Breast Cancer Coalition is committed to end breast cancer by January 1, 2020. Learn more about their "The Breast Cancer Deadline 2020" initiative and other ways you can get involved with #BCD2020 at [breastcancerdeadline2020.org](http://breastcancerdeadline2020.org).

### VOTE

About 90-95% of cancers are caused by lifestyle and the environment. Research shows that certain environmental toxins, like pesticides, can contribute to cancer. Vote for environmental policies aimed at protecting us. Find one to get behind at [breastcancerfund.org](http://breastcancerfund.org).

## TOP 3 BREAST AND BRA MYTHS

### THE CLAIM

**Sleeping in your bra can increase your breast cancer factor.**

**NO** "There's no connection between wearing a bra to bed and breast cancer," says Deborah Axelrod, a breast surgeon.

**BOTTOM LINE** Do what's most comfy for you.

### THE CLAIM

**Wearing an underwire bra can cause breast cancer.**

### NO

"The claim that underwire or tight-fitting bras constrict the lymphatic system—which eliminates toxins from the body—and trap toxins in the breast tissue, simply isn't true," says Dr. Axelrod, who is also an associate professor at the NYU Langone Perlmutter Cancer Center in New York City.

**BOTTOM LINE** Don't fret. There's no scientific evidence to back it up.

### THE CLAIM

**Tucking a cell phone in your bra can up your risk for breast cancer.**

### POSSIBLY

"Cases of young women, with no family history, receiving a diagnosis of breast cancer are up," says Devra Davis, a cancer epidemiologist. "Tumors were unusually located where they had placed their cell phones in their bra," she says. "Phone microwave radiation can seep into the soft, fatty tissue of the breast."

**BOTTOM LINE** Make the bra a "no phone" zone.

## SUPER STAR HEALTHY FOODS



### EGGS

Choline, an essential nutrient found in egg yolk, is associated with a 24% reduced risk of breast cancer.

**TRY IT** Keep hardboiled eggs around as a snack.



### BROCCOLI

These spicy sprouts are high in sulforaphane, a compound that may curb cancerous tumor growth.

**TRY IT** Sprinkle a handful into your salads.



### MUSHROOMS

Shiitake, oyster, and cremini mushrooms contain antioxidants that may offer cancer protection.

**TRY IT** Toss a half cup into your next stir-fry.



### SEEDS

Phytoestrogens in *pepitas* may help lower risk of the disease.

**TRY IT** Toast seeds and add a tablespoon or two to salads or munch on as a snack.



### PEACHES AND PLUMS

*Melocotones* and *ciruelas* contain organic compounds that crunch breast cancer cells.

**TRY IT** Dice and stir into yogurt, oatmeal, or cereal.

# WORK IT OUT

Te mueres to get into shape, but money is tight. Never fear: We researched the latest fitness trends and checked in with certified trainer and nutritionist, **Franci Cohen**, to see which workouts are worth the sweat.

## SOUL CYCLE

**CALORIES 600-900.**

**INTENSITY** The amount of fat and carb stores your body will burn depends on cadence, resistance, positioning, and training zones.  
**TONING** Fluctuating between aerobic and anaerobic cardio (short, high intensity exercise) gets the best results for legs, glutes, and arms too.

## RIDING A BIKE

**INTENSITY** The right terrain is crucial. Uninterrupted terrain can be similar to a class, if you keep a steady pace, but interrupted terrain could take away momentum.  
**TONING** A leg workout is bound to happen, but it may not tone your bum and arms the way a class can.

**VERDICT** INDOOR CYCLING GETS YOU THAT EXTRA INTENSITY YOU NEED TO BURN THE CALORIES YOU WANT IN LESS TIME.

## CARDIO DANCE CLASS

**CALORIES 500-700.**

**INTENSITY** If the choreography is challenging and keeps muscles moving, the workout is equivalent to light jogging. It's a perfect way to get active if you've been out of the gym.  
**TONING** Engaged core muscles help build abs, while squats shape glutes, and free weights tone arms.

## A NIGHT OF DANCING

**INTENSITY** If you're doing the same move over and over, it can be the equivalent to the warm-up of a Zumba or Vixen workout.  
**TONING** You may get sore from breaking it down, however, chances are you're just burning off the shot you pre-gamed with.

**VERDICT** CARDIO DANCE CLASSES WILL GET YOUR BODY MOVING MORE TO HELP ACHIEVE A BETTER OVERALL WORKOUT.

## TREADMILL INTERVALS

**CALORIES 700-1000.**

**INTENSITY** Running classes use speed and incline to give your body a demanding interval workout, pushing your fitness level.  
**TONING** The great thing about running is the overall toning, but intervals help build muscle (particularly in your legs) when at an incline.

## TRADITIONAL RUNNING

**INTENSITY** Outdoors there are many uncontrollable variables, like traffic lights or *gente*, that can kill your pace and damper your workout.  
**TONING** A disciplined run with varying terrain will tone you up, but if you lose motivation or intensity, results won't be as head-turning as you expect.

**VERDICT** IT'S REALLY A TOSS-UP AND DEPENDS ON THE ENVIRONMENT AND YOUR ROUTE.

## CROSSFIT

**CALORIES 700-850.**

**INTENSITY** Classes give a full body workout by juxtaposing plyometric anaerobic spurts (i.e. box jumps) with heavy weight lifting.  
**TONING** Everything will be toned and shredded from the use of weights and the constant pushing of your body to its limit. Expect overall hotness!

## INSANITY WORKOUT DVD

**INTENSITY** Working out alone will not hold you to the standards a class or instructor will. Discipline is a must to make this work.  
**TONING** The DVDs work both upper and lower body, and use cardio and resistance training to give you a total body workout without using weights.

**VERDICT** ITS A TOSS-UP, BUT CROSSFIT KEEPS YOU MORE ACCOUNTABLE FOR GETTING INTO TIP-TOP SHAPE.

# shopping guide

## WHERE TO BUY

### BEAUTY

**A AGAVE** sephora.com

**B BAREMINERALS**

bareminerals.com  
**BH COSMETICS** bhcosmetics.com  
**BLACK RADIANCE** drugstore.com  
**BUXOM COSMETICS** sephora.com

**C CAROL'S DAUGHTER**

caroldaughter.com  
**CIRCA BEAUTY** walgreens.com  
**CLINIQUE** clinique.com  
**COVERGIRL** cvs.com

**D DOVE** walgreens.com

**DR. BRANDT** sephora.com  
**DR. DENNIS GROSS** sephora.com

**E E.L.F.** eyeslipsface.com

**EOS** evolutionofsmooth.com  
**ESSENCE COSMETICS** essence-cosmetics.com  
**ESSENCE OF BEAUTY** cvs.com  
**ESTÉE LAUDER** esteeauder.com

**F FHI** hsn.com

**FRESH BEAUTY** fresh.com

**G GARNIER** target.com

**GHD** sephora.com  
**GIORGIO ARMANI** giorgiarmanibeauty-usa.com  
**GRANDEBROW** grandelashmd.com  
**GROH** mygroh.com

**H HAIRMAX** hairmax.com

**HARD CANDY** walmart.com  
**HOUSE OF LASHES** houseoflashes.com

**I IT'S A 10** itsa10haircare.com

**J JOHN FRIEDA** drugstore.com  
**JIMMY CHOO** sephora.com

**K KISS** cvs.com

**KRIGLER** krigler.com

**L LANÇÔME PARIS** lancome-usa.com  
**LE MIEUX** lemeuxcosmetics.com  
**LIVING PROOF** livingproof.com  
**L'ORÉAL PARIS** drugstore.com

**M MAC** maccosmetics.com

**MAKE UP FOR EVER** sephora.com  
**MANIC PANIC** manicpanic.com  
**MAYBELLINE** walgreens.com

**MEHRON** mehron.com

**MILANI** milanicosmetics.com

**MOTIVES FOR LA LA**

motivescosmetics.com

**MUA MAKEUP ACADEMY** cvs.com

**N NARCISO RODRIGUEZ**

sephora.com

**NEUTROGENA** neutrogena.com

**NEW YORK COLOR**

newyorkcolor.com

**NYX COSMETICS** nyx cosmetics.com

**O OGX** ogxbeauty.com

**OLAY** drugstore.com

**P PATCHOLOGY** patchology.com

**PANTENE** drugstore.com

**PCA SKIN** pcastkin.com

**R R+CO** randco.com

**REVLON** drugstore.com

**RIMMEL LONDON** cvs.com

**S SEPHORA COLLECTION**

sephora.com

**SONIA KASHUK** target.com

**T TARTE** tarte cosmetics.com

**TALIKA** talika.com

**TRIA** sephora.com

**TRUFORA** trufora.com

**U URBAN DECAY** sephora.com

**URBAN SKIN RX** urbanskirx.com

**W WET N WILD** drugstore.com

### FASHION

**A ADRIENNE LANDAU**

adriennelandau.com

**ALEJANDRA G.** alejandrag.com

**ALEJANDRO INGELMO**

alejandringelmo.com

**ALEXIS BITTAR** Alexis Bittar

boutiques nationwide

**ALICE + OLIVIA** BY STACEY BENDET

aliceandolivia.com

**AMERICAN APPAREL** americanapparel.net

**AMICLUBWEAR** amiclubwear.com

**APERLAI** farfetch.com

**AS BY DF** asbydf.com

**ASHLEY STEWART** ashleystewart.com

**ASOS** asos.com

**AUGUSTO MANZANARES** Patricia

Field, NYC, 212-966-4066

**B BALLY** For similar styles, call 1-844-44-BALLY

**BEBE** bebe.com

**BETSEY JOHNSON** dillards.com;

amazon.com; Macy's stores nationwide

**BCBGENERATION** bcbgeneration.com

**BLAINE BOWEN** blainebowen.com

**BOOHOO** boohoo.com

**BRIAN LICHTENBERG**

shopbrianlichtenberg.com

**C CALVIN KLEIN UNDERWEAR**

calvinklein.com

**CAPWELL + CO** capwell.co

**CC SKYE** ccskye.com

**CHARLES ALBERT** charlesalbert.com

**CHARLOTTE OLYMPIA**

charlotteolympia.com

**CHINESE LAUNDRY** chineselaundry.com

**COCO LOVES ROME** cocolovesrome.com

**COSTELLO TAGLIAPETRA**

costellotagliapietra.com

**CHRISTIAN SIRIANO** christiansiriano.com

**D DAVID DALRYMPLE FOR HOUSE OF FIELD** patriciabfield.com

**DAVID & YOUNG** shoppidayandyoung.com

**DKNY** dkny.com

**DOGEARED** dogeared.com

**E EDIE PARKER** edie-parker.com

**ELEKTRICLOLITA** etsy.com/shop/

Elektriclolita

**ELENA GHISELLINI** harveynichols.com

**ELIZABETH ROBERTS** elizabethroberts.us

**ELOQUII** eloqui.com

**ERICA M. NEW YORK** ericam.com

**F FALKE** falke.com

**FEMMES SANS PEUR**

femmesanspeur.com

**FRANCESCA LIBERATO**

email: fl@francescaliberato.eu

**FRANCESCA LIBERATO WITH SAGA FURS** francescaliberato.eu; by special order

**FOREVER 21** forever21.com

**FURLA** furla.com

**G GABRIELA CADENA**

gabrielacadena.com

**GALIAN HANDBAGS** galianonline.com

**GIUSEPPE ZANOTTI DESIGN**

Giuseppe Zanotti Design Boutiques

**GOJANE** gojane.com

**GUESS** guess.com

**GX BY GWEN STEFANI**

nordstrom.com

**H H. STERN** hstern.net

**HANLEY MELLON** hanleymellon.com

for more info

**HOUSE OF CB LONDON** houseofcb.com

**HOUSE OF HOLLAND FOR PRETTY POLLY** Bloomingdale's stores

**HUE** hue.com

**I ISABELLA ROSE TAYLOR**

isabellarosetaylor.com

**ISSA** issalondon.com

**J JAY GODFREY** jaygodfrey.com

**JEFFREY CAMPBELL** nastygal.com

**JIMMY CHOO** farfetch.com

**JOE BOXER** kmart.com

**JORGE ADELER** jorgeadeler.com

**JOSE DURAN** joseduran.net

**JOVANI EXCLUSIVE COLLECTION**

edressme.com

**K KAREN MILLEN** Bloomingdale's,

1-800-232-1854 for more info

**KELLY BELLO DESIGN**

kellybellodesign.com

**KENDRA SCOTT** kendrascott.com

**KULTURE.LA** kulturela.com

**L LACK OF COLOR** lackofcolor.com.au

**LAQUAN SMITH** laquansmith.com

**LARUICCI** laruicci.com

**LA SELVA** laselvaclothing.com

**LATIGO** latigoshoes.com

**L'DEZEN** BY PAYPAL SHAH

ldez.com

**LAUREL DEWITT** laureldewitt.com

**LEGEND FOOTWEAR** modcloth.com

**LZZR JEWELRY** lzzrjewelry.com

**M MAC DUGGAL** edressme.com

**MAKE ME CHIC** makemechic.com

**MANOLO BLAHNIK** nordstrom.com

**MASTER & DYNAMIC**

masterdynamic.com

**MÍ VIDA** shopmivida.com

**MINTY MEETS MUNT**

mintymeetsmunt.com

**MISSGUIDED** missguidedus.com

**MOTHER'S REBEL** mothersrebel.tumblr.com

for more info

**MOXI ROLLER SKATES** moxishop.com

**MY JEWEL CANDY** myjewelcandy.com

**N NEELY PHELAN** neelyphelan.com

**NICHOLAS KIRKWOOD**

nicholaskirkwood.com

**NICOLAS MESSINA** nicolas-messina.com

**NICOLE MILLER** nicolemiller.com

**NILA ANTHONY** pixiemarket.com;

pacsun.com

**NINA ORIGINALS** ninashoes.com

**NOUR JENSEN** nourjensen.com

**P PACIFIC AND DRIFTWOOD**

pacificanddriftwood.com

**PATRICIA FIELD** patriciabfield.com

**PAUL ANDREW** nordstrom.com;

Bergdorfgoodman.com

**PEDRO GARCÍA** pedrogarcia.com

**POPPY LISSIMAN** poppylissiman.com

**Q QUPID** zooshoo.com

**R REBECCA MINKOFF**

rebeccaminkoff.com

**RD STYLE** rdstyle.com

**RIPLEY RADER** ripleyraderstyle.com

**R.J. GRAZIANO** rjgraziano.com

**ROMEO + JULIET COUTURE**

lordandtaylor.com

**S SACHIN & BABI NOIR**

sachinandbabi.com

**SAM EDELMAN** samedelman.com

**SCHUTZ** schutz-shoes.com

**SMASH SHOES** smashshoes.com

**SON JUNG WAN** sonjungwan.com

**STYLE STALKER** westlaboutique.com;

revolvclothing.com

**SUZ SOMERSALL** suzomersall.com

**SWAROVSKI** swarovski.com

**T THE BOX BAG** theboxbag.com

**THE CRYSTAL CULT** thecrystalcult.com

**THE JETSET DIARIES** 8thstory.com

**THREE FLOOR** threefloorfashion.com

**TIBI** tibi.com

**TOPSHOP** topshop.com

**U UNODE50** unode50.com

**URANIA GAZELLI** avenue32.com

**URBANOG** urbanog.com

**V VANESSA MOONEY**

vanessamooney.com

**VENESSA ARIZAGA**

venessaaarizaga.com

**VINCE CAMUTO** vinecamuto.com

**VINTAGE VIVIENNE WESTWOOD AT MORPHEW** morphewconcept.com

**VITA FEDE** vitafe.com

**W WALDRIP** waldripnyc.com

**X XOXO** Select Macy's stores

**Z ZAZZLE** zazzle.com

**ZOOSHOO** zooshoo.com

**DECOR**

**L LAVA LITE** lavalite.com

## MI SKIN SUCCESS

"Mi Skin Success está consiguiendo desvanecer esas molestas manchas marrones. Mi piel se ve más joven, radiante y completamente uniforme!"

- Melina DiMarco

ANTES

DESPUÉS

DRAMATIZACIÓN

MARCAS DE ACNÉ

MANCHAS DE EDAD

TONO DESIGUAL

MANCHAS OSCURAS

MANCHAS DE ACNÉ

MANCHAS DE EDAD

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TONO DESIGUAL

MANCHAS OSCURAS



**CHRISTINA MILIAN**  
(September 26)

Libras are inherently stylish thanks to Venus, their ruling planet. With her fashion line, We Are Pop Culture, Christina is just following fate.

# LAS ESTRELLAS

Get a sneak peek at what to look forward to—and what to beware of—this fall.



Astrosexologist **Kiki T.** is the author of *The Celestial Sexpot's Handbook*. For more, visit [fortuneekiki.com](http://fortuneekiki.com).

## LIBRA

(SEPTEMBER 23-OCTOBER 22)

### HOT

Replaying golden memories with a sexy someone will stir your body and brain. Finally, the mix will feel right.

### NOT

It'll take until mid-month before everything you're working on at your job syncs up. Until then, expect a game of hit and miss.

### ACE IN THE HOLE

Your sexual creativity is prime now. Exploit it.

### OCTOBER OBSESSION

Swipe right with generosity, because technology will play a big role in your best conquests.



### READER SPOTLIGHT

**NIKKI ZÁRATE**  
October 20th  
Long Beach, CA

"This soft, light sweater is charming and romantic. A perfect expression of a Libra's traits!"

## SCORPIO

OCTOBER 23-NOVEMBER 21

**HOT** Your power to persuade can unlock many luxe perks now, but don't waste it playing to the same crowd. Move on to one that can run faster.

**NOT** You won't be able to trust your usual friends, but not because of anything shady, more like flakey.

**ACE IN THE HOLE** Be the queen of the night, every night. There won't be a party that you can't make your own.

**OCTOBER OBSESSION** You'll want to be free, but by month's end, your defenses to a commitment will start to crumble away.

## SAGITTARIUS

NOVEMBER 22-DECEMBER 21

**HOT** Name your price, and then let others worry about how they'll afford you. Stay on top of money negotiations because that is your best position now.

**NOT** Praise and promotions set the tone this month, but remember: With great power come many haters.

**ACE IN THE HOLE** It'll be all about who you know. This month you'll discover you know some major VIPs.

**OCTOBER OBSESSION** Your competitive side will be extra ruthless, but be smart in picking your battles.

## CAPRICORN

DECEMBER 22-JANUARY 19

**HOT** Love, lust, and learning become one and the same this month, as you and your baby strike up a new interest that puts you both passionately on the same page.

**NOT** Authority figures will want to show off, prepare for ridiculous head games.

**ACE IN THE HOLE** Take a trip near or far. Any adventure you choose will help you see a deeper sense of purpose.

**OCTOBER OBSESSION** Truth—as in not being able to stop yourself from calling out every lie you hear.



## AQUARIUS

### JANUARY 20-FEBRUARY 18

**HOT** Take charge of your freedom. Let your hair blow in the breeze to recharge your whole body.

**NOT** Avoid digging into your man's business. The chances of getting caught are high.

**ACE IN THE HOLE** Communicating with your sexuality is the best way to express yourself and get the most honest response.

**OCTOBER OBSESSION** You'll be feeling hyper-intuitive, but beware of projecting your emotions onto others.

## ARIES

### MARCH 21-APRIL 19

**HOT** Sealing a deal can happen now. Whatever relations you have up in the air will get tied up just the way you want.

**NOT** Read the fine print. Otherwise, your impatience can make you foolish.

**ACE IN THE HOLE** Money luck is yours. Rainy day savings can double their returns.

**OCTOBER OBSESSION** The days might be getting shorter, but you'll only get brighter, as you won't be able to say no to clothes that are louder-than-usual. Metallic, prints, brocade...okay!

## GEMINI

### MAY 21-JUNE 20

**HOT** Being at the right place at the right time will happen more than usual—making you feel like you're connecting with fate. **NOT** Staying neutral in family drama isn't going to happen, no matter how hard you try.

**ACE IN THE HOLE** Your knowledge is solid, so get into debates and flex your brain. You will be most able to expand another's way of thinking now.

**OCTOBER OBSESSION** You love gossip, but scale back from dishing at work. Office politics are complicated this month.

## LEO

### JULY 23-AUGUST 22

**HOT** It's not even your birthday or Christmas, but the presents will pour in. Gratitude will be in vogue around you.

**NOT** Being generous is who you are, but beware of users looking to exploit it.

**ACE IN THE HOLE** Optimism will get you everywhere now. If you believe it, it'll be yours.

**OCTOBER OBSESSION** You'll want more "me" time. So, put out the do not disturb sign when necessary and say, "The hell with it all."

## PISCES

### FEBRUARY 19-MARCH 20

**HOT** Everything wonderful will come in twos, so don't resist enjoying the choices that will come for you.

**NOT** Career-wise, there will be an uphill climb. Critics are even more critical now.

**ACE IN THE HOLE** Ask for favors from your siblings, cousins, and neighbors because they will be the people most on your side.

**OCTOBER OBSESSION** Beauty will have a power over you, making you extra compulsive. Always prepare to travel—as in carrying a toothbrush in your clutch.

## CHANGE IS GOOD

The planets are always circulating and changing the energy tides.

This autumn, the cosmic climate will be about insightful changes that happen subtly and succinctly. As for where the universe will aim this force onto you, tally up the letter with the highest points and unlock your clue.

### WHICH MOVIE MARATHON SOUNDS THE MOST EXCITING TO YOU?

- A.** Action adventure, suspense, and horror—a night of in-your-face films.
- B.** A themed-event, like films with only a specific star or subject, etc.
- C.** New releases on DVD at home.

### WHICH BEST DESCRIBES THE FIRST IMPRESSION YOU TYPICALLY MAKE ON PEOPLE?

- A.** Intimidating.
- B.** Hot.
- C.** Serious.

### YOUR FAVORITE AFTER-SEX FOOD:

- A.** Sweets. Lick. Lick.
- B.** Protein. (There is no shame in a post-coital cheeseburger.)
- C.** Salty. Pass the chips.

### IF YOU FOUND \$100, WHICH BEST FITS HOW YOU'D SPEND IT:

- A.** Something pretty to wear.
- B.** Drinks on me.
- C.** Pay it forward.

### WHICH CELEB DO YOU THINK YOU'D HAVE THE BEST CHEMISTRY WITH?

- A.** Neymar Jr.
- B.** Diego Boneta
- C.** Laz Alonso

**Mostly A's** There is likely a strong Gemini, Virgo, Sagittarius, or Pisces in your chart, which means the cosmos will be kicking up a storm to shuffle your career, home, and stability around. It'll be a fantastic ride!

**Mostly B's** There is likely a strong Taurus, Leo, Scorpio, or Aquarius in your chart so the changes coming for you are internal, as in seeking out a more authentic you.

**Mostly C's** There is likely a strong Aries, Cancer, Libra, or Capricorn in your chart, which means a spike in your courage is going to have you shaking up the status quo. You're going to get people to listen because your passions will be too powerful to hold back.

## TAURUS

### APRIL 20-MAY 20

**HOT** Enjoy the wining and dining. Forget the politics of dating. Write new rules, ones in which you win every time.

**NOT** Routines, especially exercise ones, will be hard to maintain. Keep at it though, they'll fall back into place later this month.

**ACE IN THE HOLE** Try out new hairstyles. Play with your look. There will be new sides of your hotness to discover.

**OCTOBER OBSESSION** You'll thrive in the spotlight—from weekly karaoke star to boardroom diva, all eyes will be on you and everyone will want a piece.

## CANCER

### JUNE 21-JULY 22

**HOT** Your flirt game will be on, bringing out the wilder side in your men. Hold on tight, because this ride will have all sorts of thrilling bumps and humps.

**NOT** People will tell you what you want to hear if you don't ask the tough questions.

**ACE IN THE HOLE** Sexy role-playing, like trying out different accents, will add just the right spice to make nights hotter.

**OCTOBER OBSESSION** Pampering yourself will feel so long overdue; you might have to move into a spa for a few days.

## VIRGO

### AUGUST 23-SEPTEMBER 22

**HOT** Results from work you put into a long-term project finally take shape and it'll feel better than imagined.

**NOT** A month of being more accident-prone than usual.

**ACE IN THE HOLE** Your MacGyver-like ways will be what saves the day for many of your loved ones. Expect to enjoy hero status.

**OCTOBER OBSESSION** You'll be into letting the dice roll and exploring a more risqué side of yourself. Rock your leather apparel to go with this flow.

**STREET FOOD OBSESSED**

Empanadas, *pastelitos*, *pastels* galore! My mother's *pastels* are to die for. I can't wait to kickoff the month with some home-cooked Brazilian food! *Que delicia!*

- Corinna Santos, Editorial Intern



**FAMILY ÉXITO**

My proudest moment as a Latina was graduating this year the same month my little sister also finished college. Our parents handed down their strong Peruvian work ethic and it was amazing to see our *familia* cheering us on!

- Maria Fernandez-Davila, Assistant Art Director



**FRIDA MANDA**

Seeing Frida become a global icon always gives me a proud, 'hell ya!' moment. She embodies my *mexicana* spirit too! She's my spirit animal, creative muse, and inspires me to stand for what I believe in, while being my truest, Latina self.

- Laura Zapata, Fashion Editor



**ORGULLO DE PADRES**

My Dominican parents are the epitome of hard workers and dreamers. My dad came to this country and spoke no English, yet graduated from college cum laude. My mom is the strongest person I know. When faced with cancer three times, she beat it. They are both my heroes.

- Milly Almodóvar, Beauty Editor



**REMEMBER WHERE YOU COME FROM**

As a Puerto Rican/Dominican growing up in NYC, J.Lo was, and still is, an inspiration.

Seeing a Latina be so successful and chasing her dreams was very motivating.

- Chantel Morel, Editorial Intern



**CANCIONES DE MI PADRE**

Listening to Andean records my dad played made me appreciate my diverse Peruvian heritage.

- Niria Portella, Fashion and Entertainment Director



**NOPAL EN LA FRENTE**

I've always been proud to be Mexican and loved the various regional differences. Growing up in Cali, Mexican culture is alive and well, pretty much everywhere. There is no denying it, no matter how hard I try, Selena and Beyoncé will always be tied for first.

- Krystyna Chávez, Assistant Editor



**MÁS MATE**

I love this iconic Argentinian drink because it encompasses a cultural ritual. Sitting in a circle, my family would pass along the mate while sharing memories, jokes, and folktales.

- Victoria Rodriguez, Editorial Intern

**BORICUA PA' QUE TU LO SEPA**

When I learned about Puerto Rico's history of resisting oppression and nationalist Don Pedro Albizu Campos, it helped me understand where I came from and who I was: A fierce fighter.

- Jessica Rodriguez, Managing Editor



THE NEW FRAGRANCE FOR WOMEN BY **narciso rodriguez**



THE NEW FRAGRANCE FOR WOMEN BY **narciso rodriguez**

AVAILABLE AT MACY'S AND MACYS.COM





# PANTENE

FORTALEZA ES **RESISTIR EL CALOR**

La cremosa y nutritiva fórmula del champú y acondicionador **Daily Moisture Renewal** de Pantene penetra tu cabello profundamente, hidratándolo con su poderosa fórmula Pro-V. Hasta el cabello con un daño de 100 secados se torna increíblemente sedoso.

**STRONG IS BEAUTIFUL™**

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